

Foundation Warm-Ups

Set #3

John McAllister

Steady Air

2 3 4 5 6

Flute

Oboe

Clarinet

Alto Saxophone

Tenor Saxophone

Baritone Saxophone

Trumpet

Horn - Unison

Horn - Comfortable Range

Trombone/Baritone/
Bassoon

Tuba

Snare/Bass

Mallets High

Mallets Low

Idea: try using the bass part to practice auxiliary instruments - ex. triangle, tambourine, etc

Director's Note: Rests between playing
1) Practice attack and release
2) Practice breathing together
3) Give reminders about proper playing (embouchure, posture, etc)

The musical score is arranged in a system with 14 measures. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Oboe (Ob.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Clarinet (Cl.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Alto Sax.:** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Ten. Sax.:** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Bari. Sax.:** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Trumpet (Tpt.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Horn 1 (Hn. 1):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Horn 2 (Hn. 2):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Trombone (Tbn.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Tuba (Tba.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Percussion (Perc.):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.
- Mallets (M):** Measures 7-8: G4, A4, Bb4. Measures 10-11: G4, A4, Bb4. Measure 14: G4, A4, Bb4.

Director's Note: The percussion parts always go to the release point for wind players to hear where to release.

Tonguing Practice

15 16 17 18 19 20 21 22

Fl. T T T T T

Ob. T T T T T

Cl. T T T T T

Alto Sax. T T T T T

Ten. Sax. T T T T T

Bari. Sax. T T T T T

Tpt. T T T T T

Hn. 1 T T T T T

Hn. 2 T T T T T

Tbn. T T T T T

Tba. T T T T T

Perc.

M (high)

M (low)

Fingers Workout

Musical score for 'Fingers Workout' featuring woodwinds, brass, percussion, and strings. The score is divided into measures 23 through 29. The instruments and their parts are:

- Fl.** (Flute): Treble clef, melodic line with eighth and sixteenth notes.
- Ob.** (Oboe): Treble clef, melodic line with eighth and sixteenth notes.
- Cl.** (Clarinet): Treble clef, rhythmic accompaniment with eighth notes.
- Alto Sax.**: Treble clef, melodic line with eighth and sixteenth notes.
- Ten. Sax.**: Treble clef, melodic line with eighth and sixteenth notes.
- Bari. Sax.**: Treble clef, melodic line with eighth and sixteenth notes.
- Tpt.** (Trumpet): Treble clef, rhythmic accompaniment with eighth notes.
- Hn. 1** (Horn 1): Treble clef, melodic line with eighth and sixteenth notes.
- Hn. 2** (Horn 2): Treble clef, rhythmic accompaniment with eighth notes.
- Tbn.** (Trombone): Bass clef, melodic line with eighth and sixteenth notes.
- Tba.** (Tuba): Bass clef, rhythmic accompaniment with eighth notes.
- Perc.** (Percussion): Snare drum and cymbal patterns with rhythmic notation (IR, rL, R, L).
- M (high)** (Music): Treble clef, melodic line with eighth and sixteenth notes.
- M (low)** (Music): Bass clef, rhythmic accompaniment with eighth notes.

30 31 32 33 34 35 36

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

rL L rL IR R IL L IR R IL L IR R IL L IR R IL L IR R IL L IR

Detailed description: This is a page of a musical score for a jazz ensemble, covering measures 30 through 36. The score is written for twelve instruments: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), and Percussion (Perc.). The percussion part includes specific notation for rimshots (rL) and snare drum patterns (L, IR, R, IL). The music is in a key with one flat (B-flat) and a common time signature. The notation includes various rhythmic patterns such as eighth notes, quarter notes, and half notes, with some rests. The page number '5' is located in the top right corner.

