

Foundation Warm-Ups

Set #6

John McAllister

Steady Air 2 3 4 5 6 7 8

The score is for a piece titled "Steady Air" in 4/4 time, consisting of 8 measures. The instruments and their parts are as follows:

- Flute:** Measures 1, 4, 7. Notes: G4 (measures 1, 4, 7), A4 (measures 2, 5, 8).
- Oboe:** Measures 1, 4, 7. Notes: G4 (measures 1, 4, 7), A4 (measures 2, 5, 8).
- Clarinet:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Bass Clarinet in Bb:** Measures 1, 4, 7. Notes: F4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Alto Saxophone:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Tenor Saxophone:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Baritone Saxophone:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Trumpet:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Horn - Unison:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Horn - Comfortable Range:** Measures 1, 4, 7. Notes: F#4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Trombone/Baritone/Bassoon:** Measures 1, 4, 7. Notes: F4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Tuba:** Measures 1, 4, 7. Notes: F4 (measures 1, 4, 7), G4 (measures 2, 5, 8).
- Snare/Bass:** Measures 1-8. Rhythmic pattern: quarter notes on 1 and 3, eighth notes on 2 and 4.
- Mallets High:** Measures 1-8. Rhythmic pattern: quarter notes on 1 and 3, eighth notes on 2 and 4.
- Mallets Low:** Measures 1-8. Rhythmic pattern: quarter notes on 1 and 3, eighth notes on 2 and 4.

This musical score page covers measures 9 through 14. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Oboe (Ob.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Clarinet (Cl.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Bass Clarinet (B. Cl.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Alto Saxophone (Alto Sax.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Tenor Saxophone (Ten. Sax.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Bari Saxophone (Bari Sax.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Trumpet (Tpt.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Horn 1 (Hn. 1):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Horn 2 (Hn. 2):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Trumpet/Bass Trombone (Tbn. Btn.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Tuba (Tba.):** Measures 9, 10, and 11 contain a melodic line with a slur. Measures 12 and 13 are rests. Measure 14 contains a melodic line with a slur.
- Percussion (Perc.):** Features a rhythmic pattern of eighth notes with accents (v) throughout measures 9-14.
- Mallets High (M (high)):** Features a rhythmic pattern of eighth notes throughout measures 9-14.
- Mallets Low (M (low)):** Features a rhythmic pattern of eighth notes throughout measures 9-14.

15 16 17 18 19 20 21

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.
Bbn.

Tba.

Perc.

M (high)

M (low)

22 Musical Stretching 23 24 25 26 27

This musical score, titled "Musical Stretching", is arranged for a large ensemble. It features the following parts:

- Flute (Fl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Oboe (Ob.):** Melodic line with slurs across measures 22-23 and 25-26.
- Clarinet (Cl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Bass Clarinet (B. Cl.):** Melodic line with slurs across measures 22-23 and 25-26.
- Alto Saxophone (Alto Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Tenor Saxophone (Ten. Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Bass Saxophone (Bari. Sax.):** Melodic line with slurs across measures 22-23 and 25-26.
- Trumpet (Tpt.):** Melodic line with slurs across measures 22-23 and 25-26.
- Horn 1 (Hn. 1):** Melodic line with slurs across measures 22-23 and 25-26.
- Horn 2 (Hn. 2):** Melodic line with slurs across measures 22-23 and 25-26.
- Trumpet/Bass Trombone (Tbn. Btn.):** Melodic line with slurs across measures 22-23 and 25-26.
- Tuba (Tba.):** Melodic line with slurs across measures 22-23 and 25-26.
- Percussion (Perc.):** Rhythmic accompaniment with patterns of eighth notes and rests, marked with accents (>) and dynamics (R, L).
- Mallets (M):** Two staves for high and low mallets, providing harmonic support with quarter notes.

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Flexibility

Musical score for Flexibility, measures 34-42. The score includes parts for Fl., Ob., Cl., B. Cl., Alto Sax., Ten. Sax., Bari. Sax., Tpt., Hn. 1, Hn. 2, Tbn. Btn., Tba., Perc., M (high), and M (low). The key signature is one flat (Bb). The score features various musical notations including slurs, accents, and dynamic markings. Percussion includes a pattern of eighth notes with accents and rests, marked with 'IR' and 'rL'. Brass parts include slurs and accents, with some notes marked with '1 & 3' or '1 3'. The woodwind parts feature slurs and accents. The string parts (M high and M low) play a simple harmonic accompaniment.

Airflow Study

This musical score, titled "Airflow Study", is for a full orchestra and includes parts for the following instruments: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Bari Saxophone (Bari Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), Mellophone (high) (M (high)), and Mellophone (low) (M (low)). The score is divided into measures 43 through 48. Measures 43-45 feature a melodic line in the woodwinds and brass, primarily consisting of quarter notes and half notes, with a large slur spanning across these measures. Measures 46-48 continue this melodic line, with some notes marked with a flat (b). The percussion part (Perc.) provides a rhythmic accompaniment with a pattern of eighth and sixteenth notes, often marked with an accent (z). The mellophone parts (M (high) and M (low)) play a simple harmonic accompaniment of quarter notes.

