

Foundation Warm-Ups

Set #6

John McAllister

Steady Air 2 3 4 5 6 7 8

The score is for a piece titled "Steady Air" in 4/4 time, consisting of 8 measures. The instruments and their parts are as follows:

- Flute:** Measures 1, 4, 7. Notes: G4 (measures 1, 4, 7), A4 (measure 2), B4 (measure 3), C5 (measure 5), D5 (measure 6), E5 (measure 8).
- Oboe:** Measures 1, 4, 7. Notes: G4 (measures 1, 4, 7), A4 (measure 2), B4 (measure 3), C5 (measure 5), D5 (measure 6), E5 (measure 8).
- Clarinet:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G#4 (measure 2), A#4 (measure 3), B#4 (measure 5), C#5 (measure 6), D#5 (measure 8).
- Bass Clarinet in Bb:** Measures 1, 4, 7. Notes: F4 (measures 1, 4, 7), G4 (measure 2), A4 (measure 3), Bb4 (measure 5), Cb5 (measure 6), Db5 (measure 8).
- Alto Saxophone:** Measures 1, 4, 7. Notes: G#4 (measures 1, 4, 7), A#4 (measure 2), B#4 (measure 3), C#5 (measure 5), D#5 (measure 6), E#5 (measure 8).
- Tenor Saxophone:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G#4 (measure 2), A#4 (measure 3), B#4 (measure 5), C#5 (measure 6), D#5 (measure 8).
- Baritone Saxophone:** Measures 1, 4, 7. Notes: G#4 (measures 1, 4, 7), A#4 (measure 2), B#4 (measure 3), C#5 (measure 5), D#5 (measure 6), E#5 (measure 8).
- Trumpet:** Measures 1, 4, 7. Notes: G#4 (measures 1, 4, 7), A#4 (measure 2), B#4 (measure 3), C#5 (measure 5), D#5 (measure 6), E#5 (measure 8).
- Horn - Unison:** Measures 1, 4, 7. Notes: G#4 (measures 1, 4, 7), A#4 (measure 2), B#4 (measure 3), C#5 (measure 5), D#5 (measure 6), E#5 (measure 8).
- Horn - Comfortable Range:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G#4 (measure 2), A#4 (measure 3), B#4 (measure 5), C#5 (measure 6), D#5 (measure 8).
- Trombone/Baritone/Bassoon:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G#4 (measure 2), A#4 (measure 3), B#4 (measure 5), C#5 (measure 6), D#5 (measure 8).
- Tuba:** Measures 1, 4, 7. Notes: G#4 (measures 1, 4, 7), A#4 (measure 2), B#4 (measure 3), C#5 (measure 5), D#5 (measure 6), E#5 (measure 8).
- Snare/Bass:** Measures 1, 4, 7. Rhythmic pattern: quarter note, quarter note.
- Mallets High:** Measures 1, 4, 7. Notes: G4 (measures 1, 4, 7), A4 (measure 2), B4 (measure 3), C5 (measure 5), D5 (measure 6), E5 (measure 8).
- Mallets Low:** Measures 1, 4, 7. Notes: G3 (measures 1, 4, 7), A3 (measure 2), B3 (measure 3), C4 (measure 5), D4 (measure 6), E4 (measure 8).

This musical score page covers measures 9 through 14. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Oboe (Ob.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Clarinet (Cl.):** Measures 10 and 11 have a half note G3, and measures 13 and 14 have a half note G3.
- Bass Clarinet (B. Cl.):** Measures 10 and 11 have a half note G2, and measures 13 and 14 have a half note G2.
- Alto Saxophone (Alto Sax.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Tenor Saxophone (Ten. Sax.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Bari Saxophone (Bari Sax.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Trumpet (Tpt.):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Horn 1 (Hn. 1):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Horn 2 (Hn. 2):** Measures 10 and 11 have a half note G4, and measures 13 and 14 have a half note G4.
- Trumpet/Bass Trombone (Tbn. Btn.):** Measures 10 and 11 have a half note G3, and measures 13 and 14 have a half note G3.
- Tuba (Tba.):** Measures 10 and 11 have a half note G2, and measures 13 and 14 have a half note G2.
- Percussion (Perc.):** Features a rhythmic pattern of eighth notes with accents (v) on measures 9, 10, 11, 12, 13, and 14.
- Mallet High (M (high)):** Features a rhythmic pattern of eighth notes on measures 10, 11, 13, and 14.
- Mallet Low (M (low)):** Features a rhythmic pattern of eighth notes on measures 10, 11, 13, and 14.

15 16 17 18 19 20 21

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.
Bbn.

Tba.

Perc.

M (high)

M (low)

22 Musical Stretching 23 24 25 26 27

This musical score, titled "Musical Stretching", is arranged for a large ensemble. It features the following parts:

- Flute (Fl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Oboe (Ob.):** Melodic line with slurs across measures 22-23 and 25-26.
- Clarinet (Cl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Bass Clarinet (B. Cl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Alto Saxophone (Alto Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Tenor Saxophone (Ten. Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Bass Saxophone (Bari. Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Trumpet (Tpt.):** Melodic line with slurs across measures 22-23 and 25-26.
- Horn 1 (Hn. 1):** Melodic line with slurs across measures 22-23 and 25-26.
- Horn 2 (Hn. 2):** Melodic line with slurs across measures 22-23 and 25-26.
- Trumpet/Bass Drum (Tbn. Btn.):** Melodic line with slurs across measures 22-23 and 25-26.
- Tuba (Tba.):** Melodic line with slurs across measures 22-23 and 25-26.
- Percussion (Perc.):** Rhythmic accompaniment with patterns of eighth notes and rests, marked with accents (>) and dynamics (>).
- Mallet High (M (high)):** Melodic line with slurs across measures 22-23 and 25-26.
- Mallet Low (M (low)):** Melodic line with slurs across measures 22-23 and 25-26.

