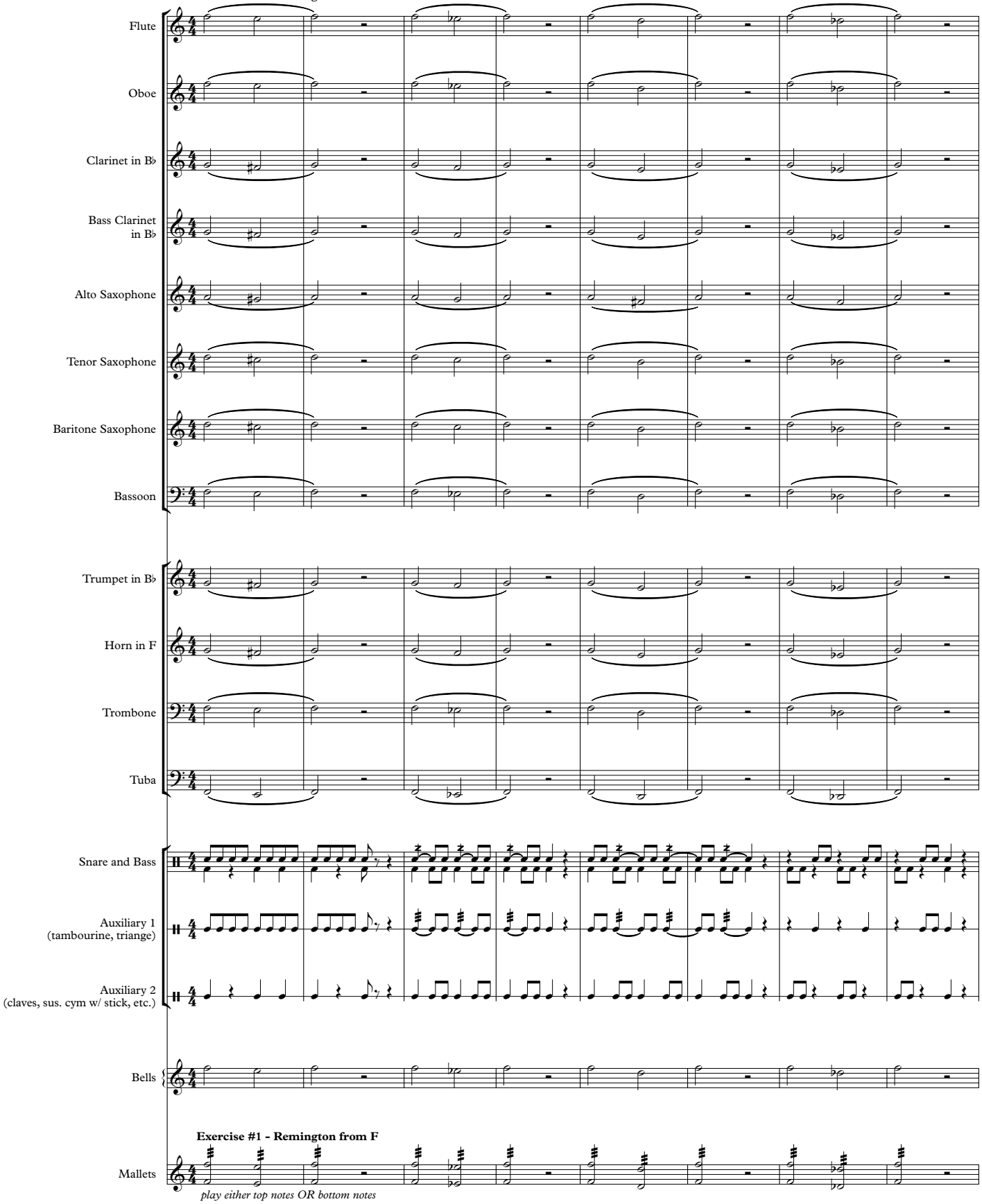
Long Tones Warm-up

McAllister

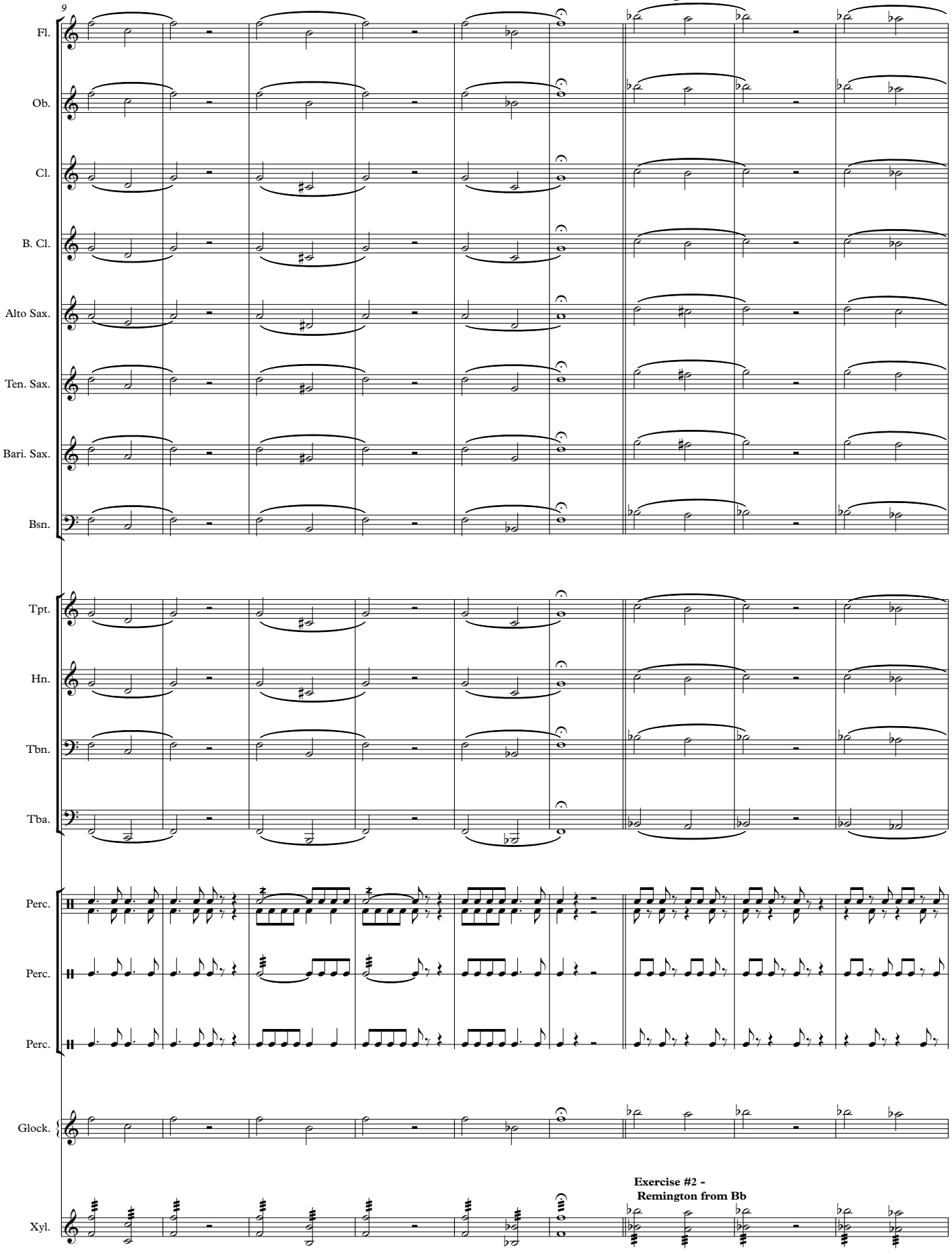
Exercise #1 - Remington from F



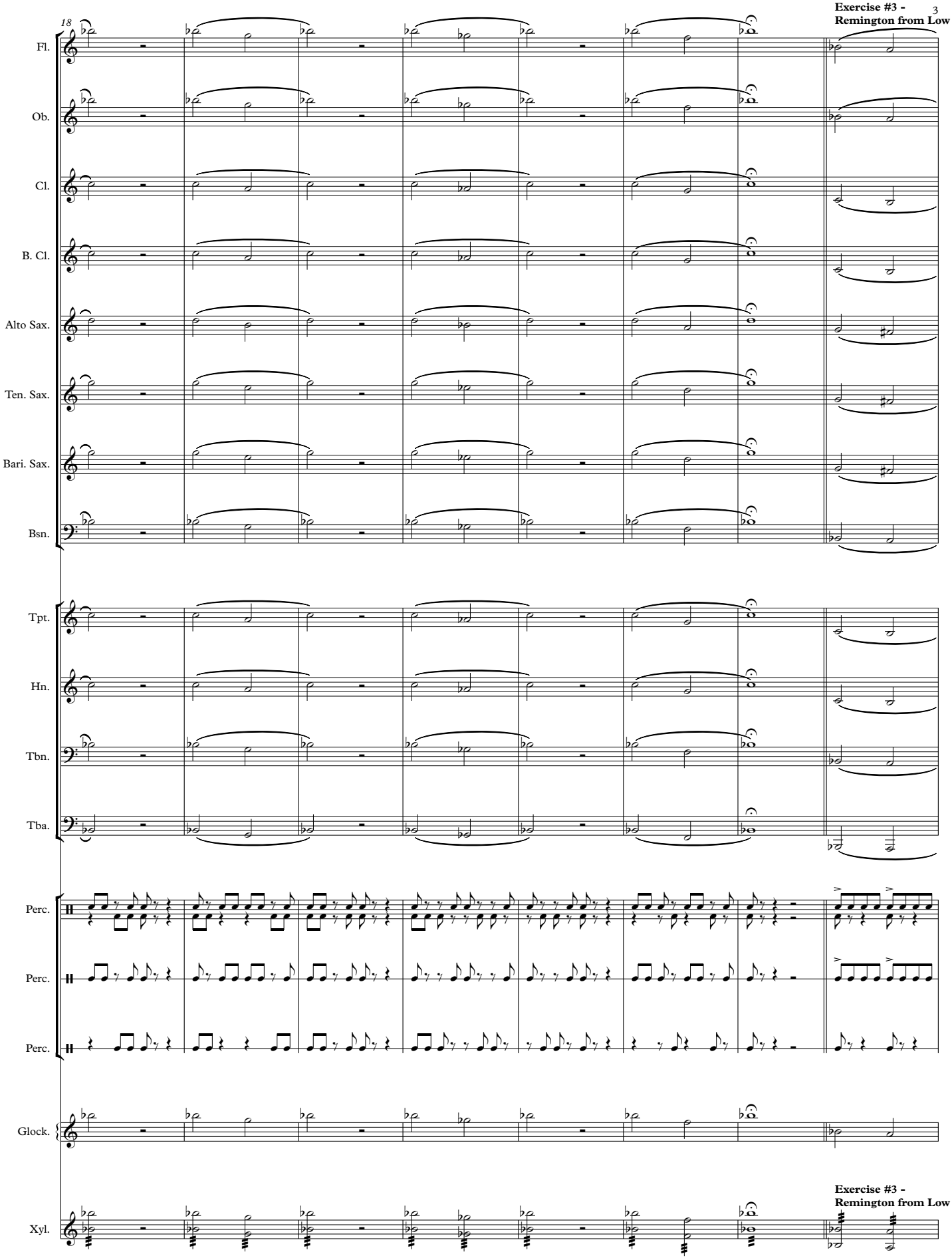
play either top notes OR bottom notes

Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

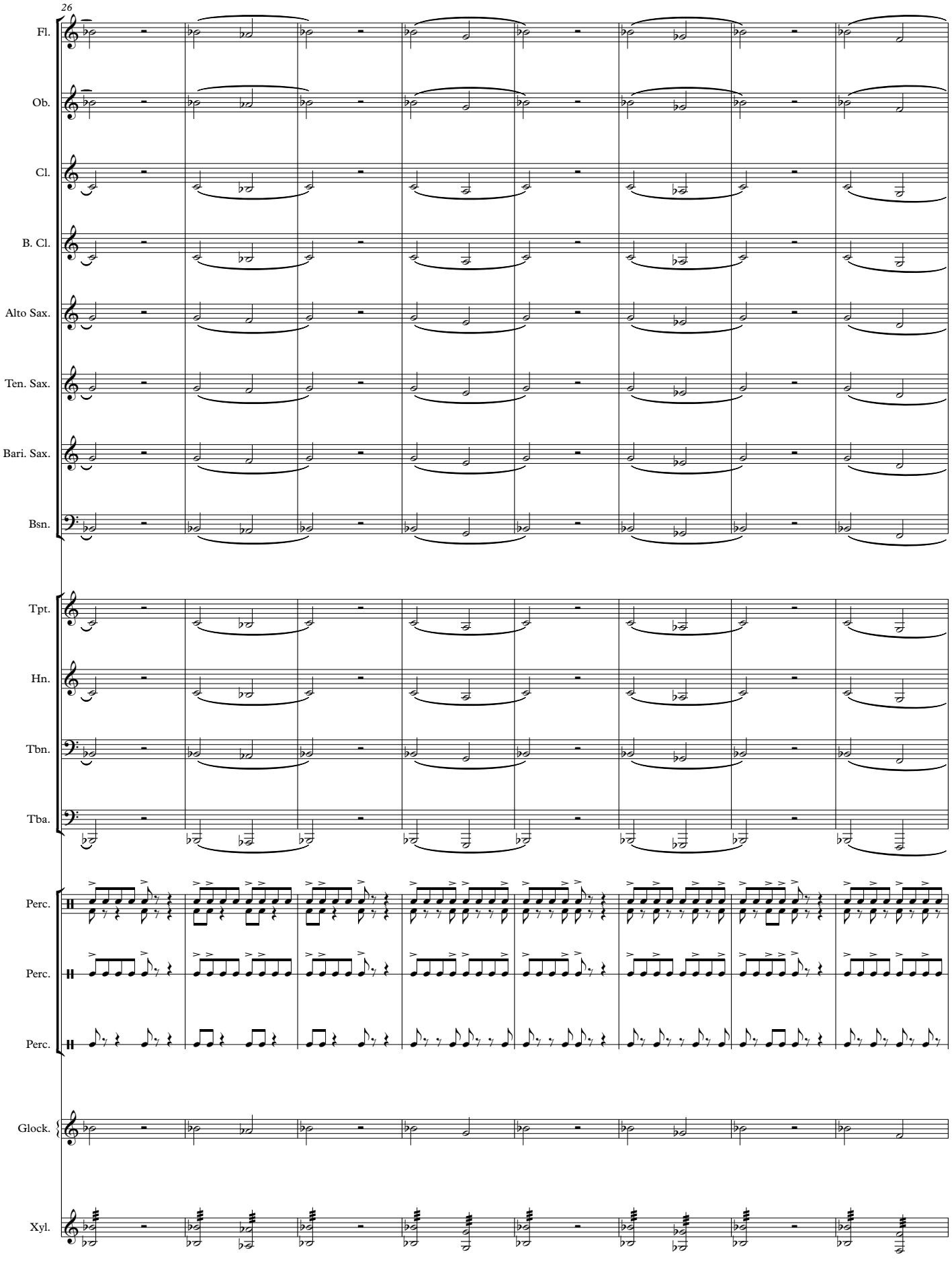
Exercise #2 -
Remington from Bb