49 50 51 52 53

Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn. 1
Hn. 2
Tbn. Btn.
Tba.
Perc.
M (high)
M (low)

Detailed description: This page of a musical score covers measures 49 to 53. It features a woodwind and brass ensemble. The woodwinds include Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Bari. Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), and Tuba (Tba.). The percussion (Perc.) is shown with a drum set. The music is in a key with one flat (B-flat major or D minor) and a common time signature. Measures 49-50 show the initial entry of the woodwinds and brass. Measures 51-53 continue the melodic lines, with various instruments playing sustained notes and some featuring slurs. The percussion part consists of a steady rhythmic pattern of eighth and sixteenth notes.

Articulation

54 55 56 57 58

Fl.

Ob.

Cl.

B. Cl.
Bass Clarinet in Bb

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This is a page of a musical score for a woodwind and brass ensemble, covering measures 54 through 58. The score is titled "Articulation". It features 15 staves, each representing a different instrument. The instruments are: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet in Bb (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), M (high), and M (low). The music is written in a common time signature (C) and a key signature of one flat (Bb). The notation includes various rhythmic patterns, such as eighth and sixteenth notes, and rests. The percussion part features a consistent rhythmic pattern of eighth notes. The M (high) and M (low) parts have a similar rhythmic pattern. The overall texture is dense and rhythmic.

This musical score page contains measures 59 through 62 for a jazz ensemble. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 59-60 play a melodic line with eighth notes. Measure 61 continues with eighth notes, and measure 62 has a whole rest.
- Oboe (Ob.):** Similar to the flute, playing eighth notes in measures 59-61 and a whole rest in measure 62.
- Clarinet (Cl.):** Plays a steady eighth-note accompaniment throughout measures 59-62.
- Bass Clarinet (B. Cl.):** Similar to the clarinet, playing a steady eighth-note accompaniment.
- Alto Saxophone (Alto Sax.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Tenor Saxophone (Ten. Sax.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Bass Saxophone (Bari. Sax.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Trumpet (Tpt.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Horn 1 (Hn. 1):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Horn 2 (Hn. 2):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Trumpet/Bass Trombone (Tbn. Btn.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Tuba (Tba.):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Percussion (Perc.):** Plays a consistent eighth-note rhythmic pattern throughout all four measures.
- Musical Instrument (M) (high):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.
- Musical Instrument (M) (low):** Plays eighth notes in measures 59-61 and a whole rest in measure 62.

Measures 59, 60, 61, and 62 are clearly marked at the top of the page. The score is written in a key signature of one flat (B-flat) and a common time signature (C).

Technique

This musical score is for a jazz ensemble, covering measures 63 to 68. The ensemble includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Bbn.), Tuba (Tba.), Percussion (Perc.), and two Mellophone parts (M (high) and M (low)). The score is written in a key signature of one flat (B-flat major or D minor) and a common time signature. The music is characterized by a steady eighth-note accompaniment in the lower instruments and more melodic lines in the upper instruments. Measure 67 features a prominent B-flat in the upper woodwinds and brass sections. The percussion part provides a consistent rhythmic pattern throughout the measures.

Chorale

69 70 71 72

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score, numbered 12, contains measures 69 through 72 of a piece titled 'Chorale'. The score is arranged in a standard orchestral layout with multiple staves. The instruments listed on the left are Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), Tuba (Tba.), Percussion (Perc.), Mellophone high (M (high)), and Mellophone low (M (low)). The key signature is one flat (B-flat), and the time signature is 4/4. The music is primarily composed of quarter and eighth notes, with some rests. The percussion part features a consistent rhythmic pattern of eighth notes with accents. The mellophone parts play a simple harmonic accompaniment. The woodwind and brass parts have more varied melodic lines, including some chromatic movement and accidentals like sharps and naturals.

This musical score page covers measures 73 through 76. The instruments and their parts are as follows:

- Flute (Fl.):** Treble clef, key signature of two flats. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Oboe (Ob.):** Treble clef, key signature of two flats. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Clarinet (Cl.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Bass Clarinet (B. Cl.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Alto Saxophone (Alto Sax.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Tenor Saxophone (Ten. Sax.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Bass Saxophone (Bari. Sax.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Trumpet (Tpt.):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Horn 1 (Hn. 1):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Horn 2 (Hn. 2):** Treble clef. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Trumpet/Bass Trombone (Tbn. Btn.):** Bass clef. Measures 73-74: quarter note G3, quarter note F3. Measures 75-76: quarter note G3, quarter note F3, quarter note E3, quarter note D3.
- Tuba (Tba.):** Bass clef. Measures 73-74: quarter note G3, quarter note F3. Measures 75-76: quarter note G3, quarter note F3, quarter note E3, quarter note D3.
- Percussion (Perc.):** Percussion clef. Measures 73-74: eighth-note triplet pattern. Measures 75-76: eighth-note triplet pattern.
- Musical Instrument (M (high)):** Treble clef, key signature of two flats. Measures 73-74: quarter rest, quarter note G4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.
- Musical Instrument (M (low)):** Treble clef, key signature of two flats. Measures 73-74: quarter note G4, quarter note F4. Measures 75-76: quarter note G4, quarter note F4, quarter note E4, quarter note D4.