The score is written in a key signature of one flat (Bb) and a common time signature (C). The percussion part includes specific rhythmic patterns: measures 22-23 feature a sequence of eighth notes (R R R R L L L L), measure 24 features a single eighth note (R), measure 25 features a sequence of eighth notes (L L L L R R R R), and measure 26 features a sequence of eighth notes (L L L L R R R R). The woodwind and brass parts primarily use quarter and half notes, often with slurs indicating sustained phrases.

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Flexibility

Musical score for Flexibility, measures 34-42. The score includes parts for Fl., Ob., Cl., B. Cl., Alto Sax., Ten. Sax., Bari. Sax., Tpt., Hn. 1, Hn. 2, Tbn. Btn., Tba., Perc., M (high), and M (low). The percussion part features a complex rhythmic pattern with accents and slurs, including markings like IR, rL, and IR rL IR. The brass and woodwind parts feature various melodic lines and articulations, including slurs and accents. The string parts (M high and M low) provide harmonic support with simple melodic lines.

Airflow Study

This musical score, titled "Airflow Study", is for a woodwind and brass ensemble. It consists of 12 staves, each representing a different instrument. The score is divided into two systems of six staves each. The first system includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), and Tenor Saxophone (Ten. Sax.). The second system includes Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), and Tuba (Tba.). The percussion part (Perc.) is shown on a single staff with a drum set icon, and the mallet instruments (M (high) and M (low)) are shown on two separate staves. The score covers measures 43 to 48. Measures 43-45 feature a melodic line in the woodwinds, while measures 46-48 feature a more complex melodic line with some chromaticism. The percussion part provides a steady rhythmic accompaniment throughout. The mallet instruments play a simple harmonic accompaniment. The overall texture is rich and layered, typical of a symphonic woodwind and brass ensemble.

49 50 51 52 53

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score covers measures 49 through 53. The ensemble includes Flute, Oboe, Clarinet, Bass Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone, Trumpet, Horn 1, Horn 2, Trombone, Tuba, Percussion, and Mellophone (high and low). The score is written in a key with one flat (B-flat) and a common time signature. Measures 49-50 feature a melodic line in the woodwinds and brass, with a prominent eighth-note pattern in the percussion. Measures 51-53 continue this melodic development, with various instruments playing sustained notes and moving lines. The percussion part consists of a steady eighth-note accompaniment with occasional accents. The mellophone parts provide a harmonic foundation with sustained notes and moving lines.

Articulation

54 55 56 57 58

Fl.

Ob.

Cl.

B. Cl.
Bass Clarinet in Bb

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

This musical score page contains measures 59 through 62 for a jazz ensemble. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 59-60 play a melodic line with eighth notes. Measure 61 continues with eighth notes, and measure 62 has a whole note rest.
- Oboe (Ob.):** Similar to the flute, playing eighth notes in measures 59-61 and a whole note rest in measure 62.
- Clarinet (Cl.):** Plays a steady eighth-note accompaniment throughout measures 59-62.
- Bass Clarinet (B. Cl.):** Similar to the clarinet, playing a steady eighth-note accompaniment.
- Alto Saxophone (Alto Sax.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Tenor Saxophone (Ten. Sax.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Bari Saxophone (Bari Sax.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Trumpet (Tpt.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Horn 1 (Hn. 1):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Horn 2 (Hn. 2):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Trumpet/Bass Trombone (Tbn. Btn.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Tuba (Tba.):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Drums (Perc.):** Plays a consistent eighth-note pattern throughout measures 59-62.
- Musical Instrument (M) (high):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.
- Musical Instrument (M) (low):** Plays eighth notes in measures 59-61 and a whole note rest in measure 62.

Technique

63 64 65 66 67 68

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score, titled 'Technique', covers measures 63 through 68. It is arranged for a large jazz ensemble. The instruments and their parts are: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), M (high), and M (low). The score is written in a key signature of one flat (B-flat major or D minor) and a common time signature. Measures 63-68 show a progression of chords and melodic lines across the ensemble. The percussion part features a consistent rhythmic pattern of eighth notes. The M (high) and M (low) parts provide a harmonic foundation with sustained notes and simple melodic fragments.

Chorale

69 70 71 72

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score, numbered 12, contains measures 69 through 72 of a piece titled 'Chorale'. The score is arranged in a standard orchestral layout with multiple staves. The instruments included are Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), Mellophone high (M (high)), and Mellophone low (M (low)). The key signature is one flat (B-flat), and the time signature is 4/4. The music is primarily composed of quarter and eighth notes, with some rests. The percussion part features a consistent rhythmic pattern of eighth notes with accents. Measure numbers 69, 70, 71, and 72 are clearly marked at the top of the page.