Exercise #2 -
Remington from Bb



Exercise #3 -
Remington from Low Bb


26
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

Exercise #4 - Intervals

34

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Bsn.

Tpt.

Hn.

Tbn.

Tba.

Perc.

Perc.

Perc.

Glock.

Exercise #4 - Intervals

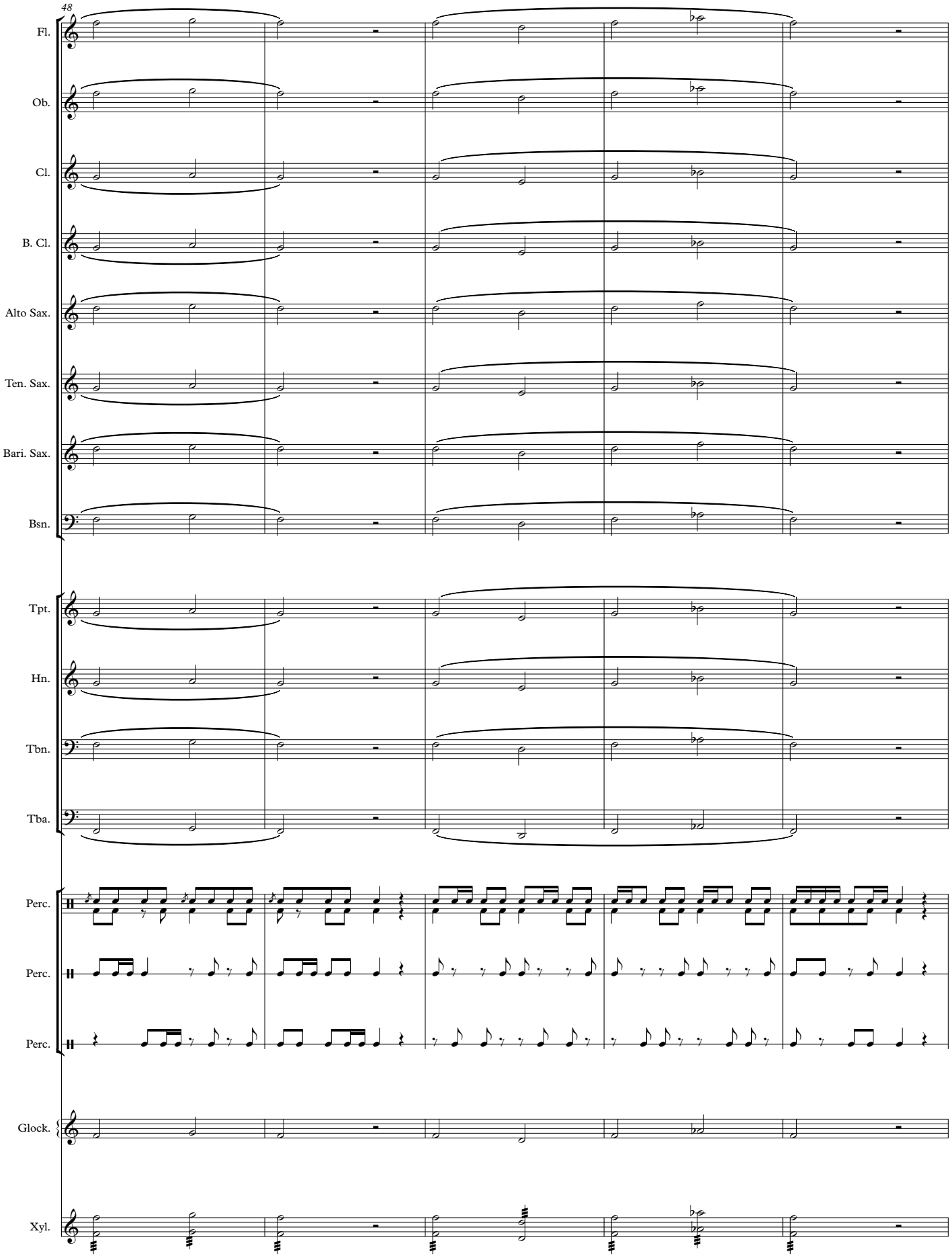
Xyl.