Skip-A-Note

37 38 39 40

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This is a page of a musical score for a band. The title is "Skip-A-Note". The page number is 6. The score is divided into four measures, numbered 37, 38, 39, and 40. The instruments are arranged in a standard concert band layout. The woodwinds (Flute, Oboe, Clarinet, Saxophones) and brass (Trumpets, Horns, Trombones, Tubas, Mellophones) play a melodic line that moves in a stepwise fashion, with some notes being skipped. The percussion part features a rhythmic pattern of eighth and sixteenth notes. The key signature has one flat (B-flat), and the time signature is 4/4.

41 42 43 44

Fl.
Ob.
Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn. 1
Hn. 2
Tbn.
Tba.
Perc.
M (high)
M (low)

Detailed description: This page of a musical score covers measures 41 through 44. The instrumentation includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone High (M (high)), and Mellophone Low (M (low)). The score is written in a common time signature. Measures 41 and 42 show a steady progression of notes across the woodwind and brass sections. Measure 43 introduces a key signature change to one flat (B-flat), indicated by a flat symbol on the first line of the Flute staff. Measure 44 continues this key signature. The percussion part features a consistent rhythmic pattern of eighth and sixteenth notes. The mellophone parts provide harmonic support with sustained notes.

Patterns Practice

45 46 47 48 49

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

50 51 52 53 54

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score covers measures 50 through 54. The instrumentation includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone (high) (M (high)), and Mellophone (low) (M (low)). The score is written in a key signature of one flat (B-flat) and a common time signature (C). Measures 50-53 feature active melodic lines for most instruments, while measure 54 shows a transition with many instruments holding sustained notes or rests. The percussion part provides a consistent rhythmic accompaniment throughout the measures.

Five Note Patterns

55 56 57 58 59

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This page of a musical score covers measures 55 through 59. The title 'Five Note Patterns' is placed in a box above measure 55. The score is arranged in a system with 13 staves. The instruments are: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone High (M (high)), and Mellophone Low (M (low)). Measures 55 and 59 feature active melodic lines for most instruments, while measures 56, 57, and 58 contain rests for many of them. The percussion part shows a consistent rhythmic pattern throughout. The key signature has one flat (B-flat), and the time signature is 4/4.

This musical score page contains measures 60 through 64. The instruments and their parts are as follows:

- Flute (Fl.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Oboe (Ob.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Clarinet (Cl.):** Measures 60-61 are rests. Measures 62-64 play a rhythmic line: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).
- Alto Saxophone (Alto Sax.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Tenor Saxophone (Ten. Sax.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Bari Saxophone (Bari Sax.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Trumpet (Tpt.):** Measures 60-61 are rests. Measures 62-64 play a rhythmic line: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).
- Horn 1 (Hn. 1):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Horn 2 (Hn. 2):** Measures 60-61 are rests. Measures 62-64 play a rhythmic line: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).
- Trombone (Tbn.):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Tuba (Tba.):** Measures 60-61 are rests. Measures 62-64 play a rhythmic line: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).
- Percussion (Perc.):** Measures 60-61 are rests. Measures 62-64 play a rhythmic pattern: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).
- Trumpet (M (high)):** Measures 60-61 are rests. Measures 62-64 play a melodic line: G4 (half), A4-B4 (quarter), C5 (quarter), B4-A4 (quarter), G4 (half).
- Trumpet (M (low)):** Measures 60-61 are rests. Measures 62-64 play a rhythmic line: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).

Foundation Warm-Ups Set #3

Steady Air

Musical notation for 'Steady Air' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The melody is simple and focuses on steady air control, with notes connected by slurs. Measure numbers 2, 3, 4, 5, 6, and 7 are indicated above the first staff. Measure numbers 8, 9, 10, 11, 12, 13, and 14 are indicated above the second staff.

Tonguing Practice

Musical notation for 'Tonguing Practice' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The exercise features eighth-note patterns with slurs and tonguing marks. Measure numbers 15, 16, 17, and 18 are indicated above the first staff. Measure numbers 19, 20, 21, and 22 are indicated above the second staff. Below the first staff, the letters 'T T T T T' are written with an arrow pointing to the right, indicating the tonguing pattern.