This musical score page covers measures 73 through 76. The instruments and their parts are as follows:

- Flute (Fl.):** Treble clef, key signature of one flat. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Oboe (Ob.):** Treble clef, key signature of one flat. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Clarinet (Cl.):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Bass Clarinet (B. Cl.):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Alto Saxophone (Alto Sax.):** Treble clef. Measures 73-74: quarter note G4 with sharp sign. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Tenor Saxophone (Ten. Sax.):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Bass Saxophone (Bari. Sax.):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Trumpet (Tpt.):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Horn 1 (Hn. 1):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Horn 2 (Hn. 2):** Treble clef. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Trombone (Tbn. Btn.):** Bass clef. Measures 73-74: quarter notes G2, A2. Measures 75-76: quarter notes G2, A2, Bb2, A2, G2.
- Tuba (Tba.):** Bass clef. Measures 73-74: quarter notes G2, A2. Measures 75-76: quarter notes G2, A2, Bb2, A2, G2.
- Percussion (Perc.):** Percussion clef. Measures 73-76: rhythmic pattern of eighth notes with accents.
- Musical Instrument (M (high)):** Treble clef, key signature of one flat. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.
- Musical Instrument (M (low)):** Treble clef, key signature of one flat. Measures 73-74: quarter notes G4, A4. Measures 75-76: quarter notes G4, A4, Bb4, A4, G4.

Chromatic Challenge

77 78 79 80 81 82

Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn. 1
Hn. 2
Tbn. Btn.
Tba.
Perc.
M (high)
M (low)

for extra practice on 16th note combinations, check out "Epic Sixteenths" on Youtube

Detailed description: This page of a musical score, titled "Chromatic Challenge", contains measures 77 through 82. The score is arranged in a grand staff format with multiple staves for different instruments. The instruments listed on the left are Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Bari. Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), Mellophone (high) (M (high)), and Mellophone (low) (M (low)). The music is written in a key signature of one flat (B-flat major or D minor) and a common time signature (C). The notation includes various note values such as quarter notes, eighth notes, and sixteenth notes, with some sixteenth notes beamed together. The Percussion part features a complex rhythmic pattern of sixteenth notes. The score is divided into measures by vertical bar lines, with measure numbers 77, 78, 79, 80, 81, and 82 indicated at the top. The overall layout is clean and professional, typical of a printed music score.

83 84 85 86

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score covers measures 83 to 86. The woodwind section includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Baritone Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), and Tuba (Tba.). The percussion (Perc.) part features a complex rhythmic pattern with eighth and sixteenth notes. The string section consists of a high part (M (high)) and a low part (M (low)). The score is written in a key with one flat and a 4/4 time signature. Measure 83 shows a rest for all instruments. Measure 84 begins with a melodic line in the woodwinds and a harmonic accompaniment in the brass and strings. Measures 85 and 86 continue this musical texture with various dynamics and articulations.

This musical score page covers measures 87 through 90. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 87-90, treble clef, key signature of two flats.
- Oboe (Ob.):** Measures 87-90, treble clef, key signature of two flats.
- Clarinet (Cl.):** Measures 87-90, treble clef, key signature of two flats.
- Bass Clarinet (B. Cl.):** Measures 87-90, treble clef, key signature of two flats.
- Alto Saxophone (Alto Sax.):** Measures 87-90, treble clef, key signature of two flats.
- Tenor Saxophone (Ten. Sax.):** Measures 87-90, treble clef, key signature of two flats.
- Bari Saxophone (Bari. Sax.):** Measures 87-90, treble clef, key signature of two flats.
- Trumpet (Tpt.):** Measures 87-90, treble clef, key signature of two flats.
- Horn 1 (Hn. 1):** Measures 87-90, treble clef, key signature of two flats.
- Horn 2 (Hn. 2):** Measures 87-90, treble clef, key signature of two flats.
- Trumpet/Bass Trombone (Tbn. Btn.):** Measures 87-90, bass clef, key signature of two flats.
- Tuba (Tba.):** Measures 87-90, bass clef, key signature of two flats.
- Percussion (Perc.):** Measures 87-90, percussion clef, featuring a complex rhythmic pattern with eighth and sixteenth notes.
- Mellophone (high) (M (high)):** Measures 87-90, treble clef, key signature of two flats.
- Mellophone (low) (M (low)):** Measures 87-90, treble clef, key signature of two flats.

The score is written in a key signature of two flats (B-flat and E-flat) and a common time signature (C). The woodwind and mellophone parts consist of sustained notes, while the percussion part features a rhythmic accompaniment.

Flute

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10 are in C major, and measures 11-21 are in B-flat major. The exercise consists of a series of half notes, each with a slur above it, and rests. The notes are: 1 (C4), 2 (D4), 3 (rest), 4 (E4), 5 (F#4), 6 (rest), 7 (G4), 8 (A4), 9 (rest), 10 (B4), 11 (Bb4), 12 (rest), 13 (C5), 14 (B4), 15 (rest), 16 (A4), 17 (Ab4), 18 (rest), 19 (G4), 20 (F4), 21 (E4).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in B-flat major. Measures 22-33 feature a series of half notes with slurs, and rests. The notes are: 22 (Bb4), 23 (A4), 24 (G4), 25 (F4), 26 (E4), 27 (D4), 28 (C4), 29 (Bb4), 30 (A4), 31 (G4), 32 (F4), 33 (E4).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in B-flat major. Measures 34-42 feature a series of half notes with slurs, and rests. The notes are: 34 (Bb4), 35 (A4), 36 (G4), 37 (F4), 38 (E4), 39 (D4), 40 (C4), 41 (Bb4), 42 (A4).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in B-flat major. Measures 43-53 feature a series of quarter notes with slurs, and rests. The notes are: 43 (Bb4), 44 (A4), 45 (G4), 46 (F4), 47 (E4), 48 (D4), 49 (C4), 50 (Bb4), 51 (A4), 52 (G4), 53 (F4).