Chromatic Challenge

77 78 79 80 81 82

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. Btn.

Tba.

Perc.

M (high)

M (low)

for extra practice on 16th note combinations, check out "Epic Sixteenths" on Youtube

83 84 85 86

Fl. *mf*

Ob. *mf*

Cl. *mf*

B. Cl. *mf*

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn. *mf*
Bbn.

Tba.

Perc.

M (high) *mf*

M (low) *mf*

Detailed description: This page of a musical score covers measures 83 to 86. The woodwind section includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Baritone Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Bass Trombone (Bbn.), and Tuba (Tba.). The percussion (Perc.) part features a complex rhythmic pattern with eighth and sixteenth notes. The string section consists of Violin (M (high)) and Viola (M (low)). The score is written in a key with one flat (B-flat) and a common time signature. Measure numbers 83, 84, 85, and 86 are indicated above the first four staves. Dynamics such as *mf* (mezzo-forte) are present for several instruments.

Musical score for measures 87-90. The score is divided into four systems. The first system includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), and Bass Clarinet (B. Cl.). The second system includes Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Bari. Saxophone (Bari. Sax.). The third system includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn. Btn.), and Tuba (Tba.). The fourth system includes Percussion (Perc.), Male Voice (high) (M (high)), and Male Voice (low) (M (low)).

Measures 87-90 are marked with measure numbers 87, 88, 89, and 90. The key signature is B-flat major (two flats). The time signature is 4/4. The percussion part features a complex rhythmic pattern with eighth and sixteenth notes, including rests and accents.

Flute

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10 are in C major, and measures 11-21 are in B-flat major. The exercise consists of a series of half notes, each with a slur above it, and rests. The notes are: 1 (C4), 2 (D4), 3 (rest), 4 (E4), 5 (F#4), 6 (rest), 7 (G4), 8 (A4), 9 (rest), 10 (B4), 11 (Bb4), 12 (rest), 13 (C5), 14 (B4), 15 (rest), 16 (A4), 17 (Ab4), 18 (rest), 19 (G4), 20 (F4), 21 (E4).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in B-flat major. Measures 22-33 feature a series of half notes with slurs, moving through the scale. The notes are: 22 (Bb4), 23 (A4), 24 (G4), 25 (F4), 26 (E4), 27 (D4), 28 (C4), 29 (Bb4), 30 (A4), 31 (G4), 32 (F4), 33 (E4).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in B-flat major. Measures 34-42 feature a series of half notes with slurs, moving through the scale. The notes are: 34 (Bb4), 35 (A4), 36 (G4), 37 (F4), 38 (E4), 39 (D4), 40 (C4), 41 (Bb4), 42 (A4).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in B-flat major. Measures 43-53 feature a series of half notes with slurs, moving through the scale. The notes are: 43 (Bb4), 44 (A4), 45 (G4), 46 (F4), 47 (E4), 48 (D4), 49 (C4), 50 (Bb4), 51 (A4), 52 (G4), 53 (F4).

Flute

54 **Articulation**

55 56 57

58 59 60 61 62

63 **Technique**

64 65

66 67 68

69 **Chorale**

70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Oboe

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10 are in C major, and measures 11-21 are in B-flat major. The exercise consists of a series of half notes, each with a slur above it, and rests. The notes are: 1 (C4), 2 (D4), 3 (rest), 4 (E4), 5 (F#4), 6 (rest), 7 (G4), 8 (A4), 9 (rest), 10 (B4), 11 (Bb4), 12 (rest), 13 (Cb5), 14 (Bb4), 15 (rest), 16 (Bb4), 17 (Bb4), 18 (rest), 19 (Cb5), 20 (Bb4), 21 (Bb4).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in B-flat major. Measures 22-33 feature a series of half notes with slurs, and rests. The notes are: 22 (Bb4), 23 (Cb5), 24 (Bb4), 25 (Bb4), 26 (Cb5), 27 (Bb4), 28 (Bb4), 29 (Cb5), 30 (Bb4), 31 (Bb4), 32 (Cb5), 33 (Bb4).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in B-flat major. Measures 34-42 feature a series of half notes with slurs, and rests. The notes are: 34 (Bb4), 35 (Cb5), 36 (Bb4), 37 (Bb4), 38 (Bb4), 39 (Cb5), 40 (Bb4), 41 (Bb4), 42 (Cb5).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in B-flat major. Measures 43-53 feature a series of half notes with slurs, and rests. The notes are: 43 (Bb4), 44 (Cb5), 45 (Bb4), 46 (Bb4), 47 (Cb5), 48 (Bb4), 49 (Bb4), 50 (Cb5), 51 (Bb4), 52 (Bb4), 53 (Cb5).