Fingers Workout

Musical notation for 'Fingers Workout' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The exercise features eighth-note patterns with slurs and rests. Measure numbers 23, 24, 25, 26, 27, 28, and 29 are indicated above the first staff. Measure numbers 30, 31, 32, 33, 34, 35, and 36 are indicated above the second staff.

Skip-A-Note

Musical notation for 'Skip-A-Note' in 4/4 time, key of B-flat major. The piece consists of one staff of music containing measures 37 through 44. The exercise features eighth-note patterns with slurs and rests, illustrating the skip-a-note technique. Measure numbers 37, 38, 39, 40, 41, 42, 43, and 44 are indicated above the staff.

Patterns Practice

Musical notation for 'Patterns Practice' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The exercise features eighth-note patterns with slurs and rests. Measure numbers 45, 46, 47, 48, and 49 are indicated above the first staff. Measure numbers 50, 51, 52, 53, and 54 are indicated above the second staff.

Five Note Patterns

Musical notation for 'Five Note Patterns' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The exercise features eighth-note patterns with slurs and rests. Measure numbers 55, 56, 57, 58, and 59 are indicated above the first staff. Measure numbers 60, 61, 62, 63, and 64 are indicated above the second staff.

Foundation Warm-Ups Set #3

John McAllister

Steady Air

Musical notation for 'Steady Air' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The melody is simple, using half and quarter notes with slurs and breath marks. Measure numbers 2, 3, 4, 5, 6, and 7 are indicated above the first staff. Measure numbers 8, 9, 10, 11, 12, 13, and 14 are indicated above the second staff.

Tonguing Practice

Musical notation for 'Tonguing Practice' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The melody consists of eighth and quarter notes with slurs. Below the first staff, the letter 'T' is written under measures 15, 16, 17, 18, and 19, with an arrow pointing to the right. Measure numbers 16, 17, and 18 are indicated above the first staff. Measure numbers 19, 20, 21, and 22 are indicated above the second staff.

Fingers Workout

Musical notation for 'Fingers Workout' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The melody consists of eighth and quarter notes with slurs. Measure numbers 24, 25, 26, 27, 28, and 29 are indicated above the first staff. Measure numbers 30, 31, 32, 33, 34, 35, and 36 are indicated above the second staff.

Skip-A-Note

Musical notation for 'Skip-A-Note' in 4/4 time, key of B-flat major. The piece consists of one staff of music containing measures 37 through 44. The melody consists of quarter notes with slurs and rests. Measure numbers 38, 39, 40, 41, 42, 43, and 44 are indicated above the staff.

Patterns Practice

Musical notation for 'Patterns Practice' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The melody consists of eighth and quarter notes with slurs and rests. Measure numbers 46, 47, 48, and 49 are indicated above the first staff. Measure numbers 50, 51, 52, 53, and 54 are indicated above the second staff.

Five Note Patterns

Musical notation for 'Five Note Patterns' in 4/4 time, key of B-flat major. The piece consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The melody consists of eighth and quarter notes with slurs. Measure numbers 56, 57, 58, and 59 are indicated above the first staff. Measure numbers 60, 61, 62, 63, and 64 are indicated above the second staff.

Foundation Warm-Ups Set #3

Steady Air

Musical notation for exercises 1 through 14. The exercises are written on a single staff in 4/4 time. Exercises 1-7 are on the first line, and exercises 8-14 are on the second line. Exercises 1-7 consist of quarter notes with slurs. Exercises 8-14 consist of quarter notes with slurs and a fermata on the final note of each exercise.

Tonguing Practice

Musical notation for exercises 15 through 22. Exercises 15-18 are on the first line, and exercises 19-22 are on the second line. Exercises 15-18 consist of eighth notes with 'T' markings below them, followed by a slur and an arrow pointing right. Exercises 19-22 consist of eighth notes with slurs.