Flute

Articulation

54 55 56 57

58 59 60 61 62

Technique

63 64 65

66 67 68

Chorale

69 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Oboe

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10 are in C major, and measures 11-21 are in B-flat major. The exercise consists of a series of half notes, each with a slur above it, and rests. The notes are: 1 (C4), 2 (D4), 3 (rest), 4 (E4), 5 (F#4), 6 (rest), 7 (G4), 8 (A4), 9 (rest), 10 (B4), 11 (Bb4), 12 (rest), 13 (Cb4), 14 (Bb4), 15 (rest), 16 (Bb4), 17 (Bb4), 18 (rest), 19 (Cb4), 20 (Bb4), 21 (Bb4).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in B-flat major. Measures 22-33 feature a series of half notes with slurs, and rests. The notes are: 22 (Bb4), 23 (Cb4), 24 (Bb4), 25 (Bb4), 26 (Bb4), 27 (rest), 28 (Bb4), 29 (Cb4), 30 (Bb4), 31 (Bb4), 32 (Bb4), 33 (rest).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in B-flat major. Measures 34-42 feature a series of half notes with slurs, and rests. The notes are: 34 (Bb4), 35 (Cb4), 36 (Bb4), 37 (Bb4), 38 (rest), 39 (Bb4), 40 (Cb4), 41 (Bb4), 42 (Bb4).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in B-flat major. Measures 43-53 feature a series of quarter notes with a slur above them, and rests. The notes are: 43 (Bb4), 44 (Cb4), 45 (Bb4), 46 (Bb4), 47 (Bb4), 48 (rest), 49 (Bb4), 50 (Cb4), 51 (Bb4), 52 (Bb4), 53 (Bb4).

Oboe

Articulation

54 55 56 57

Musical staff for articulation exercise 54-57. The staff is in treble clef with a key signature of one flat (Bb). It contains four measures of music. Measure 54: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 55: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 56: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 57: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

58 59 60 61 62

Musical staff for articulation exercise 58-62. The staff is in treble clef with a key signature of one flat (Bb). It contains five measures of music. Measure 58: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 59: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 60: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 61: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 62: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

Technique

63 64 65

Musical staff for technique exercise 63-65. The staff is in treble clef with a key signature of one flat (Bb). It contains three measures of music. Measure 63: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 64: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 65: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

66 67 68

Musical staff for technique exercise 66-68. The staff is in treble clef with a key signature of one flat (Bb). It contains three measures of music. Measure 66: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 67: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 68: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

Chorale

69 70 71 72

Musical staff for chorale exercise 69-72. The staff is in treble clef with a key signature of one flat (Bb). It contains four measures of music. Measure 69: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 70: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 71: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 72: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

73 74 75 76

Musical staff for chorale exercise 73-76. The staff is in treble clef with a key signature of one flat (Bb). It contains four measures of music. Measure 73: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 74: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 75: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 76: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

Chromatic Challenge

77 78 79 80 81 82 83

Musical staff for chromatic challenge exercise 77-83. The staff is in treble clef with a key signature of one flat (Bb). It contains seven measures of music. Measure 77: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 78: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 79: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 80: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 81: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 82: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 83: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

84 85 86 87 88 89 90

Musical staff for chromatic challenge exercise 84-90. The staff is in treble clef with a key signature of one flat (Bb). It contains seven measures of music. Measure 84: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 85: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 86: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 87: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 88: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 89: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest. Measure 90: quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5, followed by a quarter rest.

Clarinet

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes: 2 (D4), 3 (E4), 4 (F4), 5 (G4), 6 (A4), 7 (B4), 8 (C5), 9 (B4), 10 (A4), 11 (G4), 12 (F4), 13 (E4), 14 (D4), 15 (C4), 16 (B3), 17 (A3), 18 (G3), 19 (F3), 20 (E3), 21 (D3). The notes are grouped into pairs with slurs, and there are rests in measures 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes: 22 (D4), 23 (E4), 24 (F4), 25 (G4), 26 (A4), 27 (B4), 28 (C5), 29 (B4), 30 (A4), 31 (G4), 32 (F4), 33 (E4). The notes are grouped into pairs with slurs, and there are rests in measures 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes: 34 (D4), 35 (E4), 36 (F4), 37 (G4), 38 (A4), 39 (B4), 40 (C5), 41 (B4), 42 (A4). The notes are grouped into pairs with slurs, and there are rests in measures 35, 36, 37, 38, 39, 40, 41, and 42.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes: 43 (D4), 44 (E4), 45 (F4), 46 (G4), 47 (A4), 48 (B4), 49 (C5), 50 (B4), 51 (A4), 52 (G4), 53 (F4). The notes are grouped into pairs with slurs, and there are rests in measures 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53.