Oboe

Articulation

54 55 56 57

58 59 60 61 62

Technique

63 64 65

66 67 68

Chorale

69 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Clarinet

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes with slurs and rests, designed to maintain a steady air stream. The notes are: 2 (D4), 3 (E4), 4 (F4), 5 (G4), 6 (A4), 7 (B4), 8 (C5), 9 (B4), 10 (A4), 11 (G4), 12 (F4), 13 (E4), 14 (D4), 15 (C4), 16 (B3), 17 (A3), 18 (G3), 19 (F3), 20 (E3), 21 (D3).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes with slurs and rests, designed to stretch the instrument's range. The notes are: 22 (D4), 23 (E4), 24 (F4), 25 (G4), 26 (A4), 27 (B4), 28 (C5), 29 (B4), 30 (A4), 31 (G4), 32 (F4), 33 (E4).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes with slurs and rests, designed to improve flexibility. The notes are: 34 (D4), 35 (E4), 36 (F4), 37 (G4), 38 (A4), 39 (B4), 40 (C5), 41 (B4), 42 (A4).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of notes with slurs and rests, designed to study airflow. The notes are: 43 (D4), 44 (E4), 45 (F4), 46 (G4), 47 (A4), 48 (B4), 49 (C5), 50 (B4), 51 (A4), 52 (G4), 53 (F4).

Clarinet

54 **Articulation**

55 56 57

58 59 60 61 62

63 **Technique**

64 65

66 67 68

69 **Chorale**

70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

54 **Articulation** 55 56 57

Musical staff 54-57: Articulation exercise. Treble clef, 4/4 time. Measures 54-57 show eighth-note patterns with accents and slurs.

58 59 60 61 62

Musical staff 58-62: Continuation of articulation exercise. Treble clef, 4/4 time. Measures 58-62 show eighth-note patterns with accents and slurs.

63 **Technique** 64 65 66 67 68

Musical staff 63-68: Technique exercise. Treble clef, 4/4 time. Measures 63-68 show eighth-note patterns with slurs and accents.

69 **Chorale** 70 71 72 73 74 75 76

Musical staff 69-76: Chorale exercise. Treble clef, 4/4 time. Measures 69-76 show a melodic line with various intervals.

Chromatic Challenge

77 78 79 80 81 82 83

Musical staff 77-83: Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 77-83 show a chromatic scale with accidentals.

84 85 86 87 88 89 90

Musical staff 84-90: Continuation of Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 84-90 show a chromatic scale with accidentals.

Alto Saxophone

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-10: Treble clef, 4/4 time. Notes: 1 (D4), 2 (E4), 3 (F4), 4 (G4), 5 (A4), 6 (B4), 7 (C5), 8 (B4), 9 (A4), 10 (G4). Measures 11-16: Treble clef, 4/4 time. Notes: 11 (D4), 12 (D4), 13 (E4), 14 (F4), 15 (G4), 16 (A4). Measures 17-21: Treble clef, 4/4 time. Notes: 17 (D4), 18 (D4), 19 (E4), 20 (F4), 21 (G4).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in 4/4 time. Measures 22-27: Treble clef, 4/4 time. Notes: 22 (D4), 23 (E4), 24 (F4), 25 (G4), 26 (A4), 27 (B4). Measures 28-33: Treble clef, 4/4 time. Notes: 28 (D4), 29 (E4), 30 (F4), 31 (G4), 32 (A4), 33 (B4).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in 4/4 time. Measures 34-37: Treble clef, 4/4 time. Notes: 34 (D4), 35 (E4), 36 (F4), 37 (G4). Measures 38-42: Treble clef, 4/4 time. Notes: 38 (D4), 39 (E4), 40 (F4), 41 (G4), 42 (A4).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in 4/4 time. Measures 43-48: Treble clef, 4/4 time. Notes: 43 (D4), 44 (E4), 45 (F4), 46 (G4), 47 (A4), 48 (B4). Measures 49-53: Treble clef, 4/4 time. Notes: 49 (D4), 50 (E4), 51 (F4), 52 (G4), 53 (A4).

Alto Saxophone

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Tenor Saxophone

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line. Measures 2, 5, 8, and 11 feature a half note with a sharp sign. Measures 3, 4, 6, 7, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21 contain rests. The exercise concludes with a double bar line at the end of measure 21.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line. Measures 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33 contain notes, with some notes beamed together. Measures 24, 27, 30, and 33 contain rests. The exercise concludes with a double bar line at the end of measure 33.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line. Measures 34, 35, 36, 37, 38, 39, 40, 41, and 42 contain notes, with some notes beamed together. Measures 35, 36, 39, and 42 contain rests. The exercise concludes with a double bar line at the end of measure 42.