Fingers Workout

Musical notation for exercises 23 through 36. Exercises 23-24 are on the first line, and exercises 25-36 are on the second line. Exercises 23-24 consist of eighth notes with slurs. Exercises 25-36 consist of eighth notes with slurs.

Skip-A-Note

Musical notation for exercises 37 through 44. Exercises 37-44 are on a single staff. Exercises 37-44 consist of quarter notes with slurs and a fermata on the final note of each exercise.

Patterns Practice

Musical notation for exercises 45 through 54. Exercises 45-49 are on the first line, and exercises 50-54 are on the second line. Exercises 45-49 consist of eighth notes with slurs and a fermata on the final note of each exercise. Exercises 50-54 consist of eighth notes with slurs and a fermata on the final note of each exercise.

Five Note Patterns

Musical notation for exercises 55 through 64. Exercises 55-59 are on the first line, and exercises 60-64 are on the second line. Exercises 55-59 consist of eighth notes with slurs. Exercises 60-64 consist of eighth notes with slurs.

Foundation Warm-Ups Set #3

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1-14. The exercise is in 4/4 time and consists of a single melodic line. Measures 1-7 and 8-14 are shown on two staves. The notes are: 1 (G4), 2 (A4), 3 (B4), 4 (C5), 5 (B4), 6 (A4), 7 (G4), 8 (F4), 9 (E4), 10 (D4), 11 (C4), 12 (B3), 13 (A3), 14 (G3). Slurs are placed over measures 1-7 and 8-14.

Tonguing Practice

Musical notation for the 'Tonguing Practice' exercise, measures 15-22. The exercise is in 4/4 time and consists of a single melodic line. Measures 15-16 and 17-18 are shown on two staves. The notes are: 15 (G4), 16 (A4), 17 (B4), 18 (C5), 19 (B4), 20 (A4), 21 (G4), 22 (F4). Tonguing marks 'T' are placed under measures 15, 16, 17, 18, and 19. An arrow points from measure 15 to measure 19.

Fingers Workout

Musical notation for the 'Fingers Workout' exercise, measures 23-36. The exercise is in 4/4 time and consists of a single melodic line. Measures 23-24 and 25-26 are shown on two staves. The notes are: 23 (G4), 24 (A4), 25 (B4), 26 (C5), 27 (B4), 28 (A4), 29 (G4), 30 (F4), 31 (E4), 32 (D4), 33 (C4), 34 (B3), 35 (A3), 36 (G3).

Skip-A-Note

Musical notation for the 'Skip-A-Note' exercise, measures 37-44. The exercise is in 4/4 time and consists of a single melodic line. Measures 37-38 and 39-44 are shown on two staves. The notes are: 37 (G4), 38 (A4), 39 (B4), 40 (C5), 41 (B4), 42 (A4), 43 (G4), 44 (F4). There are rests in measures 38, 39, 40, 41, 42, 43, and 44.

Patterns Practice

Musical notation for the 'Patterns Practice' exercise, measures 45-54. The exercise is in 4/4 time and consists of a single melodic line. Measures 45-46 and 47-54 are shown on two staves. The notes are: 45 (G4), 46 (A4), 47 (B4), 48 (C5), 49 (B4), 50 (A4), 51 (G4), 52 (F4), 53 (E4), 54 (D4). There are rests in measures 46, 47, 48, 49, 50, 51, 52, 53, and 54.

Five Note Patterns

Musical notation for the 'Five Note Patterns' exercise, measures 55-64. The exercise is in 4/4 time and consists of a single melodic line. Measures 55-56 and 57-64 are shown on two staves. The notes are: 55 (G4), 56 (A4), 57 (B4), 58 (C5), 59 (B4), 60 (A4), 61 (G4), 62 (F4), 63 (E4), 64 (D4). There are rests in measures 56, 57, 58, 59, 60, 61, 62, 63, and 64.