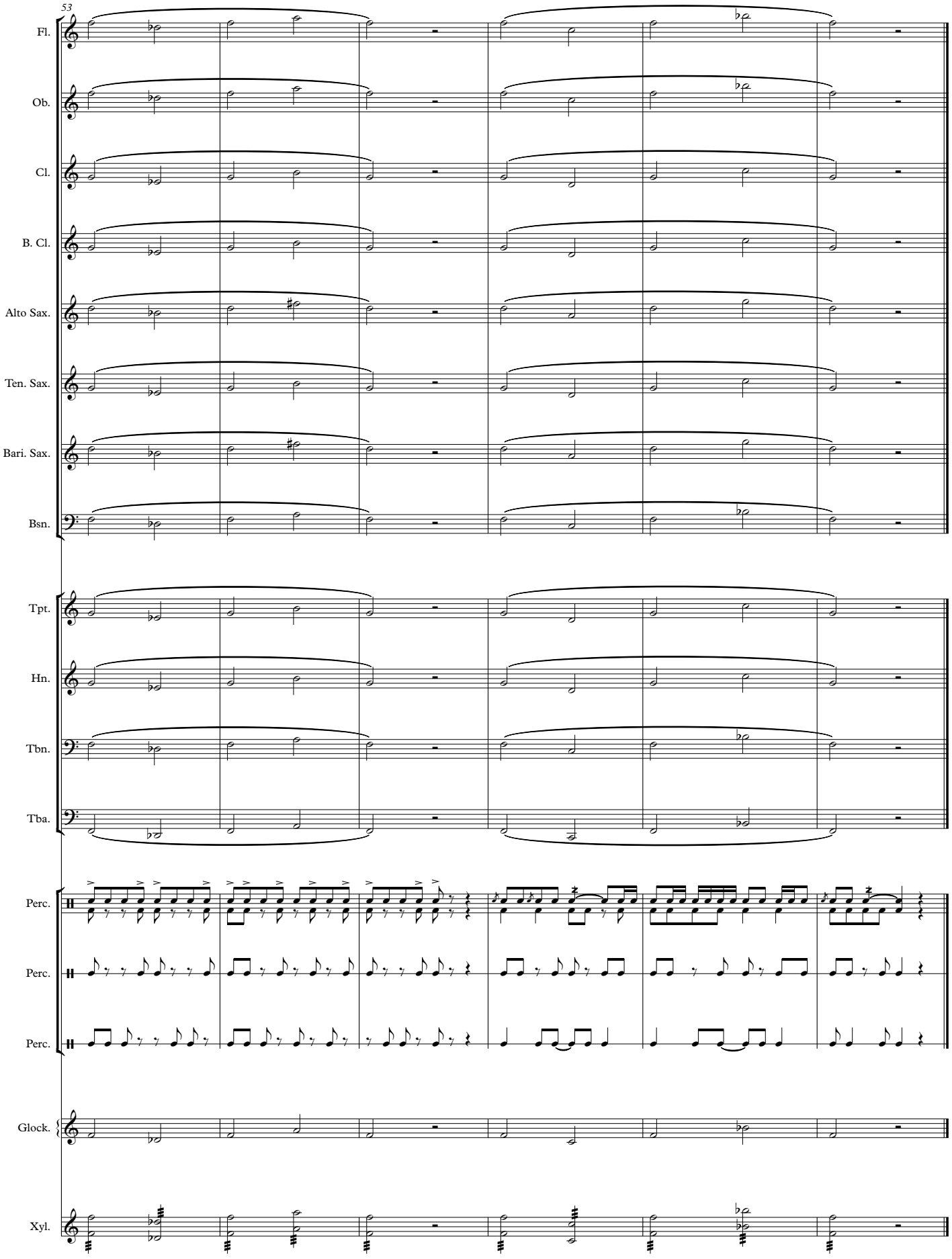
Exercise #5 -
Half Step Expansion

41

Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

Exercise #5 -
Half Step Expansion


48
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

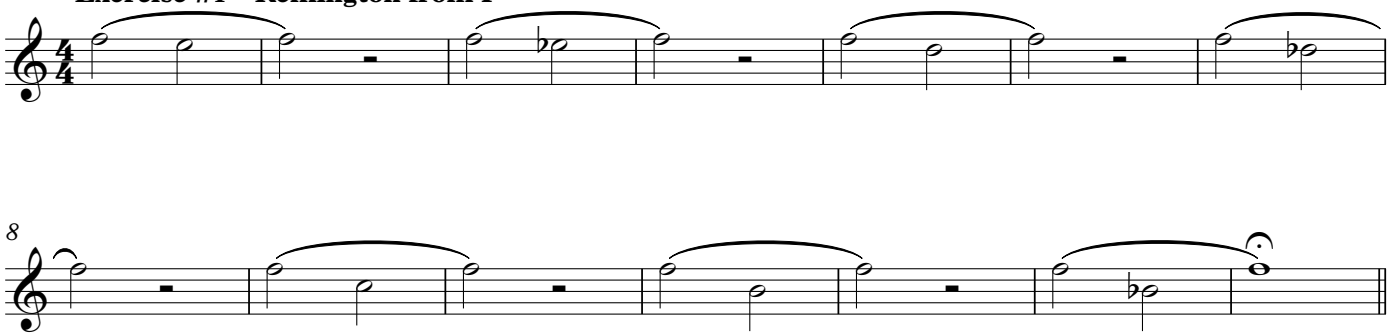

53
Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

Long Tones Warm-up

Flute

McAllister

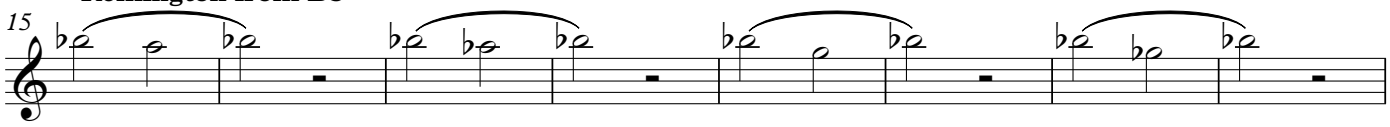
Exercise #1 - Remington from F



8

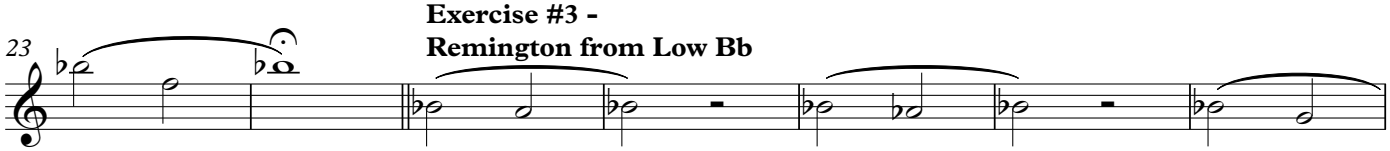
Exercise #2 -
Remington from Bb

15



Exercise #3 -
Remington from Low Bb

23



30

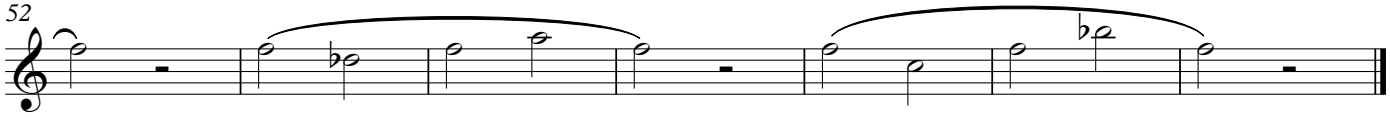
Exercise #4 -
Intervals

37

Exercise #5 -
Half Step Expansion

44

52



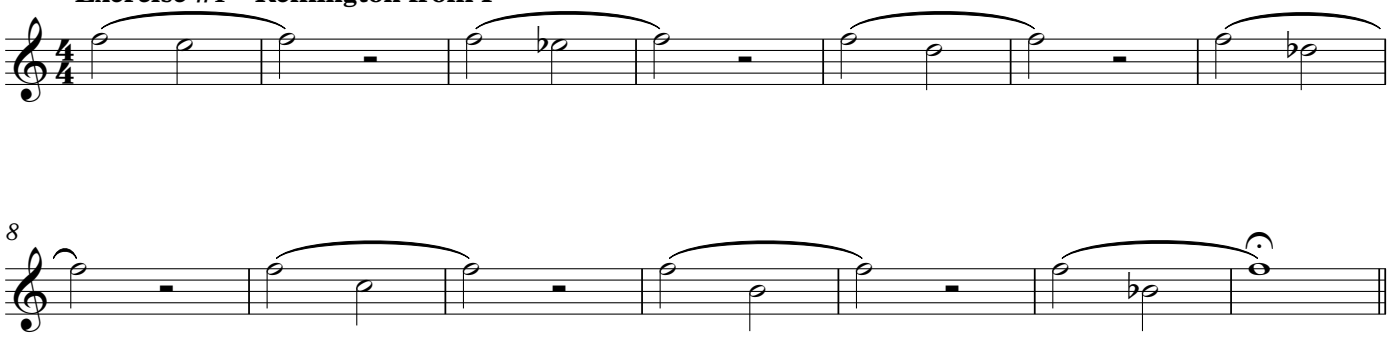
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Oboe

McAllister

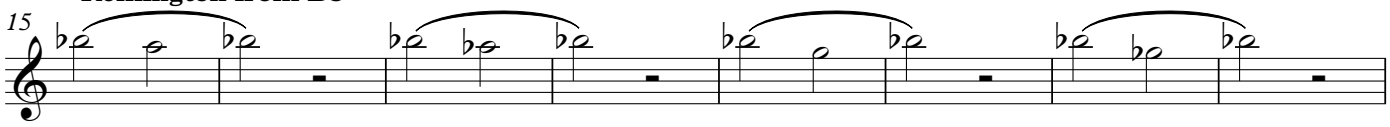
Exercise #1 - Remington from F



8

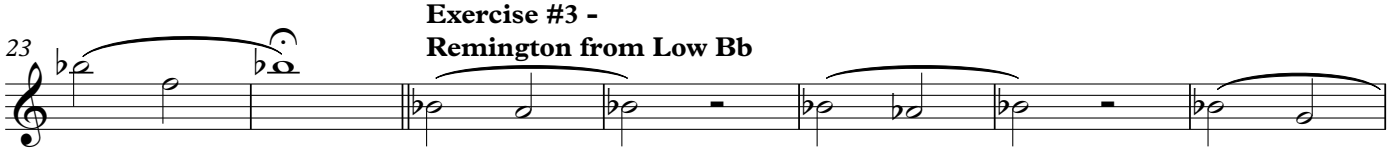
Exercise #2 -
Remington from Bb

15



Exercise #3 -
Remington from Low Bb

23



30

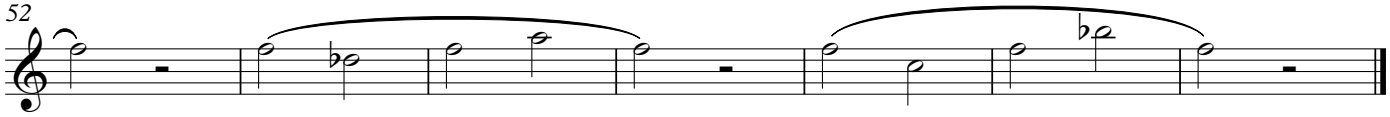
Exercise #4 -
Intervals

37

Exercise #5 -
Half Step Expansion

44

52



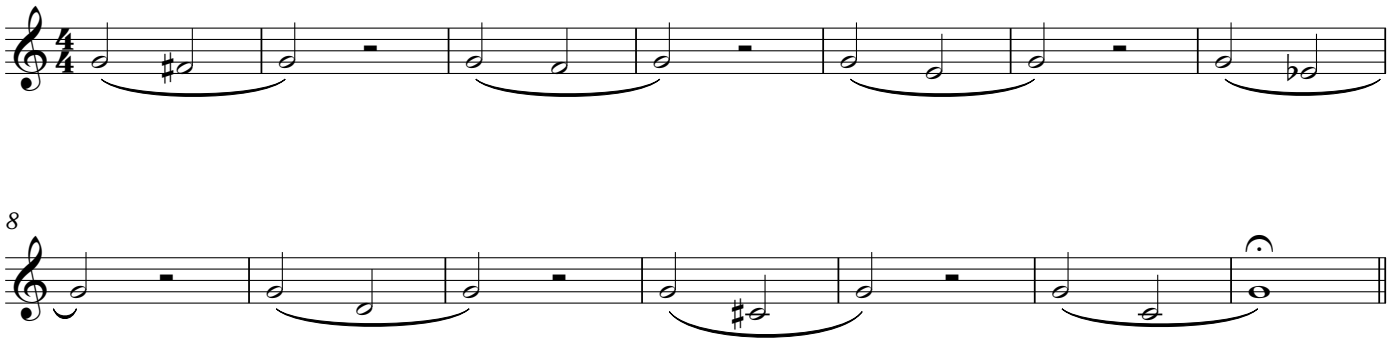
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Clarinet in B♭

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

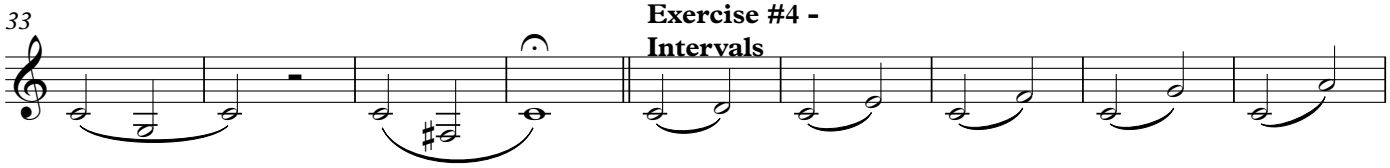
15

24

Exercise #3 -
Remington from Low Bb

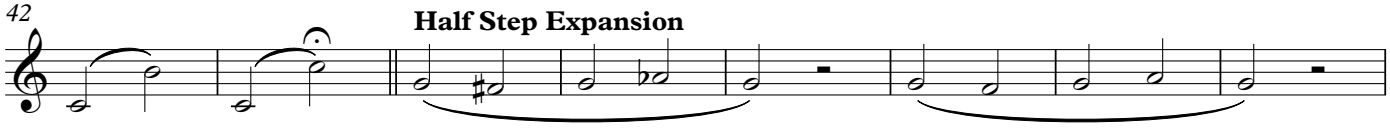
33

Exercise #4 -
Intervals

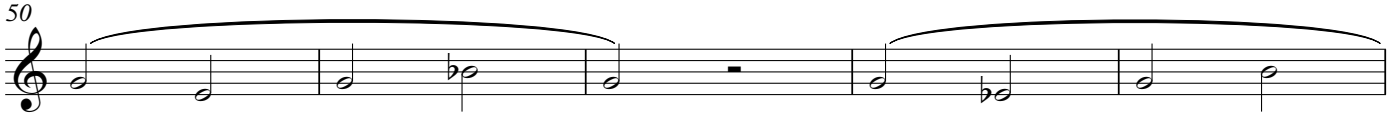


42

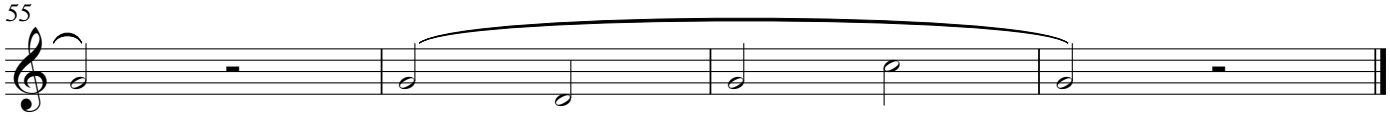
Exercise #5 -
Half Step Expansion



50



55



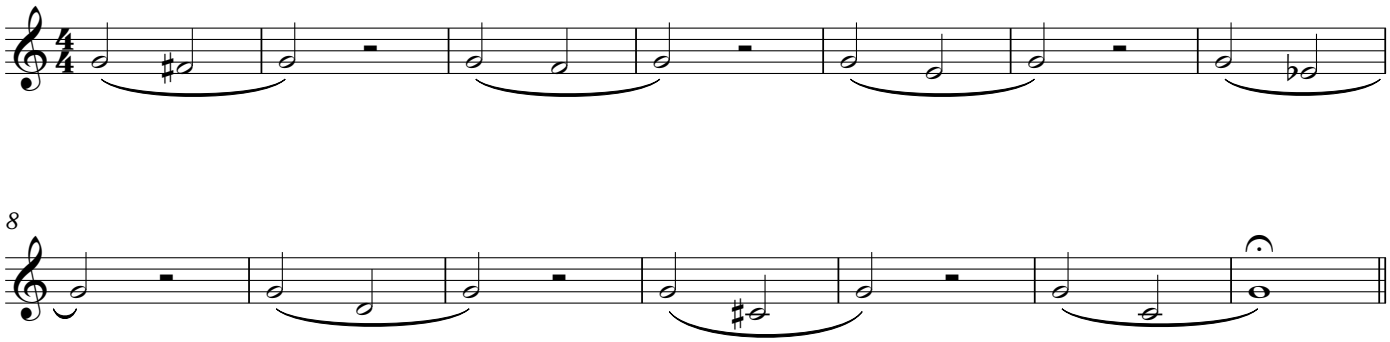
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Bass Clarinet in B♭