Airflow Study

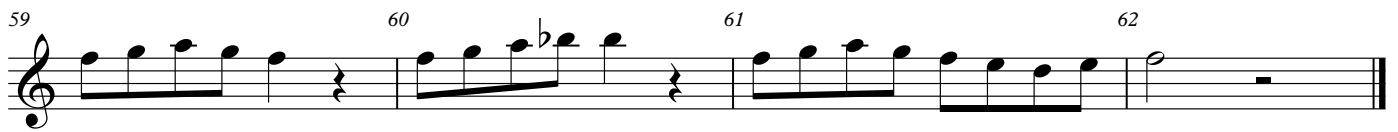
Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line. Measures 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53 contain notes, with some notes beamed together. Measures 45, 48, 51, and 53 contain rests. The exercise concludes with a double bar line at the end of measure 53.

Tenor Saxophone

54 **Articulation** 55 56 57 58



59 60 61 62



63 **Technique** 64 65



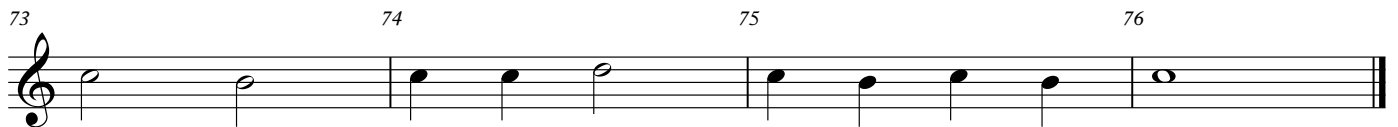
66 67 68



69 **Chorale** 70 71 72



73 74 75 76



Chromatic Challenge 77 78 79 80 81 82 83



84 85 86 87 88 89 90



Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of quarter notes with slurs, including some notes with sharps (F# and C#). Measures 2, 5, 8, and 10 contain quarter notes with sharps. Measures 3, 4, 6, 7, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21 contain quarter notes without sharps. The exercise concludes with a double bar line at the end of measure 21.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of quarter notes with slurs, including some notes with sharps (F# and C#). Measures 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33 contain quarter notes with various slurs and accidentals. The exercise concludes with a double bar line at the end of measure 33.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of quarter notes with slurs, including some notes with sharps (F# and C#). Measures 34, 35, 36, 37, 38, 39, 40, 41, and 42 contain quarter notes with various slurs and accidentals. The exercise concludes with a double bar line at the end of measure 42.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line on a treble clef staff. It features a sequence of quarter notes with slurs, including some notes with sharps (F# and C#). Measures 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53 contain quarter notes with various slurs and accidentals. The exercise concludes with a double bar line at the end of measure 53.

Baritone Saxophone

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Trumpet

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16

17 18 19 20 21

Detailed description: This section consists of three staves of music in 4/4 time. The first staff contains measures 2 through 10, featuring a sequence of half notes with slurs and rests. The second staff contains measures 11 through 16, continuing the sequence with slurs and rests. The third staff contains measures 17 through 21, concluding the section with slurs and rests.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section consists of two staves of music in 4/4 time. The first staff contains measures 22 through 27, featuring eighth and quarter notes with slurs. The second staff contains measures 28 through 33, continuing the sequence with slurs and rests.

Flexibility

34 35 36 37

38 39 40 41 42

Detailed description: This section consists of two staves of music in 4/4 time. The first staff contains measures 34 through 37, featuring eighth and quarter notes with slurs and rests. The second staff contains measures 38 through 42, continuing the sequence with slurs and rests.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section consists of two staves of music in 4/4 time. The first staff contains measures 43 through 48, featuring eighth and quarter notes with slurs and rests. The second staff contains measures 49 through 53, continuing the sequence with slurs and rests.

Trumpet

Articulation

54 55 56 57

58 59 60 61 62

Technique

63 64 65

66 67 68

Chorale

69 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Horn - Unison

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and consists of a single melodic line. Measures 2, 5, 8, and 11 contain half notes with slurs. Measures 3, 4, 6, 7, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, and 21 contain whole rests. The key signature has one sharp (F#).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and consists of a single melodic line. Measures 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, and 33 contain quarter notes with slurs. The key signature has one sharp (F#).

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and consists of a single melodic line. Measures 34, 35, 36, 37, 38, 39, 40, 41, and 42 contain quarter notes with slurs. The key signature has two flats (Bb, Eb).

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and consists of a single melodic line. Measures 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, and 53 contain quarter notes with slurs. The key signature has two flats (Bb, Eb).