Foundation Warm-Ups Set #3

Steady Air

Musical notation for 'Steady Air' in 4/4 time. It consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The melody is composed of half notes and whole notes, with slurs indicating phrasing across measures. Measure numbers 2, 3, 4, 5, 6, and 7 are placed above the first staff, and 8, 9, 10, 11, 12, 13, and 14 are placed above the second staff.

Tonguing Practice

Musical notation for 'Tonguing Practice' in 4/4 time. It consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The melody consists of eighth notes and quarter notes. Below the first staff, the letter 'T' is written under each of the first five notes, with an arrow pointing to the right, indicating a tonguing exercise. Measure numbers 16, 17, 18, 19, 20, 21, and 22 are placed above the respective staves.

Fingers Workout

Musical notation for 'Fingers Workout' in 4/4 time. It consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The melody consists of eighth notes and quarter notes. Measure numbers 24, 25, 26, 27, 28, and 29 are placed above the first staff, and 30, 31, 32, 33, 34, 35, and 36 are placed above the second staff.

Skip-A-Note

Musical notation for 'Skip-A-Note' in 4/4 time. It consists of one staff of music containing measures 37 through 44. The melody consists of quarter notes with quarter rests, illustrating a skip-a-note exercise. Measure numbers 38, 39, 40, 41, 42, 43, and 44 are placed above the staff.

Patterns Practice

Musical notation for 'Patterns Practice' in 4/4 time. It consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The melody consists of eighth notes and quarter notes. Measure numbers 46, 47, 48, and 49 are placed above the first staff, and 50, 51, 52, 53, and 54 are placed above the second staff.

Five Note Patterns

Musical notation for 'Five Note Patterns' in 4/4 time. It consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The melody consists of eighth notes and quarter notes. Measure numbers 56, 57, 58, and 59 are placed above the first staff, and 60, 61, 62, 63, and 64 are placed above the second staff.

Foundation Warm-Ups Set #3

Steady Air

Musical notation for exercises 1 through 14. The exercises are written on a single staff in 4/4 time. Exercises 1-7 are on the first line, and exercises 8-14 are on the second line. Exercises 1-7 consist of a single note held for the duration of the exercise. Exercises 8-14 consist of a single note held for the duration of the exercise, with a fermata over the note.

Tonguing Practice

Musical notation for exercises 15 through 22. Exercises 15-22 are written on a single staff in 4/4 time. Exercises 15-18 consist of a series of eighth notes, with the first note of each exercise marked with a 'T' for tongue. Exercises 19-22 consist of a series of eighth notes, with the first note of each exercise marked with a 'T' for tongue.

Fingers Workout

Musical notation for exercises 23 through 36. Exercises 23-36 are written on a single staff in 4/4 time. Exercises 23-36 consist of a series of eighth notes, with the first note of each exercise marked with a sharp sign (#).

Skip-A-Note

Musical notation for exercises 37 through 44. Exercises 37-44 are written on a single staff in 4/4 time. Exercises 37-44 consist of a series of eighth notes, with the second note of each exercise marked with a skip symbol (z).

Patterns Practice

Musical notation for exercises 45 through 54. Exercises 45-54 are written on a single staff in 4/4 time. Exercises 45-54 consist of a series of eighth notes, with the first note of each exercise marked with a skip symbol (z).

Five Note Patterns

Musical notation for exercises 55 through 64. Exercises 55-64 are written on a single staff in 4/4 time. Exercises 55-64 consist of a series of eighth notes, with the first note of each exercise marked with a skip symbol (z).

Trumpet

Foundation Warm-Ups Set #3

John McAllister

Steady Air

Musical notation for the 'Steady Air' exercise, measures 1 through 14. The exercise is in 4/4 time and consists of a single melodic line. Measures 1-2, 3-4, 5-6, and 7-8 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. Measures 9-10, 11-12, and 13-14 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff.