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

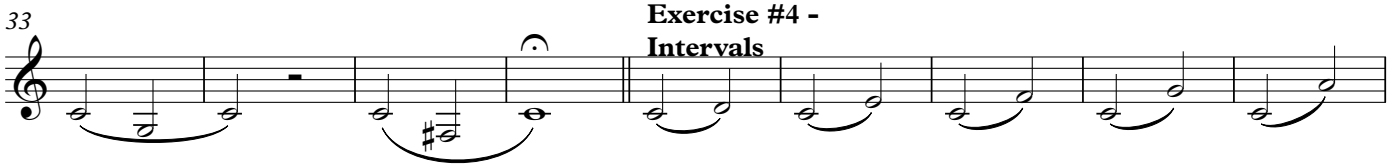
15

24

Exercise #3 -
Remington from Low Bb

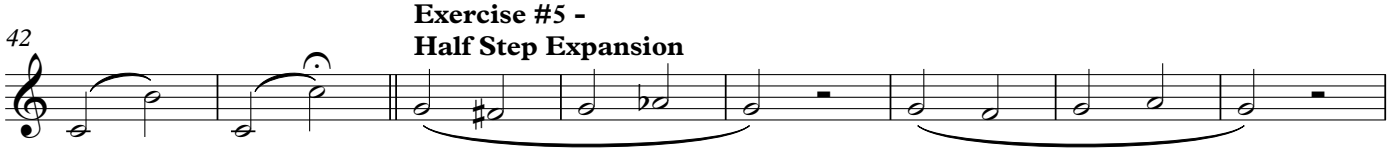
33

Exercise #4 -
Intervals

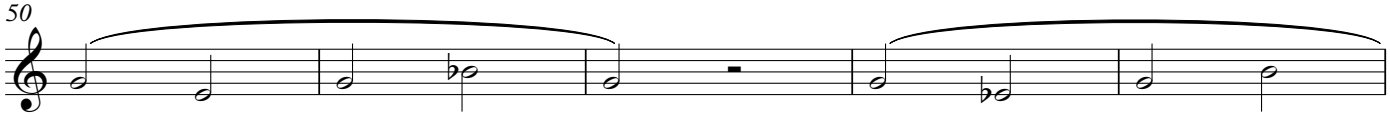


42

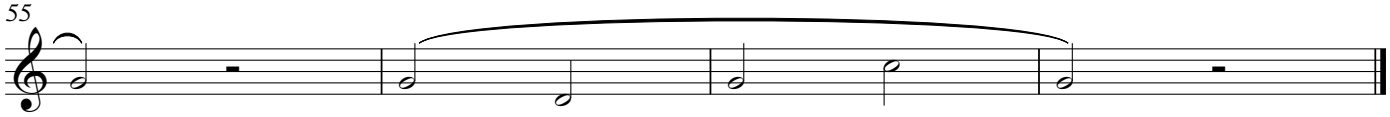
Exercise #5 -
Half Step Expansion



50



55



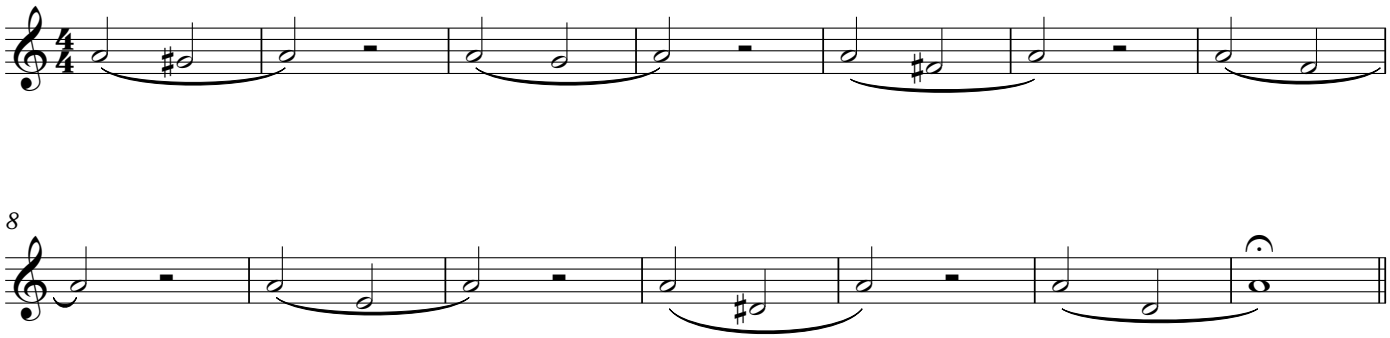
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Alto Saxophone

McAllister

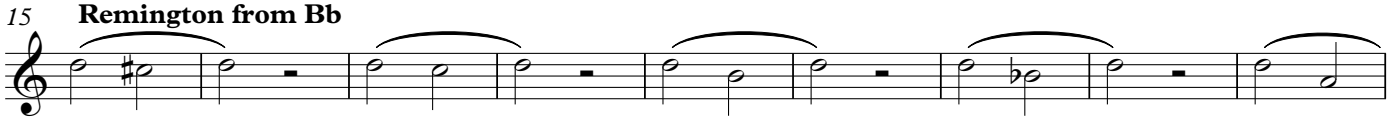
Exercise #1 - Remington from F



8

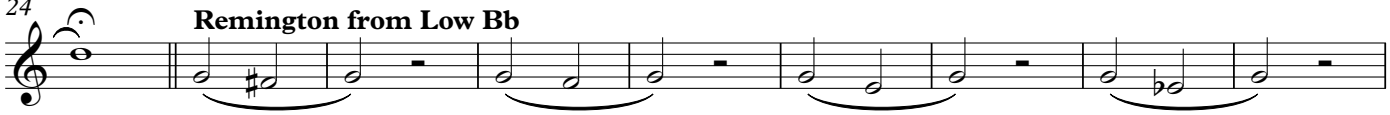
Exercise #2 -
Remington from Bb

15



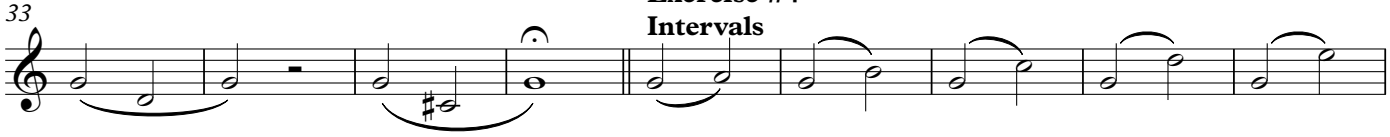
Exercise #3 -
Remington from Low Bb

24



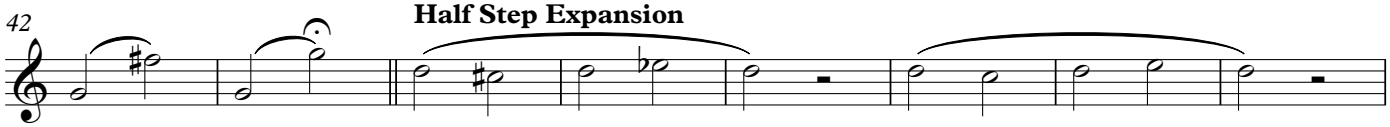
Exercise #4 -
Intervals

33

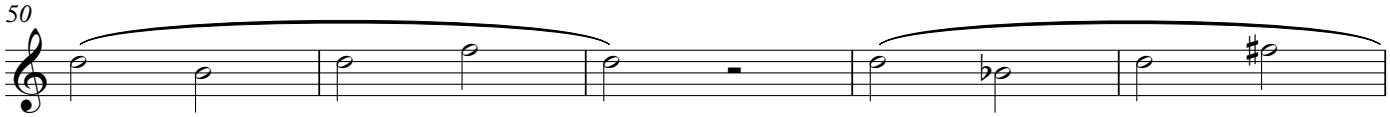


Exercise #5 -
Half Step Expansion

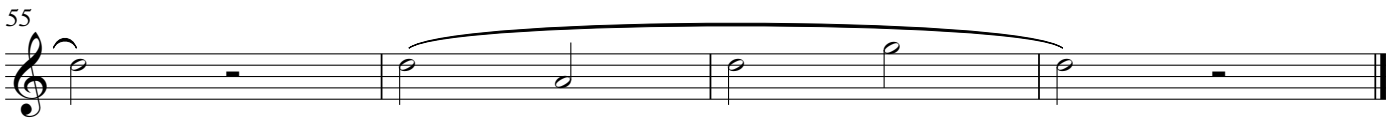
42



50



55



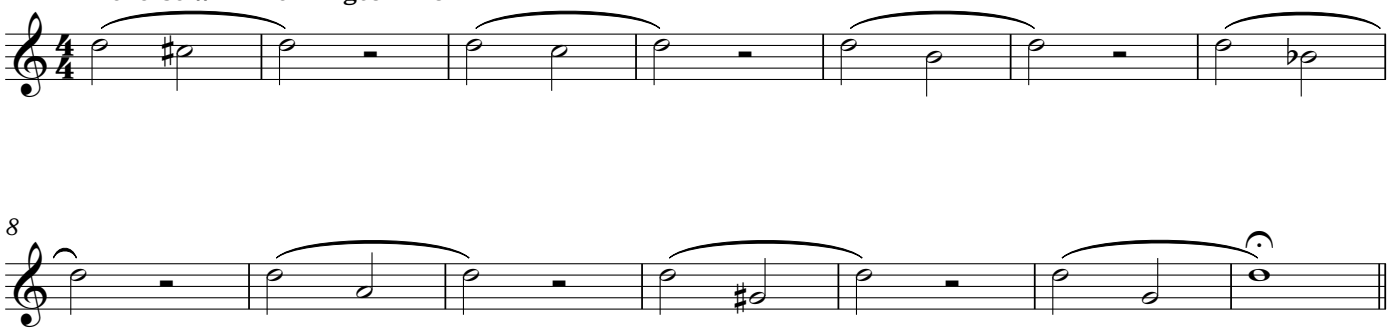
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Tenor Saxophone

McAllister

Exercise #1 - Remington from F



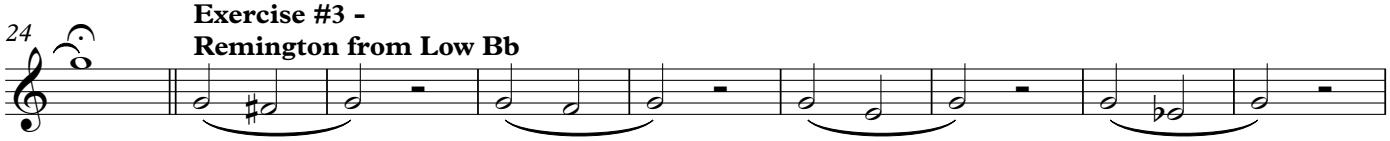
8

Exercise #2 -
Remington from Bb

15

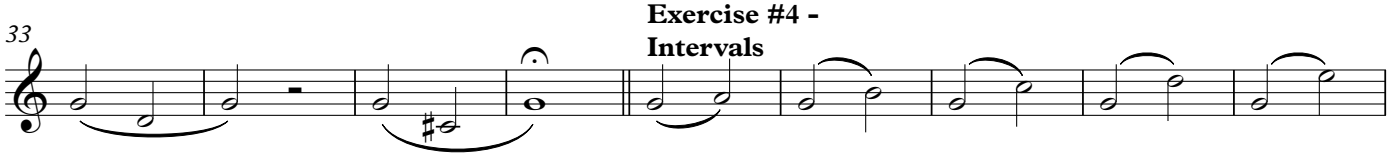
24

Exercise #3 -
Remington from Low Bb



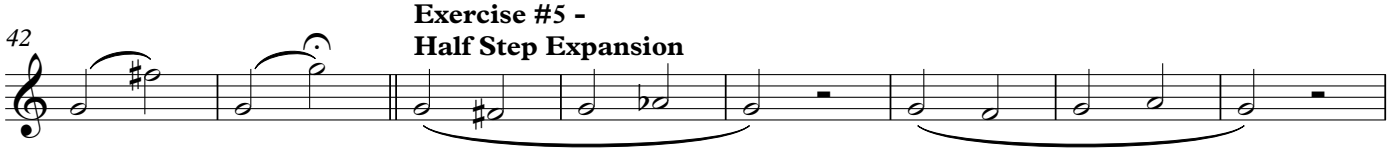
33

Exercise #4 -
Intervals

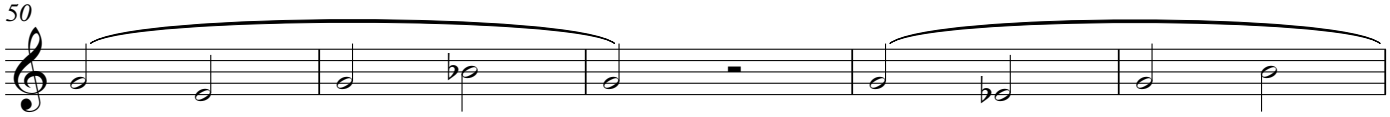


42

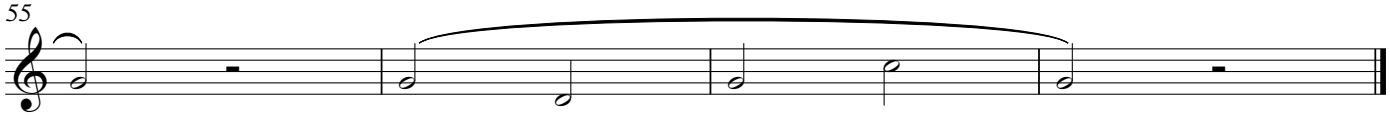
Exercise #5 -
Half Step Expansion



50



55



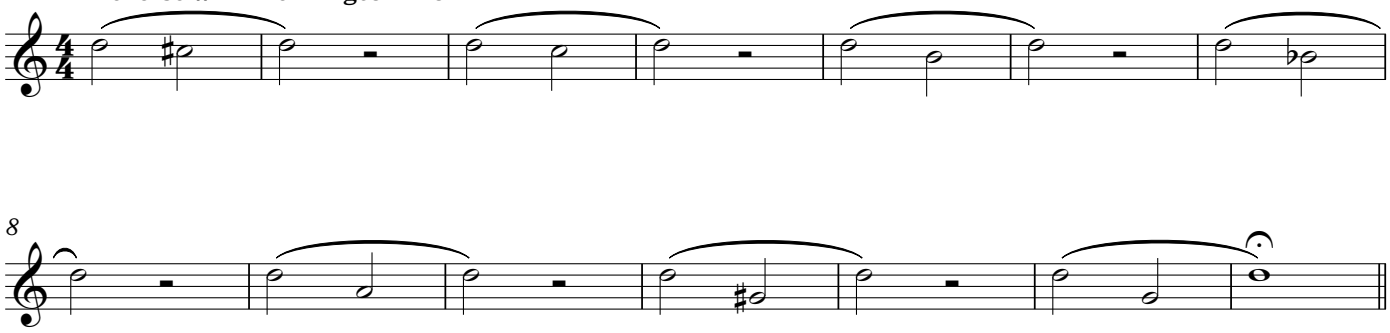
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Baritone Saxophone