Clarinet

Articulation

54 55 56 57

54 55 56 57

58 59 60 61 62

58 59 60 61 62

Technique

63 64 65

63 64 65

66 67 68

66 67 68

Chorale

69 70 71 72

69 70 71 72

73 74 75 76

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

77 78 79 80 81 82 83

84 85 86 87 88 89 90

84 85 86 87 88 89 90

Bass Clarinet in B \flat

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' warm-up, measures 2 through 21. The piece is in 4/4 time. Measures 2-10 and 12-21 feature a steady, rhythmic pattern of quarter notes with slurs. Measure 11 contains a half note. Measure 16 includes a half note with a flat. Measure 21 ends with a double bar line.

Musical Stretching

Musical notation for the 'Musical Stretching' warm-up, measures 22 through 33. Measures 22-23 and 25-26 feature a wide intervallic stretch with slurs. Measure 24 is a whole rest. Measure 27 is a whole rest. Measure 28 is a whole note. Measure 29 is a half note. Measure 30 is a whole rest. Measure 31 is a half note with a flat. Measure 32 is a half note. Measure 33 is a whole rest.

Flexibility

Musical notation for the 'Flexibility' warm-up, measures 34 through 42. Measures 34-42 feature a sequence of eighth notes with slurs, alternating between the upper and lower staves. Measure 36 is a whole rest. Measure 39 is a whole rest.

Airflow Study

Musical notation for the 'Airflow Study' warm-up, measures 43 through 53. Measures 43-45 and 47-48 feature a sequence of quarter notes with slurs. Measure 46 is a whole rest. Measure 49 is a half note. Measure 50 is a half note. Measure 51 is a half note. Measure 52 is a half note with a flat. Measure 53 is a whole rest.

54 **Articulation** 55 56 57

Musical staff 54-57: Articulation exercise. Treble clef, 4/4 time. Measures 54-57 show eighth-note patterns with accents and slurs.

58 59 60 61 62

Musical staff 58-62: Continuation of articulation exercise. Treble clef, 4/4 time. Measures 58-62 show eighth-note patterns with accents and slurs.

63 **Technique** 64 65 66 67 68

Musical staff 63-68: Technique exercise. Treble clef, 4/4 time. Measures 63-68 show eighth-note patterns with slurs and accents.

69 **Chorale** 70 71 72 73 74 75 76

Musical staff 69-76: Chorale exercise. Treble clef, 4/4 time. Measures 69-76 show a melodic line with various intervals.

Chromatic Challenge

77 78 79 80 81 82 83

Musical staff 77-83: Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 77-83 show chromatic movement with accidentals.

84 85 86 87 88 89 90

Musical staff 84-90: Continuation of Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 84-90 show chromatic movement with accidentals.

Alto Saxophone

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10: Treble clef, 4/4 time. Measure 1: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). Measure 2: D5 (quarter), E5 (quarter), F5 (quarter), G5 (quarter). Measure 3: Rest. Measure 4: G5 (quarter), F5 (quarter), E5 (quarter), D5 (quarter). Measure 5: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). Measure 6: Rest. Measure 7: G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). Measure 8: C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter). Measure 9: Rest. Measure 10: G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter). Measure 11: G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter). Measure 12: Rest. Measure 13: G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter). Measure 14: C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter). Measure 15: Rest. Measure 16: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter). Measure 17: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter). Measure 18: Rest. Measure 19: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter). Measure 20: C2 (quarter), B1 (quarter), A1 (quarter), G1 (quarter). Measure 21: Rest.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in 4/4 time. Measure 22: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). Measure 23: D5 (quarter), E5 (quarter), F5 (quarter), G5 (quarter). Measure 24: Rest. Measure 25: G5 (quarter), F5 (quarter), E5 (quarter), D5 (quarter). Measure 26: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). Measure 27: Rest. Measure 28: G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). Measure 29: C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter). Measure 30: Rest. Measure 31: G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter). Measure 32: C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter). Measure 33: Rest.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in 4/4 time. Measure 34: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). Measure 35: D5 (quarter), E5 (quarter), F5 (quarter), G5 (quarter). Measure 36: Rest. Measure 37: G5 (quarter), F5 (quarter), E5 (quarter), D5 (quarter). Measure 38: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). Measure 39: Rest. Measure 40: G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). Measure 41: C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter). Measure 42: Rest.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in 4/4 time. Measure 43: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). Measure 44: D5 (quarter), E5 (quarter), F5 (quarter), G5 (quarter). Measure 45: Rest. Measure 46: G5 (quarter), F5 (quarter), E5 (quarter), D5 (quarter). Measure 47: C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). Measure 48: Rest. Measure 49: G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter). Measure 50: C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter). Measure 51: Rest. Measure 52: G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter). Measure 53: C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter).

Alto Saxophone

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Tenor Saxophone

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line. Measures 2-10 and 11-16 feature a sequence of quarter notes with slurs, while measures 17-21 feature a sequence of half notes with slurs. The key signature has one sharp (F#).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line. Measures 22-27 and 28-33 feature a sequence of quarter notes with slurs, while measures 24-26 and 31-32 feature a sequence of half notes with slurs. The key signature has one sharp (F#).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line. Measures 34-37 and 38-42 feature a sequence of quarter notes with slurs, while measures 35-36 and 41-42 feature a sequence of half notes with slurs. The key signature has one flat (Bb).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line. Measures 43-48 and 49-53 feature a sequence of quarter notes with slurs, while measures 44-46 and 51-52 feature a sequence of half notes with slurs. The key signature has one flat (Bb).