Tonguing Practice

Musical notation for the 'Tonguing Practice' exercise, measures 15 through 22. The exercise is in 4/4 time and consists of a single melodic line. Measures 15-16, 17-18, and 19-20 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. Measures 21-22 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff. Below the first staff, the letter 'T' is written under each of the five pairs of notes, with an arrow pointing to the right.

Fingers Workout

Musical notation for the 'Fingers Workout' exercise, measures 23 through 36. The exercise is in 4/4 time and consists of a single melodic line. Measures 23-24, 25-26, 27-28, and 29-30 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. Measures 31-32, 33-34, and 35-36 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff.

Skip-A-Note

Musical notation for the 'Skip-A-Note' exercise, measures 37 through 44. The exercise is in 4/4 time and consists of a single melodic line. Measures 37-38, 39-40, 41-42, and 43-44 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff.

Patterns Practice

Musical notation for the 'Patterns Practice' exercise, measures 45 through 54. The exercise is in 4/4 time and consists of a single melodic line. Measures 45-46, 47-48, and 49-50 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. Measures 51-52, 53-54 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff.

Five Note Patterns

Musical notation for the 'Five Note Patterns' exercise, measures 55 through 64. The exercise is in 4/4 time and consists of a single melodic line. Measures 55-56, 57-58, and 59-60 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. Measures 61-62, 63-64 each contain a pair of notes (G4 and A4) beamed together, with a slur underneath. The notes are placed on the second and third lines of the staff.

Foundation Warm-Ups Set #3

Steady Air

Musical notation for 'Steady Air' in 4/4 time. The piece consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The melody is simple, featuring quarter and half notes with slurs and breath marks.

Tonguing Practice

Musical notation for 'Tonguing Practice' in 4/4 time. The piece consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The exercise features eighth-note patterns with 'T' marks below the notes to indicate tonguing. An arrow points from measure 15 to measure 20.

Fingers Workout

Musical notation for 'Fingers Workout' in 4/4 time. The piece consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The exercise features eighth-note patterns with slurs and breath marks.

Skip-A-Note

Musical notation for 'Skip-A-Note' in 4/4 time. The piece consists of one staff of music containing measures 37 through 44. The exercise features eighth-note patterns with rests to indicate skipping notes.

Patterns Practice

Musical notation for 'Patterns Practice' in 4/4 time. The piece consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The exercise features eighth-note patterns with slurs and breath marks.

Five Note Patterns

Musical notation for 'Five Note Patterns' in 4/4 time. The piece consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The exercise features eighth-note patterns with slurs and breath marks.

Foundation Warm-Ups

Set #3

John McAllister

Steady Air

Musical notation for 'Steady Air' in 4/4 time. It consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The melody is simple, featuring quarter and half notes with slurs and ties.

Tonguing Practice

Musical notation for 'Tonguing Practice' in 4/4 time. It consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The melody is a series of eighth notes with 'T' markings below the notes to indicate tonguing. An arrow points from measure 19 to measure 20.

Fingers Workout

Musical notation for 'Fingers Workout' in 4/4 time. It consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The melody is a series of eighth notes, primarily moving in an ascending and then descending pattern.

Skip-A-Note

Musical notation for 'Skip-A-Note' in 4/4 time. It consists of one staff of music containing measures 37 through 44. The melody is a series of eighth notes with rests, illustrating a skip-a-note exercise.

Patterns Practice

Musical notation for 'Patterns Practice' in 4/4 time. It consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The melody is a series of eighth notes with rests, illustrating a pattern practice exercise.

Five Note Patterns

Musical notation for 'Five Note Patterns' in 4/4 time. It consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The melody is a series of eighth notes, illustrating a five-note pattern exercise.