Horn - Unison

54 **Articulation** 55 56 57

58 59 60 61 62

63 **Technique** 64 65

66 67 68

69 **Chorale** 70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Foundation Warm-Ups

Set #6

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18 19 20 21

Detailed description: This section contains two staves of music. The first staff covers measures 2 through 10, and the second staff covers measures 11 through 21. The music is written in 4/4 time and features a sequence of eighth notes with various accidentals (sharps and naturals) and rests. Slurs are used to group notes across measures.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains two staves of music. The first staff covers measures 22 through 27, and the second staff covers measures 28 through 33. The music is written in 4/4 time and features a sequence of eighth notes with various accidentals (flats and naturals). Slurs are used to group notes across measures.

Flexibility

34 35 36 37 38 39 40 41 42

Detailed description: This section contains one staff of music covering measures 34 through 42. The music is written in 4/4 time and features a sequence of eighth notes with various accidentals (flats and naturals). Slurs are used to group notes across measures.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains two staves of music. The first staff covers measures 43 through 48, and the second staff covers measures 49 through 53. The music is written in 4/4 time and features a sequence of eighth notes with various accidentals (flats and naturals). Slurs are used to group notes across measures.

Horn - Comfortable Range

54 **Articulation** 55 56 57

Musical staff 54-57: Articulation exercise. Treble clef, 4/4 time. Measures 54-57 show eighth-note patterns with accents and slurs.

58 59 60 61 62

Musical staff 58-62: Continuation of articulation exercise. Treble clef, 4/4 time. Measures 58-62 show eighth-note patterns with accents and slurs.

63 **Technique** 64 65 66 67 68

Musical staff 63-68: Technique exercise. Treble clef, 4/4 time. Measures 63-68 show eighth-note patterns with slurs and accents.

69 **Chorale** 70 71 72 73 74 75 76

Musical staff 69-76: Chorale exercise. Treble clef, 4/4 time. Measures 69-76 show a slow, steady eighth-note pattern.

Chromatic Challenge

77 78 79 80 81 82 83

Musical staff 77-83: Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 77-83 show a chromatic scale.

84 85 86 87 88 89 90

Musical staff 84-90: Continuation of Chromatic Challenge exercise. Treble clef, 4/4 time. Measures 84-90 show a chromatic scale.

Foundation Warm-Ups

Trombone/Baritone/ Bassoon

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 2 through 21. The exercise is in 4/4 time and features a series of half notes with slurs, some including accidentals (sharps and flats).

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 22-23.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 34-35.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The exercise is in 4/4 time and features a series of half notes with slurs, including a chromatic scale in measures 43-44.

Trombone/Baritone/ Bassoon

54 **Articulation**

55 56 57

58 59 60 61 62

63 **Technique**

64 65

66 67 68

69 **Chorale**

70 71 72

73 74 75 76

Chromatic Challenge

77 78 79 80 81 82 83

84 85 86 87 88 89 90

Tuba

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16

17 18 19 20 21

Detailed description: This section contains three staves of music in bass clef, 4/4 time. The first staff (measures 2-10) features a sequence of half notes: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1. The second staff (measures 11-16) continues with half notes: D1, C1, B0, A0, G0, F0, E0, D0, C0, B-1. The third staff (measures 17-21) continues with half notes: A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1. Slurs are used to group the notes in each measure.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 22-27) features a sequence of quarter notes: B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1. The second staff (measures 28-33) continues with quarter notes: G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1. Slurs are used to group the notes in each measure.

Flexibility

34 35 36 37

38 39 40 41 42

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 34-37) features a sequence of quarter notes: B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1. The second staff (measures 38-42) continues with quarter notes: G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1. Slurs are used to group the notes in each measure.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains two staves of music in bass clef, 4/4 time. The first staff (measures 43-48) features a sequence of quarter notes: B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1. The second staff (measures 49-53) continues with quarter notes: G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1, E-1, D-1, C-1, B-1, A-1, G-1, F-1. Slurs are used to group the notes in each measure.

Tuba

54 **Articulation**

55

56

57

Musical staff for measures 54-57. The staff is in bass clef with a key signature of one flat. Measure 54 contains a quarter rest followed by a quarter note G2. Measure 55 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 56 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 57 contains a quarter note A1, a quarter note G1, and a quarter note F1.

58

59

60

61

62

Musical staff for measures 58-62. Measure 58 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 59 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 60 contains a quarter note A1, a quarter note G1, and a quarter note F1. Measure 61 contains a quarter note E2, a quarter note D2, and a quarter note C2. Measure 62 contains a quarter note B1, a quarter note A1, and a quarter note G1.

63 **Technique**

64

65

Musical staff for measures 63-65. Measure 63 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 64 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 65 contains a quarter note A1, a quarter note G1, and a quarter note F1.

66

67

68

Musical staff for measures 66-68. Measure 66 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 67 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 68 contains a quarter note A1, a quarter note G1, and a quarter note F1.

69 **Chorale**

70

71

72

Musical staff for measures 69-72. Measure 69 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 70 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 71 contains a quarter note A1, a quarter note G1, and a quarter note F1. Measure 72 contains a quarter note E2, a quarter note D2, and a quarter note C2.