Tenor Saxophone

Articulation

54 55 56 57 58

59 60 61 62

Technique

63 64 65

66 67 68

Chorale

69 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line. Measures 2, 5, 8, and 10 contain quarter notes with slurs. Measures 3, 4, 6, 7, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21 contain whole rests. The exercise concludes with a double bar line at the end of measure 21.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line. Measures 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33 contain quarter notes with slurs. Measures 24, 27, and 30 contain whole rests. The exercise concludes with a double bar line at the end of measure 33.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line. Measures 34, 35, 36, 37, 38, 39, 40, 41, and 42 contain quarter notes with slurs. Measures 36, 39, and 42 contain whole rests. The exercise concludes with a double bar line at the end of measure 42.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line. Measures 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53 contain quarter notes with slurs. Measures 45, 48, and 51 contain whole rests. The exercise concludes with a double bar line at the end of measure 53.

Baritone Saxophone

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Trumpet

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16

17 18 19 20 21

Detailed description: This section contains three staves of music. The first staff (measures 2-10) is in 4/4 time and features a sequence of half notes with slurs and ties, including a sharp sign on the second measure. The second staff (measures 11-16) continues the sequence with slurs and ties. The third staff (measures 17-21) concludes the section with a final slur and tie.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains two staves of music. The first staff (measures 22-27) shows a sequence of eighth and quarter notes with slurs and ties, including a flat sign on measure 23. The second staff (measures 28-33) continues with slurs and ties.

Flexibility

34 35 36 37

38 39 40 41 42

Detailed description: This section contains two staves of music. The first staff (measures 34-37) features slurs and ties, with a double bar line and a key signature change to one flat indicated below measure 35. The second staff (measures 38-42) includes slurs and ties, with a '1 & 3' marking above measure 40 and a double bar line at the end.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains two staves of music. The first staff (measures 43-48) shows a sequence of eighth notes with slurs and ties. The second staff (measures 49-53) continues with slurs and ties.

Trumpet

54 **Articulation**

55 56 57

58 59 60 61 62

63 **Technique**

64 65

66 67 68

69 **Chorale**

70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Horn - Unison

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line. Measures 2, 5, 8, and 11 contain half notes with slurs. Measures 3, 4, 6, 7, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21 contain whole rests. The key signature has one sharp (F#).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line. Measures 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33 contain quarter notes with slurs. The key signature has one sharp (F#).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line. Measures 34, 35, 36, 37, 38, 39, 40, 41, and 42 contain quarter notes with slurs. The key signature has two flats (Bb, Eb).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line. Measures 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53 contain quarter notes with slurs. The key signature has two flats (Bb, Eb).

Horn - Unison

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Foundation Warm-Ups

Set #6

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18 19 20 21

Detailed description: This section contains two staves of music in 4/4 time. The first staff covers measures 2 through 10, and the second staff covers measures 11 through 21. The music consists of quarter notes and half notes, often beamed together in pairs. Measure numbers are printed above the notes.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains two staves of music in 4/4 time. The first staff covers measures 22 through 27, and the second staff covers measures 28 through 33. The music features long, sweeping slurs over multiple notes, indicating a stretching exercise. Measure numbers are printed above the notes.

Flexibility

34 35 36 37 38 39 40 41 42

Detailed description: This section contains one staff of music in 4/4 time, covering measures 34 through 42. The music consists of eighth notes and quarter notes, often beamed together in groups of four. Measure numbers are printed above the notes.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains two staves of music in 4/4 time. The first staff covers measures 43 through 48, and the second staff covers measures 49 through 53. The music features long, sweeping slurs over multiple notes, indicating an airflow study. Measure numbers are printed above the notes.

Horn - Comfortable Range

54 **Articulation**

55 56 57

58 59 60 61 62

63 **Technique**

64 65 66 67 68

69 **Chorale**

70 71 72 73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Foundation Warm-Ups

Trombone/Baritone/ Bassoon

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and features a series of half notes with slurs, some including accidentals (sharps and flats).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 22-23.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 34-35.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 43-44.

Trombone/Baritone/ Bassoon

54 **Articulation**

54 55 56 57

58 59 60 61 62

63 **Technique**

63 64 65

66 67 68

69 **Chorale**

69 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Tuba

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16

17 18 19 20 21

Detailed description: This section contains three staves of music in bass clef, 4/4 time. The first staff (measures 2-10) features a sequence of half notes with slurs: G2 (measure 2), F2 (measure 3), E2 (measure 4), D2 (measure 5), C2 (measure 6), B1 (measure 7), A1 (measure 8), G1 (measure 9), and F1 (measure 10). The second staff (measures 11-16) continues with half notes: E1 (measure 11), D1 (measure 12), C1 (measure 13), B0 (measure 14), A0 (measure 15), and G0 (measure 16). The third staff (measures 17-21) continues with half notes: F0 (measure 17), E0 (measure 18), D0 (measure 19), C0 (measure 20), and B0 (measure 21).