Foundation Warm-Ups

Set #3

John McAllister

Steady Air

Musical notation for 'Steady Air' in bass clef, 4/4 time. It consists of two staves of music. The first staff contains measures 2 through 7, and the second staff contains measures 8 through 14. The music features a steady, flowing line with various note values and rests, including a long slur across measures 4 and 5.

Tonguing Practice

Musical notation for 'Tonguing Practice' in bass clef, 4/4 time. It consists of two staves of music. The first staff contains measures 15 through 18, and the second staff contains measures 19 through 22. The music features a series of eighth notes with 'T' markings below them, indicating tonguing practice. An arrow points from measure 15 to measure 20.

Fingers Workout

Musical notation for 'Fingers Workout' in bass clef, 4/4 time. It consists of two staves of music. The first staff contains measures 23 through 29, and the second staff contains measures 30 through 36. The music features a series of eighth notes and sixteenth notes, designed to work on finger dexterity.

Skip-A-Note

Musical notation for 'Skip-A-Note' in bass clef, 4/4 time. It consists of one staff of music containing measures 37 through 44. The music features a series of eighth notes with rests, designed to work on skipping notes.

Patterns Practice

Musical notation for 'Patterns Practice' in bass clef, 4/4 time. It consists of two staves of music. The first staff contains measures 45 through 49, and the second staff contains measures 50 through 54. The music features a series of eighth notes and sixteenth notes, designed to work on pattern recognition.

Five Note Patterns

Musical notation for 'Five Note Patterns' in bass clef, 4/4 time. It consists of two staves of music. The first staff contains measures 55 through 59, and the second staff contains measures 60 through 64. The music features a series of eighth notes and sixteenth notes, designed to work on five-note patterns.

Foundation Warm-Ups

Set #3

John McAllister

Steady Air

Musical notation for measures 1-14. The piece is in 4/4 time. Measures 1-7 and 8-14 consist of a steady eighth-note pattern on the snare and bass lines, with rests in the other parts. Measure numbers 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, and 14 are indicated above the staff.

Tonguing Practice

Musical notation for measures 15-22. This section features a complex rhythmic pattern with slurs and accents, designed for tonguing practice. Measure numbers 15, 16, 17, 18, 19, 20, 21, and 22 are indicated above the staff.

Fingers Workout

Musical notation for measures 23-36. This section is a finger workout with specific rhythmic patterns and fingerings indicated by letters above the notes. Measure numbers 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, and 36 are indicated above the staff.

23 IR IR 24 IR IR 25 rL rL 26 rL rL 27 IR R IR R 28 IR R IR 29 rL L rL L

30 rL L rL 31 IR R IL L 32 IR R IL 33 IR R IL L

34 IR R IL 35 IR R IL L 36 IR R IL L IR

37 **Skip-A-Note** 38 39 40

41 42 43 44

45 **Patterns Practice** 46 47 48 49

50 51 52 53 54

55 **Five Note Patterns** 56 57 58 59

60 61 62 63 64

Mallets High

Foundation Warm-Ups Set #3

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Steady Air 2 3 4 5 6 7

8 9 10 11 12 13 14

Tonguing Practice 15 16 17 18

19 20 21 22

Fingers Workout 23 24 25 26 27 28 29

30 31 32 33 34 35 36

Skip-A-Note 37 38 39 40 41 42 43 44

Patterns Practice 45 46 47 48 49

50 51 52 53 54

Five Note Patterns 55 56 57 58 59

60 61 62 63 64

Foundation Warm-Ups

Set #3

John McAllister

Steady Air 2 3 4 5 6 7

8 9 10 11 12 13 14

Tonguing Practice 15 16 17 18

19 20 21 22

Fingers Workout 23 24 25 26 27 28 29

30 31 32 33 34 35 36

Skip-A-Note 37 38 39 40 41 42 43 44

Patterns Practice 45 46 47 48 49

50 51 52 53 54

Five Note Patterns 55 56 57 58 59

60 61 62 63 64