73

74

75

76

Musical staff for measures 73-76. Measure 73 contains a quarter note B1, a quarter note A1, and a quarter note G1. Measure 74 contains a quarter note F1, a quarter note E1, and a quarter note D1. Measure 75 contains a quarter note C1, a quarter note B0, and a quarter note A0. Measure 76 contains a quarter note G0, a quarter note F0, and a quarter note E0.

Chromatic Challenge

77

78

79

80

81

82

83

Musical staff for measures 77-83. Measure 77 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 78 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 79 contains a quarter note A1, a quarter note G1, and a quarter note F1. Measure 80 contains a quarter note E2, a quarter note D2, and a quarter note C2. Measure 81 contains a quarter note B1, a quarter note A1, and a quarter note G1. Measure 82 contains a quarter note F1, a quarter note E1, and a quarter note D1. Measure 83 contains a quarter note C1, a quarter note B0, and a quarter note A0.

84

85

86

87

88

89

90

Musical staff for measures 84-90. Measure 84 contains a quarter note G2, a quarter note F2, and a quarter note E2. Measure 85 contains a quarter note D2, a quarter note C2, and a quarter note B1. Measure 86 contains a quarter note A1, a quarter note G1, and a quarter note F1. Measure 87 contains a quarter note E2, a quarter note D2, and a quarter note C2. Measure 88 contains a quarter note B1, a quarter note A1, and a quarter note G1. Measure 89 contains a quarter note F1, a quarter note E1, and a quarter note D1. Measure 90 contains a quarter note C1, a quarter note B0, and a quarter note A0.

Snare/Bass

Foundation Warm-Ups

Set #6

John McAllister

Steady Air 2 > 3 > 4 > > 5 > > 6 >

Musical notation for measures 1-6. The piece is in 4/4 time. The notation shows a steady eighth-note pattern on the snare and bass lines. Measure 1 starts with a snare drum on the first beat. Measures 2-6 continue the pattern with alternating snare and bass notes.

7 > > 8 > > 9 > 10 > 11 > 12 > 13 > >

Musical notation for measures 7-13. The pattern continues with eighth notes. Measure 7 has a snare drum on the first beat. Measures 8-13 continue the alternating snare and bass eighth-note pattern.

14 > > 15 > 16 > > 17 > >

Musical notation for measures 14-17. The pattern continues with eighth notes. Measure 14 has a snare drum on the first beat. Measures 15-17 continue the alternating snare and bass eighth-note pattern.

18 19 > > 20 > > 21 >

Musical notation for measures 18-21. Measure 18 is a whole rest. Measure 19 has a snare drum on the first beat. Measures 20-21 continue the alternating snare and bass eighth-note pattern.

Musical Stretching
22 > R R R R L L L L 23 > R R R R L L L L 24 > 25 > L L L L R R R R 26 > L L L L R R R R

Musical notation for measures 22-26. This section is a musical stretching exercise. Measure 22 has a snare drum on the first beat. Measures 22-26 feature a continuous eighth-note pattern with alternating snare and bass notes, as indicated by the 'R' and 'L' markings above the notes.

27 > L 28 > R R R R R R R R 29 > R R R R R R R R 30 > R

Musical notation for measures 27-30. Measure 27 has a snare drum on the first beat. Measures 28-30 continue the eighth-note pattern with alternating snare and bass notes, as indicated by the 'L' and 'R' markings above the notes.

31 > L L L L L L L L 32 > L L L L L L L L 33 > L

Musical notation for measures 31-33. Measure 31 has a snare drum on the first beat. Measures 31-33 continue the eighth-note pattern with alternating snare and bass notes, as indicated by the 'L' markings above the notes.

Flexibility

34 I R r L 35 I R r L I R 36 I R 37 r L I R 38 r L I R r L

39 r L 40 I R r L 41 I R r L I R 42 I R

Airflow Study

43 44 45 46 47

48 49 50

51 52 53

Articulation

54 55 56 57

58 59

60 61 62

63 **Technique**

63 64 65

66 67 68

69 **Chorale**

69 70 71 72

73 74 75 76

Chromatic Challenge for extra practice on 16th note combinations, check out "Epic Sixteenths" on Youtube

77 78 79 80

81 82 83 84

85 86 87

88 89 90

Mallets High

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 21. The piece is in 4/4 time. Measures 1-8: Quarter notes G4, A4, B4, C5. Measure 9: Rest. Measures 10-11: Quarter notes D5, E5. Measure 12: Rest. Measures 13-14: Quarter notes F#5, G5. Measure 15: Rest. Measures 16-17: Quarter notes A5, B5. Measure 18: Rest. Measures 19-20: Quarter notes C6, B5. Measure 21: Quarter notes A5, G5.