McAllister

Exercise #1 - Remington from F



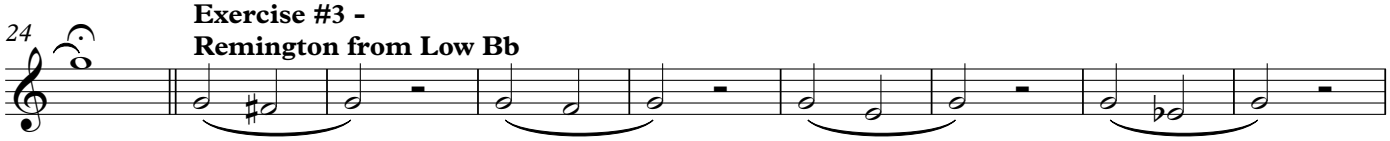
8

Exercise #2 -
Remington from Bb

15

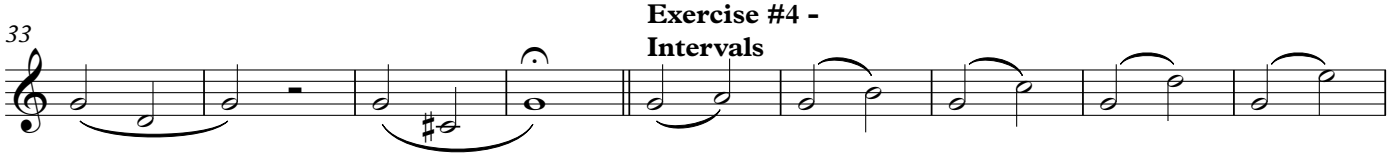
24

Exercise #3 -
Remington from Low Bb



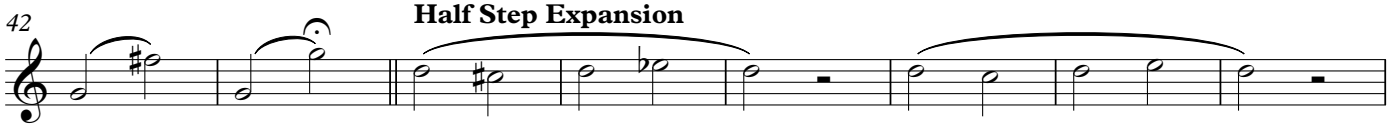
33

Exercise #4 -
Intervals

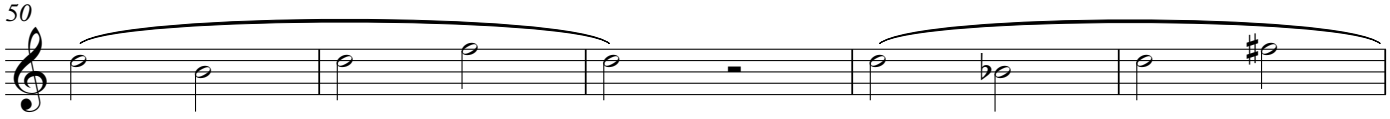


Exercise #5 -
Half Step Expansion

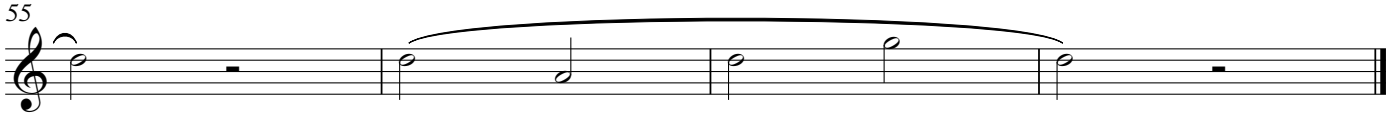
42



50



55



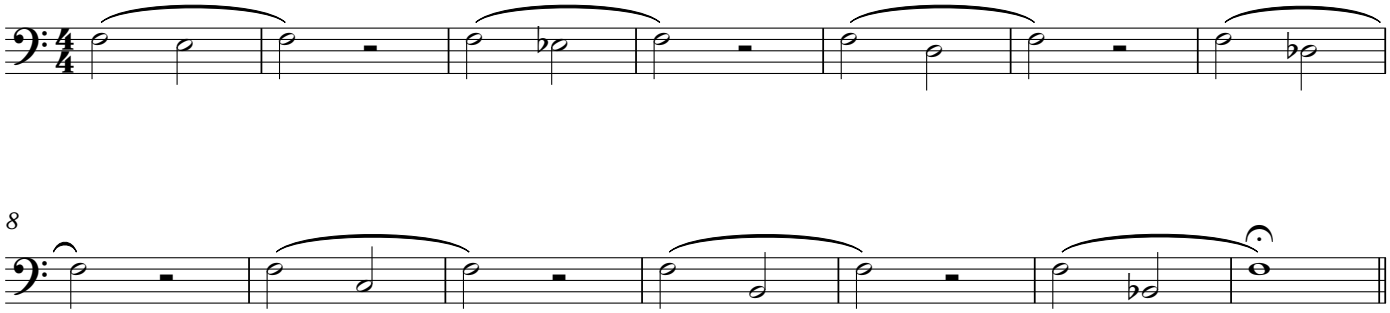
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Bassoon

Long Tones Warm-up

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

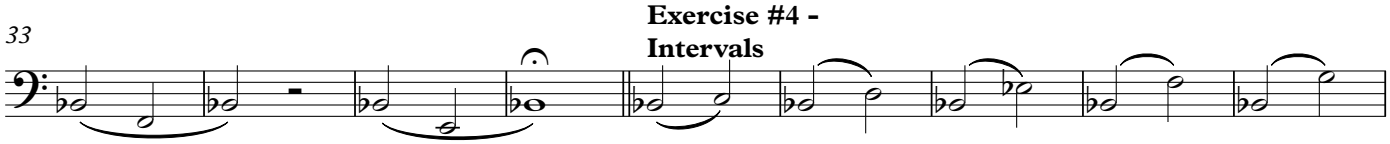
15

24

Exercise #3 -
Remington from Low Bb

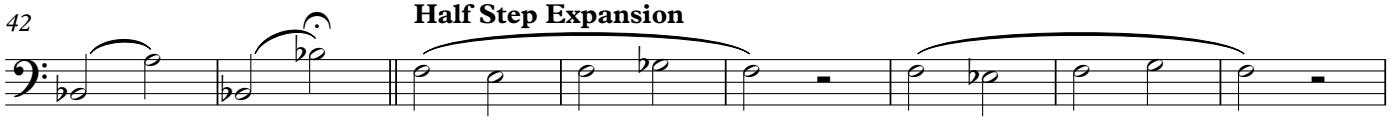
33

Exercise #4 -
Intervals

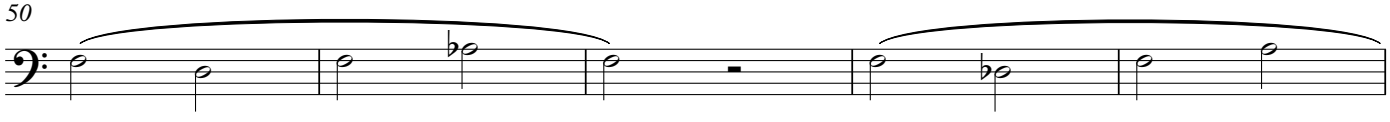


42

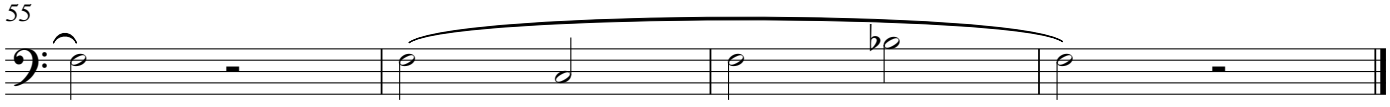
Exercise #5 -
Half Step Expansion



50



55



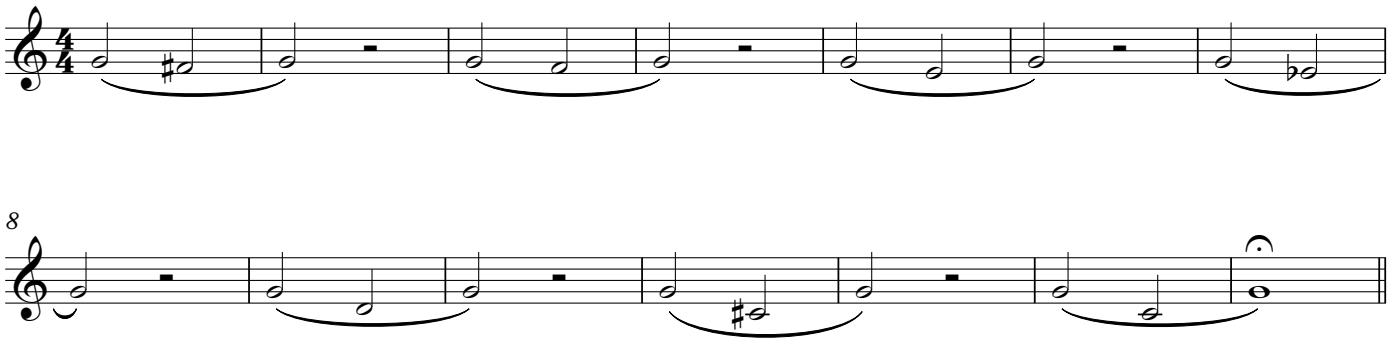
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Trumpet in B♭

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

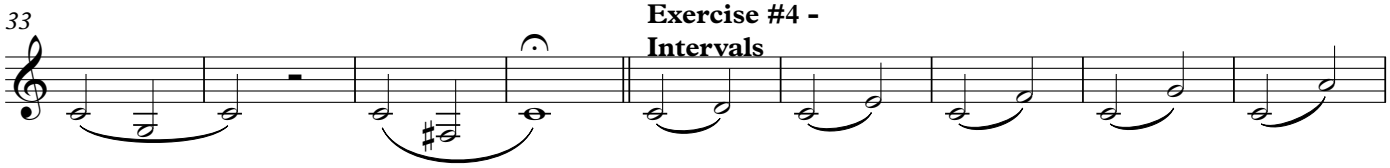
15

24

Exercise #3 -
Remington from Low Bb

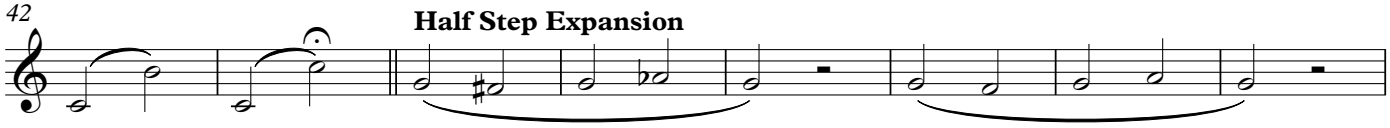
33

Exercise #4 -
Intervals

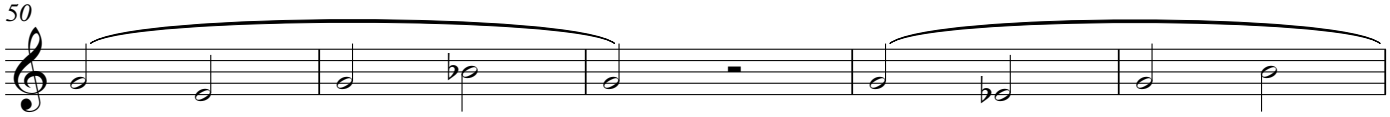


42

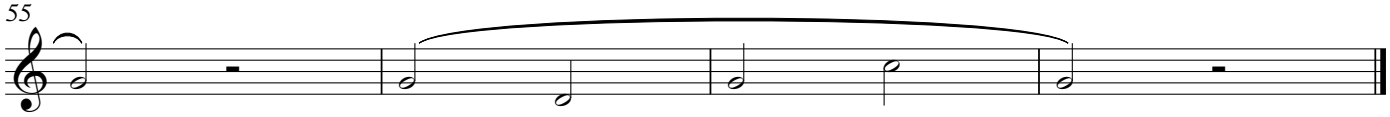
Exercise #5 -
Half Step Expansion



50



55



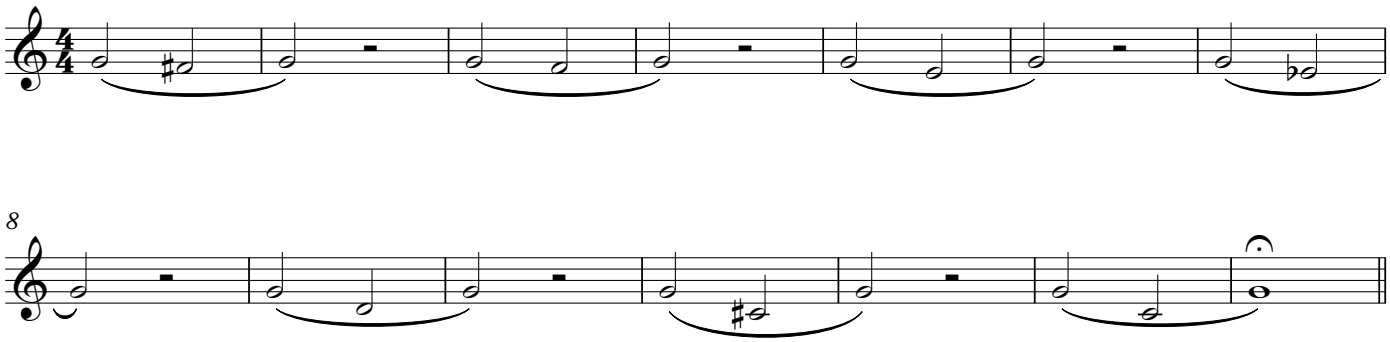
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Horn in F