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 22-27) features eighth notes with slurs: Bb1 (22), Ab1 (23), Gb1 (24), F1 (25), E1 (26), and D1 (27). The second staff (measures 28-33) continues with eighth notes: C1 (28), Bb1 (29), Ab1 (30), Gb1 (31), F1 (32), and E1 (33).

Flexibility

34 35 36 37

38 39 40 41 42

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 34-37) features eighth notes with slurs: Bb1 (34), Ab1 (35), Gb1 (36), and F1 (37). The second staff (measures 38-42) features eighth notes with slurs: E1 (38), D1 (39), C1 (40), Bb1 (41), and Ab1 (42). Measure 40 includes a fingering '1 3' above the note.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 43-48) features eighth notes with slurs: Bb1 (43), Ab1 (44), Gb1 (45), F1 (46), E1 (47), and D1 (48). The second staff (measures 49-53) features eighth notes with slurs: C1 (49), Bb1 (50), Ab1 (51), Gb1 (52), and F1 (53).

Snare/Bass

Foundation Warm-Ups

Set #6

John McAllister

Steady Air 2 > 3 > 4 > > 5 > > 6 >

Musical notation for measures 1-6 of 'Steady Air'. The piece is in 4/4 time. The notation shows a steady eighth-note pattern on the snare and bass lines, with accents (>) over each note. The snare line has a consistent eighth-note rhythm, while the bass line has a similar pattern with some rests.

7 > > 8 > > 9 > 10 > 11 > 12 > 13 > >

Musical notation for measures 7-13. The pattern continues with eighth notes and accents. Measure 13 ends with a double bar line.

14 > > 15 > 16 > > 17 > >

Musical notation for measures 14-17. The pattern continues with eighth notes and accents. Measure 17 ends with a double bar line.

18 19 > > 20 > > 21 >

Musical notation for measures 18-21. Measure 18 is a whole rest. Measures 19-21 continue the eighth-note pattern with accents. Measure 21 ends with a double bar line.

Musical Stretching
22 > R R R R L L L L 23 > R R R R L L L L 24 > 25 > L L L L R R R R 26 > L L L L R R R R

Musical notation for measures 22-26 of 'Musical Stretching'. This section features a more complex rhythmic pattern with eighth notes and accents. Above the notes are letters 'R' and 'L' indicating right and left hand strokes. Measure 26 ends with a double bar line.

27 > L 28 > R R R R R R R R 29 > R R R R R R R R 30 > R

Musical notation for measures 27-30. Measure 27 starts with a left-hand stroke (L). Measures 28-30 continue with right-hand strokes (R) and accents. Measure 30 ends with a double bar line.

31 > L L L L L L L L 32 > L L L L L L L L 33 > L

Musical notation for measures 31-33. Measures 31-32 feature left-hand strokes (L) and accents. Measure 33 ends with a double bar line.

Flexibility

34 I R r L 35 I R r L I R 36 I R 37 r L I R 38 r L I R r L

39 r L 40 I R r L 41 I R r L I R 42 I R

Airflow Study

43 44 45 46 47

48 49 50

51 52 53

Articulation

54 55 56 57

58 59

60 61 62

63 **Technique**

63 64 65

66 67 68

69 **Chorale**

69 70 71 72

73 74 75 76

Chromatic Challenge *for extra practice on 16th note combinations, check out "Epic Sixteenths" on Youtube*

77 78 79 80

81 82 83 84

85 86 87

88 89 90

Mallets High

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-8: Quarter notes G4, A4, B4, C5. Measure 9: Rest. Measures 10-11: Quarter notes D5, E5. Measure 12: Rest. Measures 13-14: Quarter notes F5, G5. Measure 15: Rest. Measures 16-17: Quarter notes A5, B5. Measure 18: Rest. Measures 19-20: Quarter notes C6, B5. Measure 21: Quarter notes A5, G5.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in 4/4 time. Measures 22-23: Quarter notes B3, A3. Measure 24: Rest. Measures 25-26: Quarter notes G3, F3. Measure 27: Rest. Measures 28-29: Quarter notes E3, D3. Measure 30: Rest. Measures 31-32: Quarter notes C3, B2. Measure 33: Quarter notes A2, G2.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in 4/4 time. Measures 34-35: Quarter notes F3, E3. Measure 36: Rest. Measures 37-38: Quarter notes D3, C3. Measure 39: Rest. Measures 40-41: Quarter notes B2, A2. Measure 42: Rest.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in 4/4 time. Measures 43-44: Quarter notes G3, F3. Measure 45: Rest. Measures 46-47: Quarter notes E3, D3. Measure 48: Rest. Measures 49-50: Quarter notes C3, B2. Measure 51: Rest. Measures 52-53: Quarter notes A2, G2.