Musical Stretching

Musical notation for the 'Musical Stretching' exercise, measures 22 through 33. The piece is in 4/4 time. Measures 22-23: Quarter notes Bb4, A4. Measure 24: Rest. Measures 25-26: Quarter notes G4, F4. Measure 27: Rest. Measures 28-29: Quarter notes E4, D4. Measure 30: Rest. Measures 31-32: Quarter notes C4, Bb3. Measure 33: Rest.

Flexibility

Musical notation for the 'Flexibility' exercise, measures 34 through 42. The piece is in 4/4 time. Measures 34-35: Quarter notes Bb4, Ab4. Measure 36: Rest. Measures 37-38: Quarter notes G4, F4. Measure 39: Rest. Measures 40-41: Quarter notes E4, D4. Measure 42: Rest.

Airflow Study

Musical notation for the 'Airflow Study' exercise, measures 43 through 53. The piece is in 4/4 time. Measures 43-44: Quarter notes G4, F4. Measure 45: Rest. Measures 46-47: Quarter notes E4, D4. Measure 48: Rest. Measures 49-50: Quarter notes C4, Bb3. Measure 51: Rest. Measures 52-53: Quarter notes A3, G3.

54 **Articulation** 55 56 57

Musical staff 54-57: Articulation exercise. Treble clef, key signature of one flat. Measures 54-57 show eighth-note patterns with slurs and accents.

58 59 60 61 62

Musical staff 58-62: Continuation of articulation exercise. Treble clef, key signature of one flat. Measures 58-62 show eighth-note patterns with slurs and accents.

63 **Technique** 64 65 66 67 68

Musical staff 63-68: Technique exercise. Treble clef, key signature of one flat. Measures 63-68 show eighth-note patterns with slurs and accents.

69 **Chorale** 70 71 72 73 74 75 76

Musical staff 69-76: Chorale exercise. Treble clef, key signature of one flat. Measures 69-76 show half-note patterns.

Chromatic Challenge 77 78 79 80 81 82 83

Musical staff 77-83: Chromatic Challenge exercise. Treble clef, key signature of one flat. Measures 77-83 show half-note patterns with chromatic movement.

84 85 86 87 88 89 90

Musical staff 84-90: Continuation of Chromatic Challenge exercise. Treble clef, key signature of one flat. Measures 84-90 show half-note patterns with chromatic movement.

Mallets Low

Foundation Warm-Ups

Set #6

John McAllister

Steady Air

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21

Detailed description: This section contains seven measures of music for the 'Steady Air' exercise. Each measure is numbered from 2 to 21. The notation is on a single treble clef staff in 4/4 time. Measures 2-8, 9-15, and 16-21 show a sequence of eighth notes, with some measures containing rests or specific accidentals like a sharp in measure 5 and a flat in measure 20.

Musical Stretching

22 23 24 25 26 27

28 29 30 31 32 33

Detailed description: This section contains six measures of music for the 'Musical Stretching' exercise, numbered 22 to 33. The notation is on a single treble clef staff in 4/4 time. Measures 22-27 and 28-33 show a sequence of quarter notes, with some measures containing rests or specific accidentals like a flat in measure 31.

Flexibility

34 35 36 37 38 39 40 41 42

Detailed description: This section contains nine measures of music for the 'Flexibility' exercise, numbered 34 to 42. The notation is on a single treble clef staff in 4/4 time. Measures 34-42 show a sequence of quarter notes, with some measures containing rests or specific accidentals like a flat in measure 35.

Airflow Study

43 44 45 46 47 48

49 50 51 52 53

Detailed description: This section contains five measures of music for the 'Airflow Study' exercise, numbered 43 to 53. The notation is on a single treble clef staff in 4/4 time. Measures 43-48 and 49-53 show a sequence of quarter notes, with some measures containing rests or specific accidentals like a flat in measure 45.

54 **Articulation**

55 56 57

Musical staff for measures 54-57. Measure 54: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 55: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 56: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 57: quarter notes G4, A4, B4, C5, B4, A4, G4.

58 59 60 61 62

Musical staff for measures 58-62. Measure 58: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 59: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 60: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 61: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 62: quarter notes G4, A4, B4, C5, B4, A4, G4.

63 **Technique**

64 65 66 67 68

Musical staff for measures 63-68. Measure 63: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 64: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 65: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 66: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 67: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 68: quarter notes G4, A4, B4, C5, B4, A4, G4.

69 **Chorale**

70 71 72 73 74 75 76

Musical staff for measures 69-76. Measure 69: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 70: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 71: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 72: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 73: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 74: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 75: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 76: quarter notes G4, A4, B4, C5, B4, A4, G4.

Chromatic Challenge

77 78 79 80 81 82 83

Musical staff for measures 77-83. Measure 77: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 78: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 79: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 80: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 81: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 82: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 83: quarter notes G4, A4, B4, C5, B4, A4, G4.

84 85 86 87 88 89 90

Musical staff for measures 84-90. Measure 84: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 85: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 86: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 87: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 88: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 89: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 90: quarter notes G4, A4, B4, C5, B4, A4, G4.