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

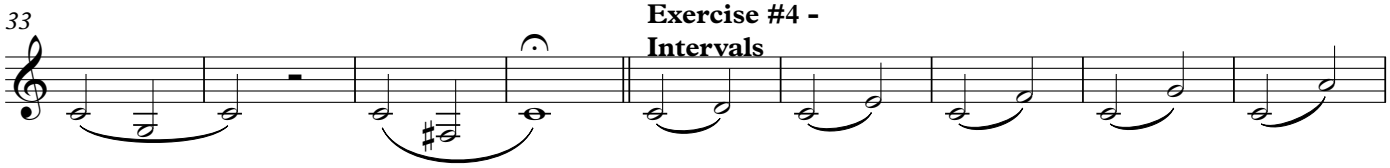
15

Exercise #3 -
Remington from Low Bb

24

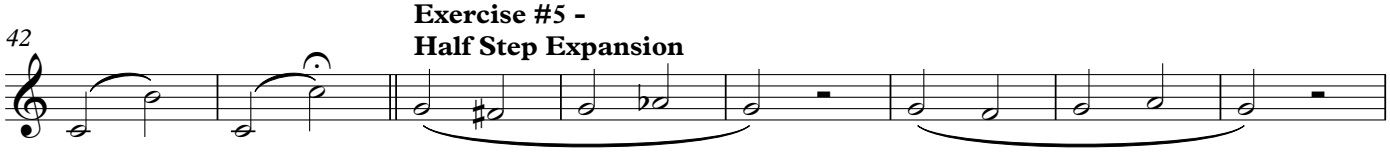
Exercise #4 -
Intervals

33

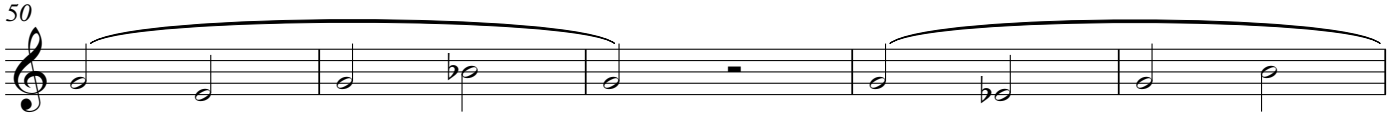


Exercise #5 -
Half Step Expansion

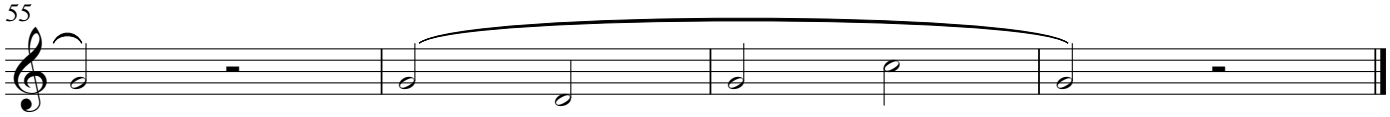
42



50



55



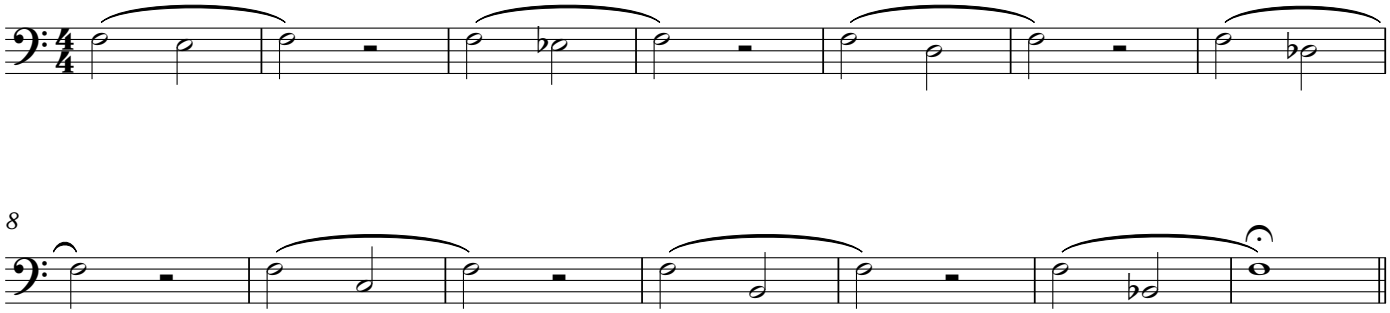
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Trombone

McAllister

Exercise #1 - Remington from F



8

Exercise #2 -
Remington from Bb

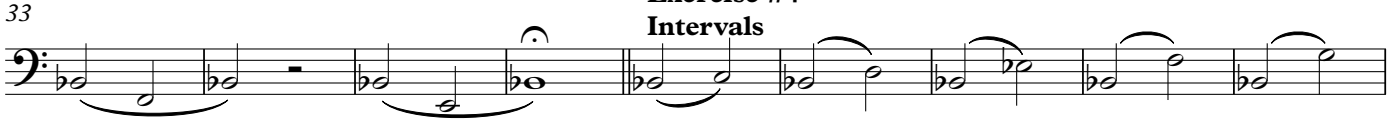
15

24

Exercise #3 -
Remington from Low Bb

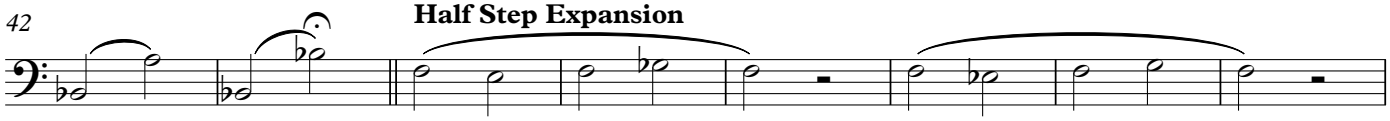
33

Exercise #4 -
Intervals

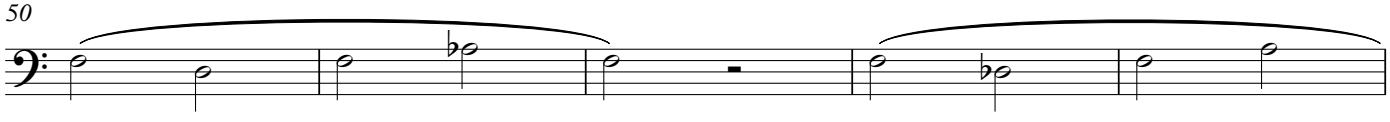


42

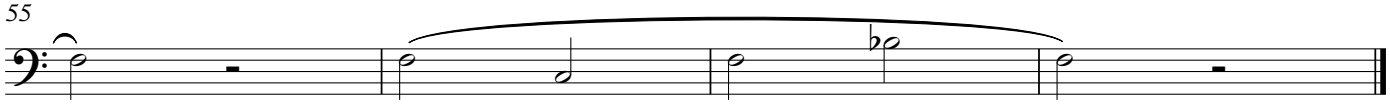
Exercise #5 -
Half Step Expansion



50



55



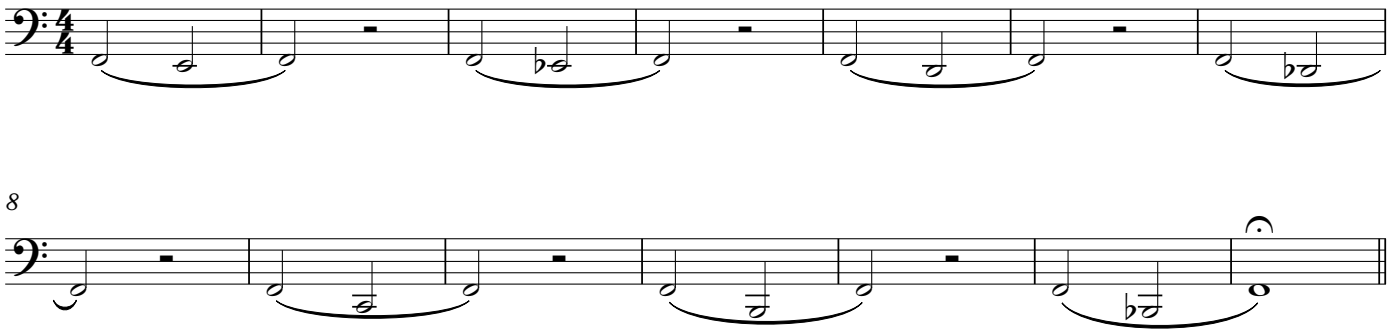
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Tuba

McAllister

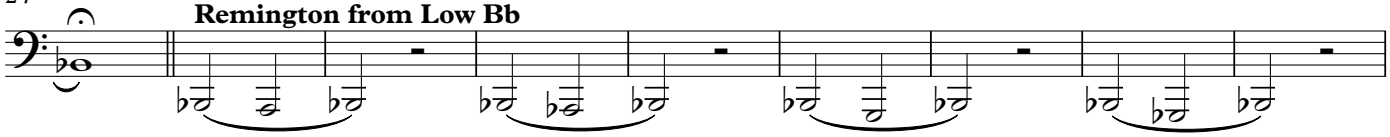
Exercise #1 - Remington from F



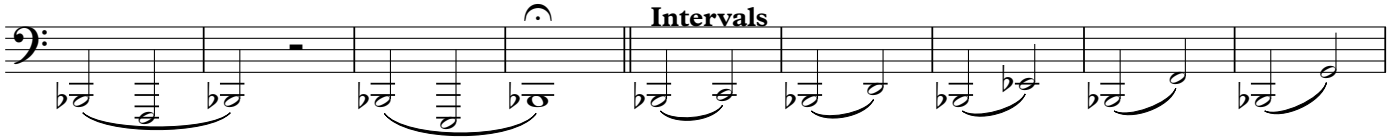
8

15 **Exercise #2 - Remington from Bb**

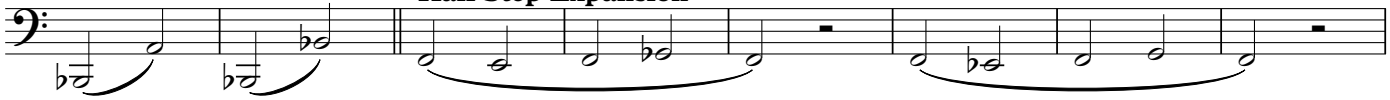
24 **Exercise #3 - Remington from Low Bb**



33 **Exercise #4 - Intervals**



42 **Exercise #5 - Half Step Expansion**



50

55

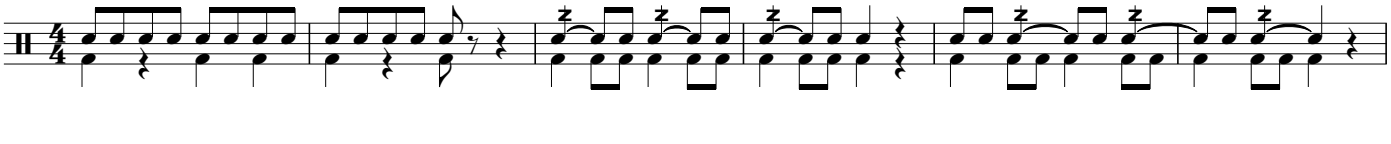
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