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65 66 67 68

69 **Chorale** 70 71 72 73 74 75 76

Chromatic Challenge 77 78 79 80 81 82 83

84 85 86 87 88 89 90

Mallets Low

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' section, measures 2 through 21. The music is written on a single treble clef staff in 4/4 time. It consists of a continuous sequence of eighth notes, with some rests and a key signature change to one flat (B-flat) at measure 13. The notes are: 2: C4, D4, E4, F4, G4, A4, B4, C5; 3: C5, B4, A4, G4, F4, E4, D4, C4; 4: C4, D4, E4, F4, G4, A4, B4, C5; 5: C5, B4, A4, G4, F4, E4, D4, C4; 6: C4, D4, E4, F4, G4, A4, B4, C5; 7: C5, B4, A4, G4, F4, E4, D4, C4; 8: C4, D4, E4, F4, G4, A4, B4, C5; 9: C5, B4, A4, G4, F4, E4, D4, C4; 10: C4, D4, E4, F4, G4, A4, B4, C5; 11: C5, B4, A4, G4, F4, E4, D4, C4; 12: C4, D4, E4, F4, G4, A4, B4, C5; 13: C4, D4, E4, F4, G4, A4, B4, C5; 14: C4, D4, E4, F4, G4, A4, B4, C5; 15: C4, D4, E4, F4, G4, A4, B4, C5; 16: C4, D4, E4, F4, G4, A4, B4, C5; 17: C4, D4, E4, F4, G4, A4, B4, C5; 18: C4, D4, E4, F4, G4, A4, B4, C5; 19: C4, D4, E4, F4, G4, A4, B4, C5; 20: C4, D4, E4, F4, G4, A4, B4, C5; 21: C4, D4, E4, F4, G4, A4, B4, C5.

Musical Stretching

Musical notation for the 'Musical Stretching' section, measures 22 through 33. The music is written on a single treble clef staff in 4/4 time. It consists of a sequence of eighth notes, with some rests and a key signature change to one flat (B-flat) at measure 23. The notes are: 22: C4, D4, E4, F4, G4, A4, B4, C5; 23: C5, B4, A4, G4, F4, E4, D4, C4; 24: C4, D4, E4, F4, G4, A4, B4, C5; 25: C5, B4, A4, G4, F4, E4, D4, C4; 26: C4, D4, E4, F4, G4, A4, B4, C5; 27: C5, B4, A4, G4, F4, E4, D4, C4; 28: C4, D4, E4, F4, G4, A4, B4, C5; 29: C5, B4, A4, G4, F4, E4, D4, C4; 30: C4, D4, E4, F4, G4, A4, B4, C5; 31: C5, B4, A4, G4, F4, E4, D4, C4; 32: C4, D4, E4, F4, G4, A4, B4, C5; 33: C5, B4, A4, G4, F4, E4, D4, C4.

Flexibility

Musical notation for the 'Flexibility' section, measures 34 through 42. The music is written on a single treble clef staff in 4/4 time. It consists of a sequence of eighth notes, with some rests and a key signature change to one flat (B-flat) at measure 35. The notes are: 34: C4, D4, E4, F4, G4, A4, B4, C5; 35: C5, B4, A4, G4, F4, E4, D4, C4; 36: C4, D4, E4, F4, G4, A4, B4, C5; 37: C5, B4, A4, G4, F4, E4, D4, C4; 38: C4, D4, E4, F4, G4, A4, B4, C5; 39: C5, B4, A4, G4, F4, E4, D4, C4; 40: C4, D4, E4, F4, G4, A4, B4, C5; 41: C5, B4, A4, G4, F4, E4, D4, C4; 42: C4, D4, E4, F4, G4, A4, B4, C5.

Airflow Study

Musical notation for the 'Airflow Study' section, measures 43 through 53. The music is written on a single treble clef staff in 4/4 time. It consists of a sequence of eighth notes, with some rests and a key signature change to one flat (B-flat) at measure 44. The notes are: 43: C4, D4, E4, F4, G4, A4, B4, C5; 44: C5, B4, A4, G4, F4, E4, D4, C4; 45: C4, D4, E4, F4, G4, A4, B4, C5; 46: C5, B4, A4, G4, F4, E4, D4, C4; 47: C4, D4, E4, F4, G4, A4, B4, C5; 48: C5, B4, A4, G4, F4, E4, D4, C4; 49: C4, D4, E4, F4, G4, A4, B4, C5; 50: C5, B4, A4, G4, F4, E4, D4, C4; 51: C4, D4, E4, F4, G4, A4, B4, C5; 52: C5, B4, A4, G4, F4, E4, D4, C4; 53: C4, D4, E4, F4, G4, A4, B4, C5.

54 **Articulation** 55 56 57

Musical staff 54-57: Articulation exercise. Treble clef, key signature of one flat. Measures 54-57 show eighth-note patterns with slurs and accents.

58 59 60 61 62

Musical staff 58-62: Continuation of articulation exercise. Treble clef, key signature of one flat. Measures 58-62 show eighth-note patterns with slurs and accents.

63 **Technique** 64 65 66 67 68

Musical staff 63-68: Technique exercise. Treble clef, key signature of one flat. Measures 63-68 show eighth-note patterns with slurs and accents.

69 **Chorale** 70 71 72 73 74 75 76

Musical staff 69-76: Chorale exercise. Treble clef, key signature of one flat. Measures 69-76 show a melodic line with various intervals.

Chromatic Challenge 77 78 79 80 81 82 83

Musical staff 77-83: Chromatic Challenge exercise. Treble clef, key signature of one flat. Measures 77-83 show a chromatic scale.

84 85 86 87 88 89 90

Musical staff 84-90: Continuation of chromatic challenge exercise. Treble clef, key signature of one flat. Measures 84-90 show a chromatic scale.