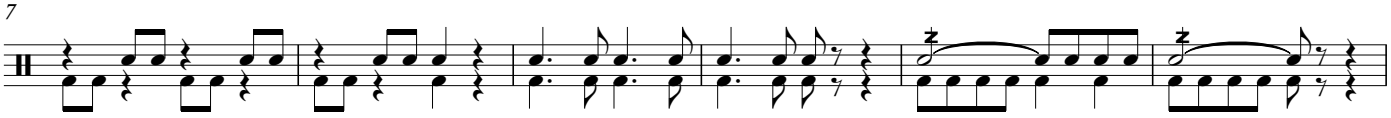
Snare and Bass

McAllister

Exercise #1 - Remington from F

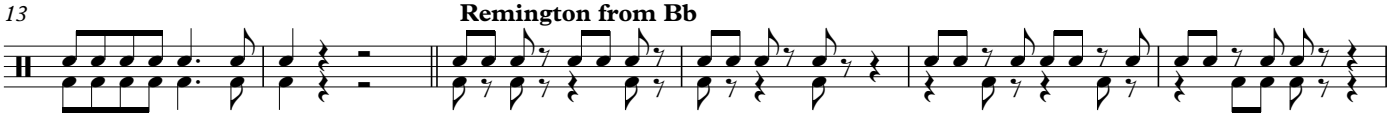


7

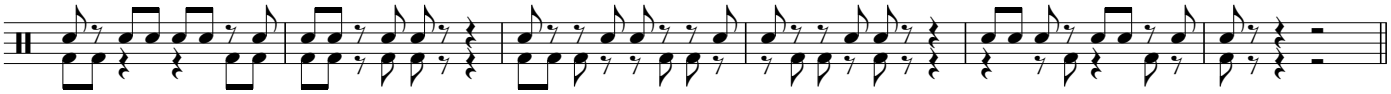


Exercise #2 - Remington from Bb

13

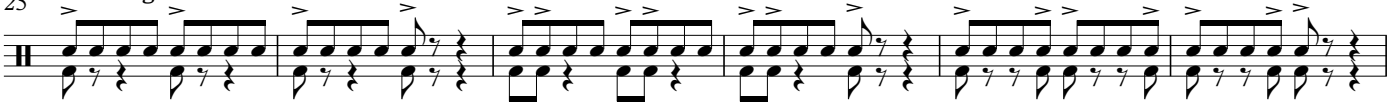


19

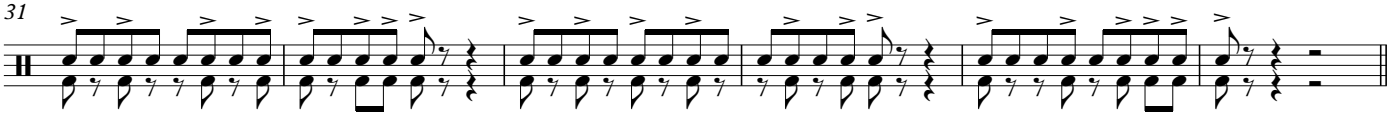


Exercise #3 - Remington from Low Bb

25

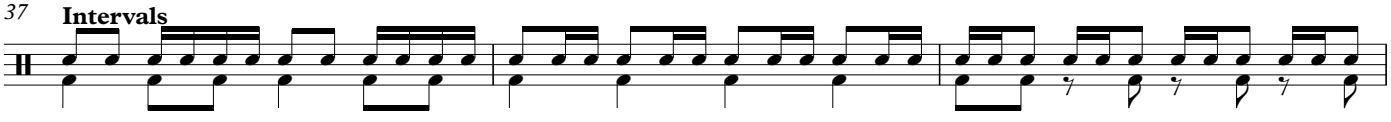


31

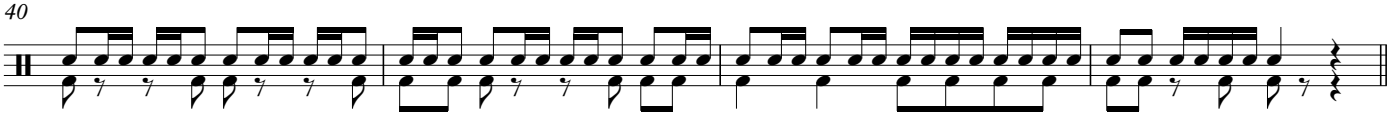


Exercise #4 - Intervals

37

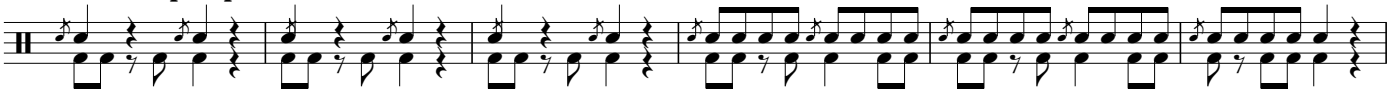


40

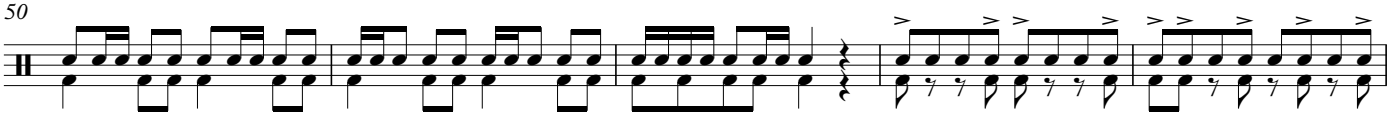


Exercise #5 - Half Step Expansion

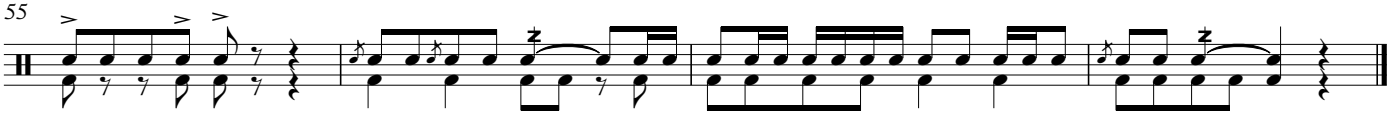
44



50



55

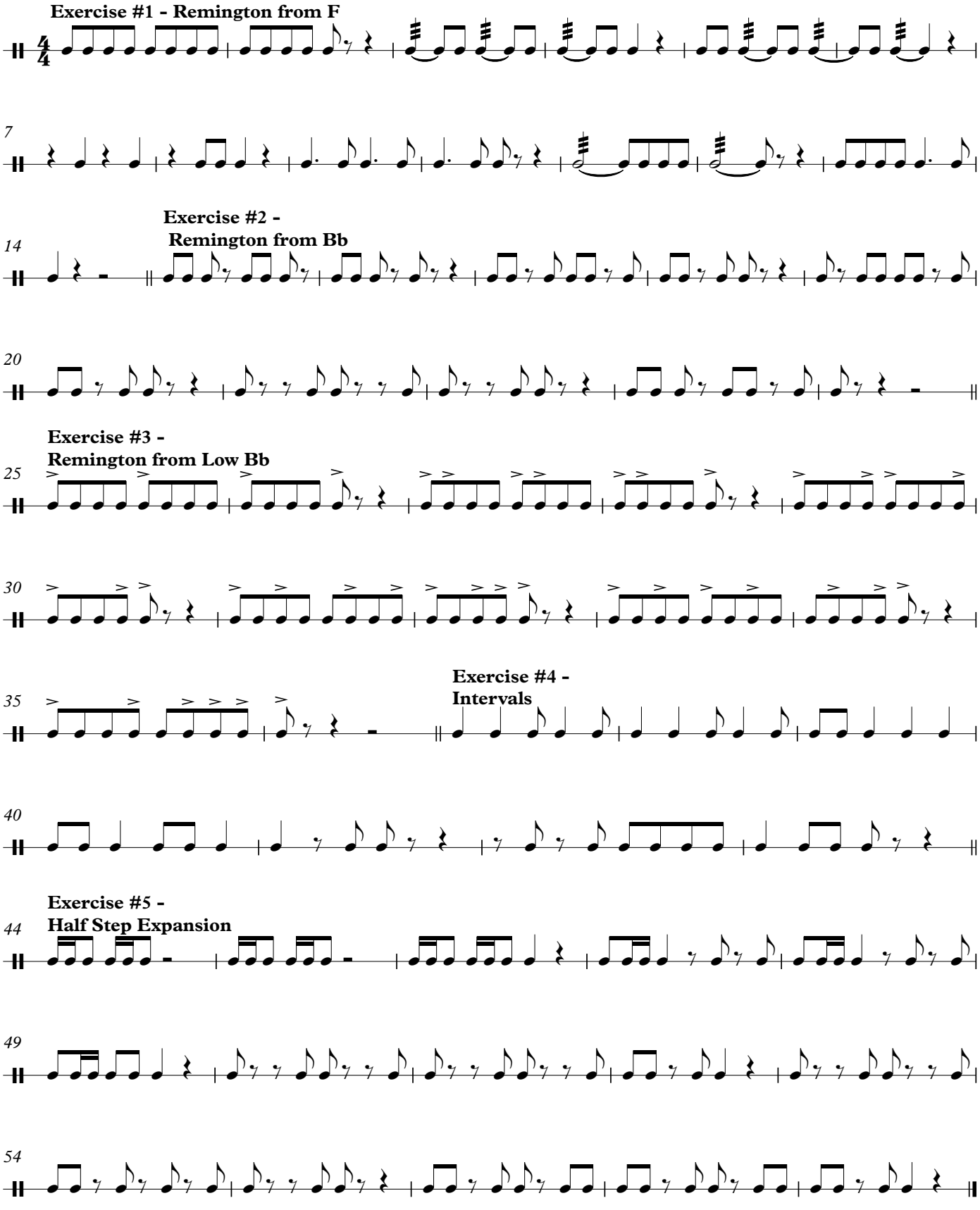


Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Auxiliary 1 (tambourine, triange)

McAllister



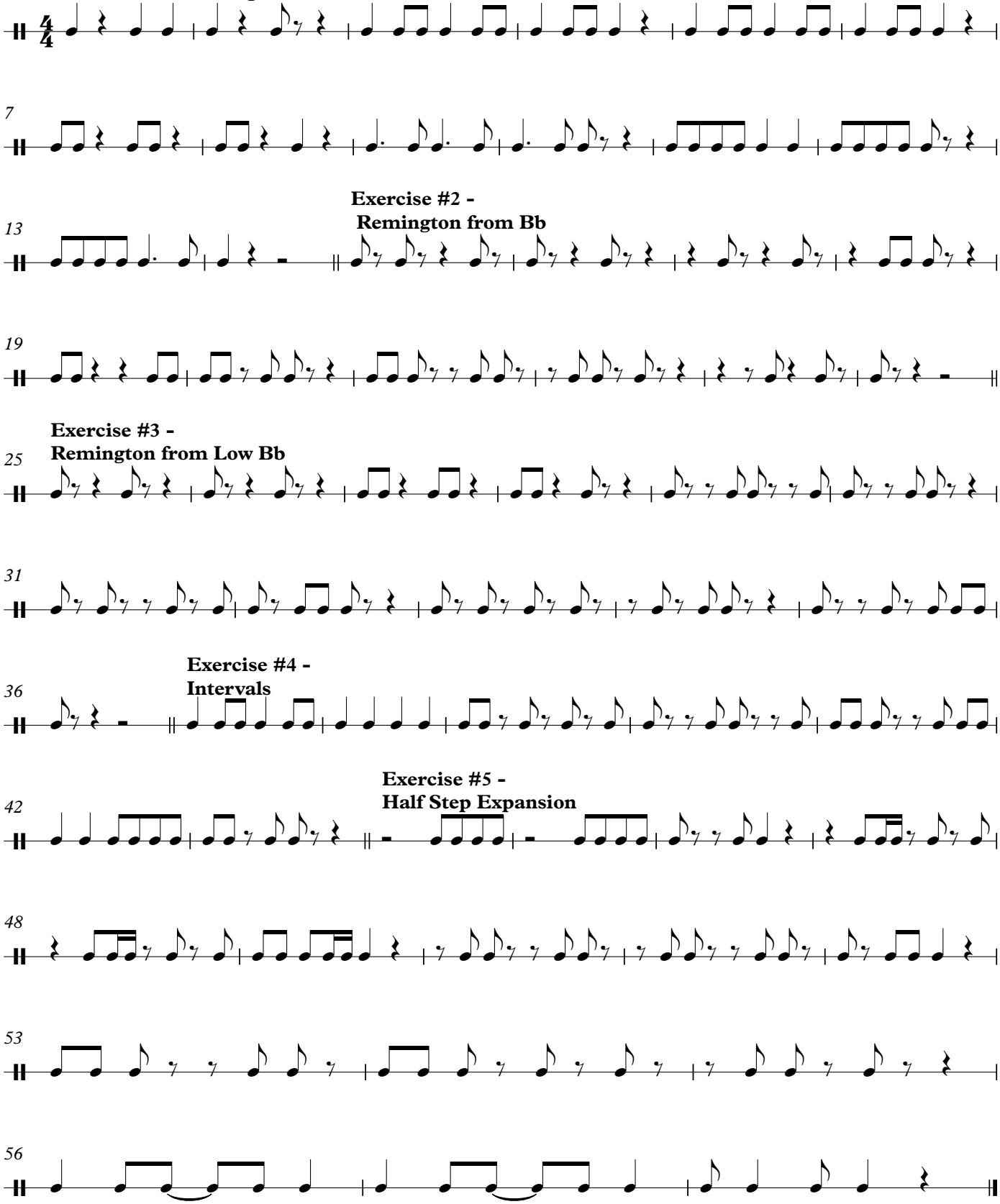
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Long Tones Warm-up

Auxiliary 2 (claves, sus. cym w/ stick, etc.)

McAllister

Exercise #1 - Remington from F



Exercise #2 - Remington from Bb

Exercise #3 - Remington from Low Bb

Exercise #4 - Intervals

Exercise #5 - Half Step Expansion

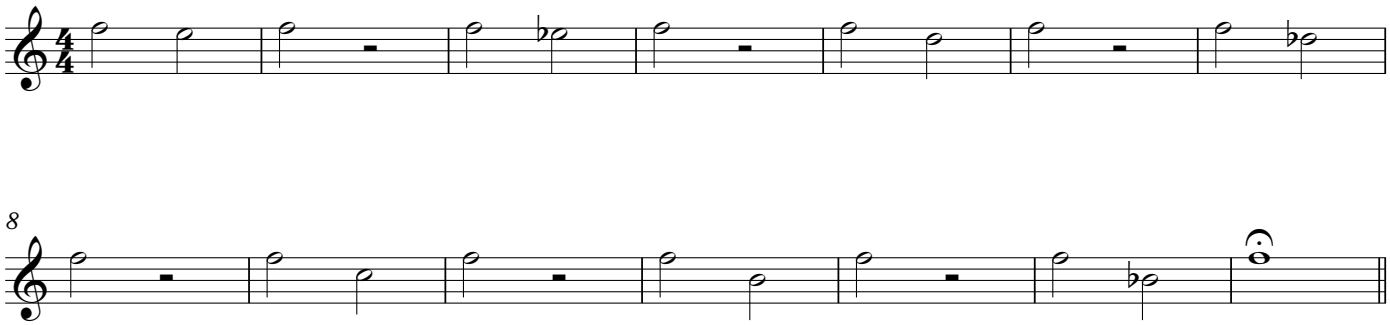
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Bells

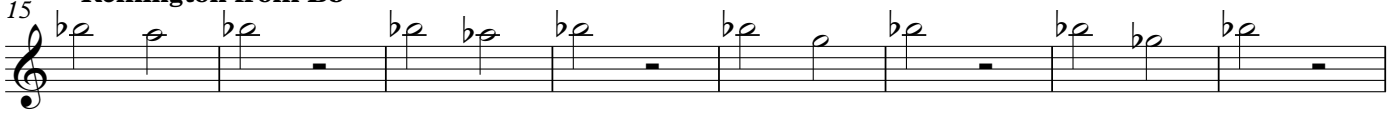
Long Tones Warm-up

McAllister

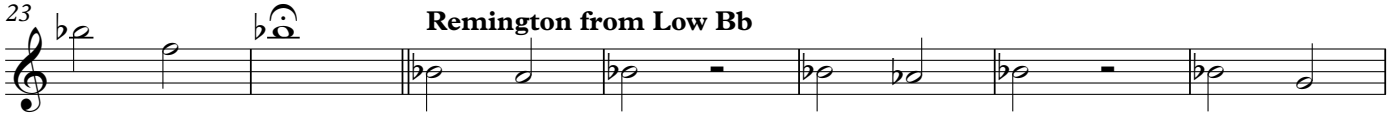
Exercise #1 - Remington from F

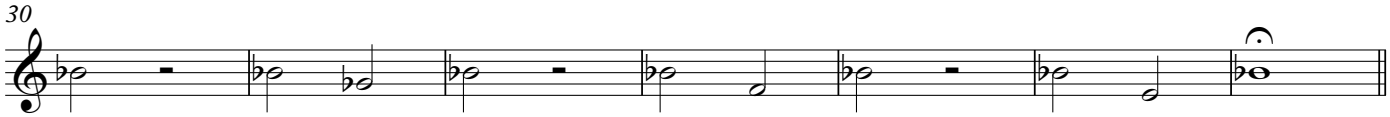


Exercise #2 - Remington from Bb

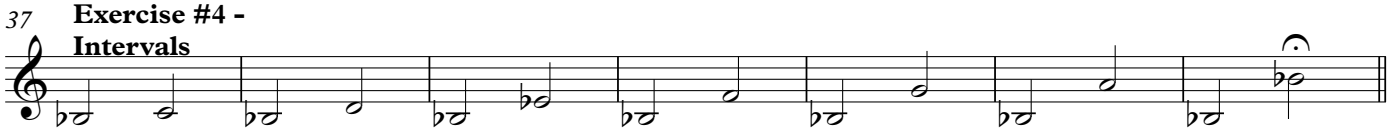


Exercise #3 - Remington from Low Bb

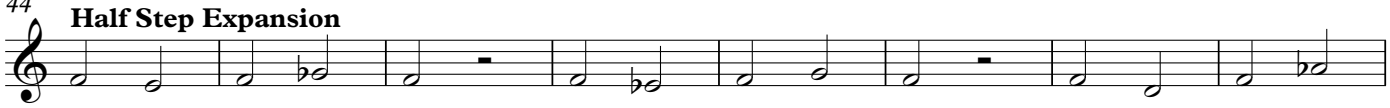


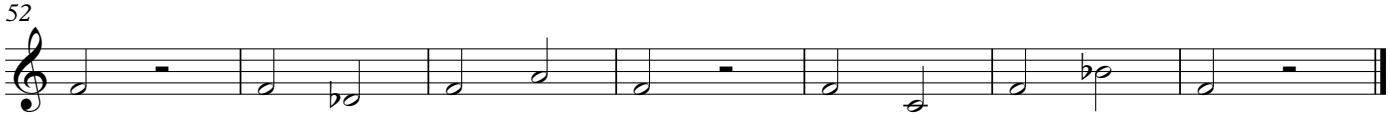


Exercise #4 - Intervals



Exercise #5 - Half Step Expansion





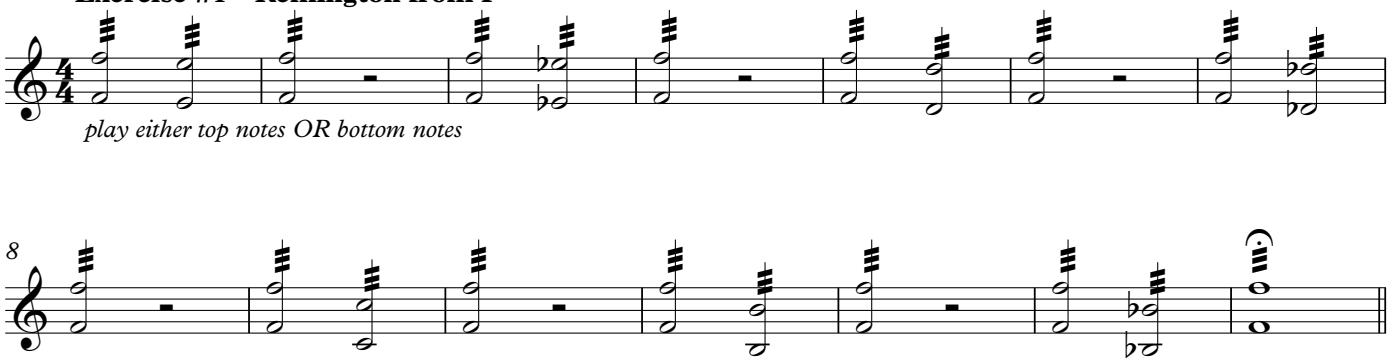
Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Mallets

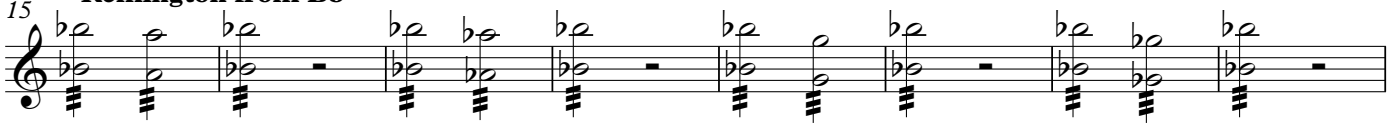
Long Tones Warm-up

McAllister

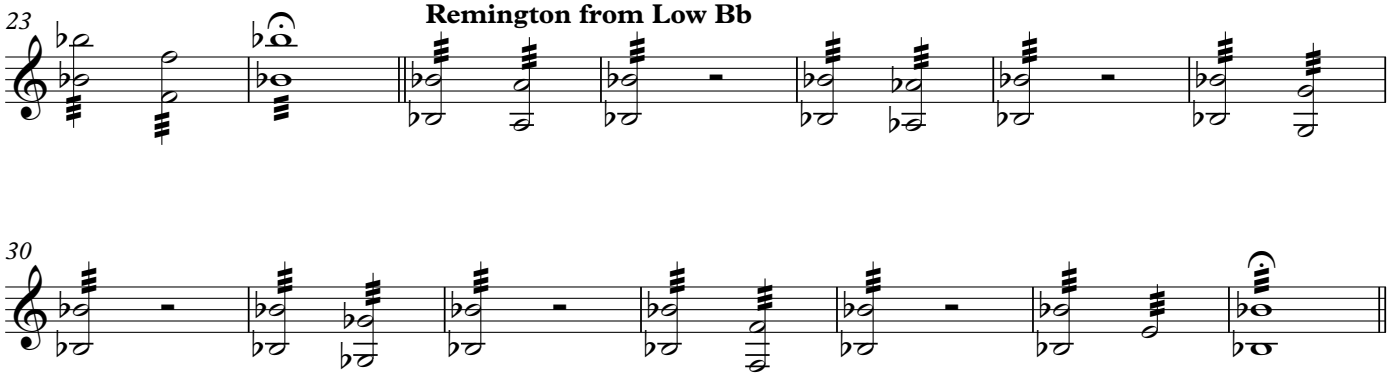
Exercise #1 - Remington from F



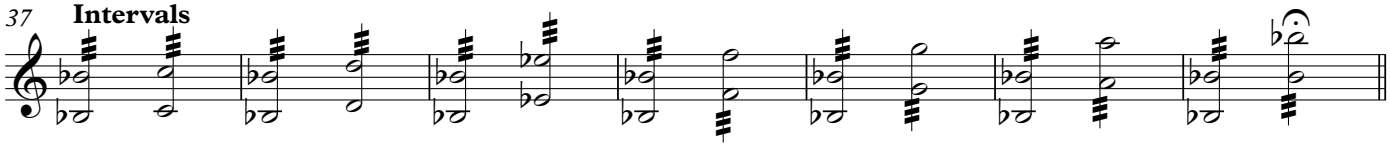
Exercise #2 -
Remington from Bb



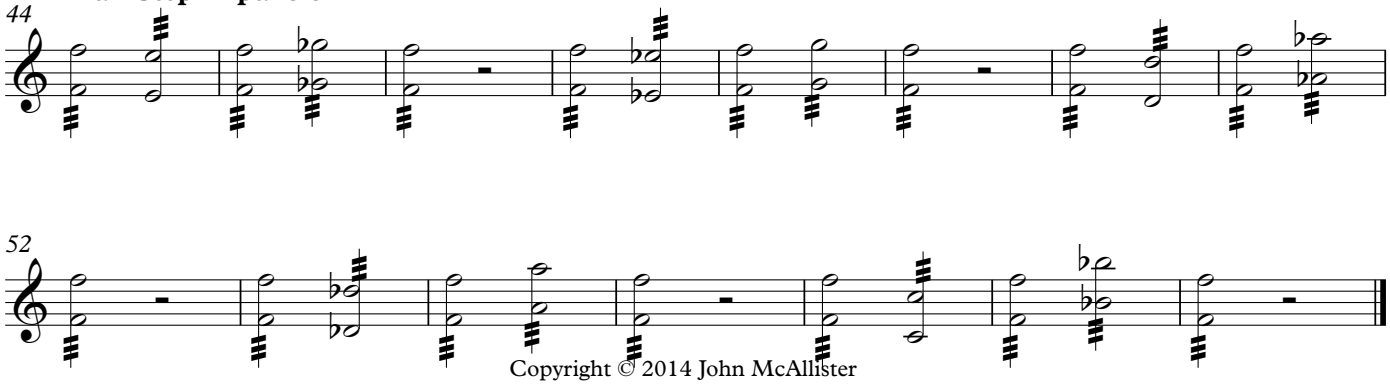
Exercise #3 -
Remington from Low Bb



Exercise #4 -
Intervals



Exercise #5 -
Half Step Expansion



Copyright © 2014 John McAllister
All Rights Reserved
www.johnmcallistermusic.com