

Foundation Warm-Ups

Set #1

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

Flute
T *air* → R

Oboe
T *air* → R

Clarinet
T *air* → R

Alto Saxophone
T *air* → R

Tenor Saxophone
T *air* → R

Baritone Saxophone
T *air* → R

Trumpet
T *air* → R

Horn - Unison
T *air* → R

Horn - Comfortable Range
T *air* → R

Trombone/Baritone/
Bassoon
T *air* → R

Tuba
T *air* → R

Percussion

Mallets High

Mallets Low

Tonguing Practice

This musical score is titled "Tonguing Practice" and covers measures 10 through 19. It is arranged for a large ensemble of instruments. The instruments listed on the left are: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Sax., Tenor Sax. (Ten. Sax.), Bari. Sax. (Bari. Sax.), Tpt. (Trumpet), Hn. 1 (Horn 1), Hn. 2 (Horn 2), Tbn. (Trombone), Tba. (Tuba), Perc. (Percussion), M (high) (Mellophone high), and M (low) (Mellophone low). The score is written in a common time signature. Each instrument part features a series of rhythmic patterns, primarily consisting of quarter notes and eighth notes, with tonguing marks (the letter 'T') placed above the notes. An arrow points to the right below the first 'T' in each measure, indicating the direction of the tongue stroke. The patterns are consistent across measures 10-11 and 12-13, with some variations in the later measures. The percussion part features a steady rhythm of quarter notes. The mellophone parts play a simple, rhythmic accompaniment.

Connect the Notes

20 21 22 23 24

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This is a page of a musical score for a band. The title 'Connect the Notes' is in a box at the top left. The page number '3' is at the top right. The score is divided into four measures, numbered 20, 21, 22, 23, and 24. The instruments are listed on the left: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone High (M (high)), and Mellophone Low (M (low)). The notation includes various note values, rests, and accidentals across multiple staves.

25 26 27 28 29

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Essential Patterns

Musical score for measures 30-34, titled "Essential Patterns". The score is arranged for a large ensemble and includes the following parts:

- Fl. (Flute)
- Ob. (Oboe)
- Cl. (Clarinet)
- Alto Sax. (Alto Saxophone)
- Ten. Sax. (Tenor Saxophone)
- Bari. Sax. (Baritone Saxophone)
- Tpt. (Trumpet)
- Hn. 1 (Horn 1)
- Hn. 2 (Horn 2)
- Tbn. (Trombone)
- Tba. (Tuba)
- Perc. (Percussion)
- M (high) (Mellophone high)
- M (low) (Mellophone low)

The score is written in 4/4 time with a key signature of one flat (B-flat). The measures are numbered 30, 31, 32, 33, and 34. The notation includes various rhythmic values such as quarter notes, eighth notes, and rests, with some notes marked with flats.

35 36 37 38

Fl.
Ob.
Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn. 1
Hn. 2
Tbn.
Tba.
Perc.
M (high)
M (low)

Detailed description: This page of a musical score covers measures 35 through 38. It features a large ensemble of instruments. The woodwind section includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Baritone Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), and Tuba (Tba.). The percussion (Perc.) and mellophone (M) parts are also present, with M (high) and M (low) parts shown in separate staves. The score is written in a common time signature with a key signature of one flat (B-flat). The notation includes various note values, rests, and articulation marks. The measures are numbered 35, 36, 37, and 38 at the top of the page.

Essential Patterns Inverted

Musical score for 'Essential Patterns Inverted', measures 39-43. The score is arranged in a system with 14 staves. The instruments and their parts are as follows:

- Fl. (Flute):** Measures 39-43, notes: 39 (D4, Bb4), 40 (D4, Bb4), 41 (D4, Bb4), 42 (D4, Bb4), 43 (D4, Bb4).
- Ob. (Oboe):** Measures 39-43, notes: 39 (D4, Bb4), 40 (D4, Bb4), 41 (D4, Bb4), 42 (D4, Bb4), 43 (D4, Bb4).
- Cl. (Clarinet):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Alto Sax. (Alto Saxophone):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Ten. Sax. (Tenor Saxophone):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Bari. Sax. (Baritone Saxophone):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Tpt. (Trumpet):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Hn. 1 (Horn 1):** Measures 39-43, notes: 39 (Bb3, G3), 40 (Bb3, G3), 41 (Bb3, G3), 42 (Bb3, G3), 43 (Bb3, G3).
- Hn. 2 (Horn 2):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- Tbn. (Trombone):** Measures 39-43, notes: 39 (Bb3, G3), 40 (Bb3, G3), 41 (Bb3, G3), 42 (Bb3, G3), 43 (Bb3, G3).
- Tba. (Tuba):** Measures 39-43, notes: 39 (Bb3, G3), 40 (Bb3, G3), 41 (Bb3, G3), 42 (Bb3, G3), 43 (Bb3, G3).
- Perc. (Percussion):** Measures 39-43, notes: 39 (G3, E3), 40 (G3, E3), 41 (G3, E3), 42 (G3, E3), 43 (G3, E3).
- M (high) (Mellophone high):** Measures 39-43, notes: 39 (D4, Bb4), 40 (D4, Bb4), 41 (D4, Bb4), 42 (D4, Bb4), 43 (D4, Bb4).
- M (low) (Mellophone low):** Measures 39-43, notes: 39 (Bb3, G3), 40 (Bb3, G3), 41 (Bb3, G3), 42 (Bb3, G3), 43 (Bb3, G3).

44 45 46 47

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This is a page of a musical score for a band, covering measures 44 through 47. The score is arranged in a system with 14 staves. The instruments are: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Bari. Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone (high) (M (high)), and Mellophone (low) (M (low)). The key signature is one flat (B-flat major or D minor). The time signature is 4/4. The music features a melodic line in the woodwinds and brass, with a steady accompaniment in the tuba and mellophone. The percussion part consists of a rhythmic pattern of eighth notes. The measures are numbered 44, 45, 46, and 47 at the top of the page.

Interval Practice #1

48 49 50 51 52 53 54 55

Fl.

Ob.

Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn. 1

Hn. 2

Tbn.

Tba.

Perc.

M (high)

M (low)

Detailed description: This is a page of a musical score for a band, titled "Interval Practice #1". The page is numbered 9 in the top right corner. The score covers measures 48 through 55. The instruments listed on the left are Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Mellophone (high) (M (high)), and Mellophone (low) (M (low)). The Flute and Oboe parts are in the treble clef with a key signature of one flat (B-flat). The Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone, and Mellophone (high) parts are also in the treble clef with a key signature of one flat. The Trumpet, Horn 1, and Horn 2 parts are in the treble clef with a key signature of one flat. The Trombone and Tuba parts are in the bass clef with a key signature of one flat. The Percussion part is in a standard percussion clef. The Mellophone (low) part is in the treble clef with a key signature of one flat. The score consists of eight measures, with measure numbers 48 through 55 indicated above the first staff. The music is primarily composed of quarter and eighth notes, with some rests. The Percussion part features a consistent rhythmic pattern of eighth notes.

Long Air!

This musical score page, numbered 10, is titled "Long Air!". It features a multi-staff arrangement for a large ensemble. The woodwind section includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Baritone Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), and Tuba (Tba.). The percussion part (Perc.) is shown with a drum set icon. The mellophone section consists of a high mellophone (M (high)) and a low mellophone (M (low)). The score is divided into measures 56 through 62. Measures 56 and 57 show the initial melodic lines for the woodwinds and brass. Measures 58 and 59 are primarily rests for the woodwinds and brass, with the mellophones playing a steady eighth-note accompaniment. Measures 60 and 61 continue the accompaniment. Measure 62 features a final melodic flourish for the woodwinds and brass. The key signature is one flat (B-flat), and the time signature is 4/4. The notation includes various musical symbols such as slurs, ties, and dynamic markings.

This musical score page covers measures 63 through 69. The instruments are arranged as follows:

- Woodwinds:** Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Bari. Saxophone (Bari. Sax.).
- Brass:** Trumpet (Tpt.), Horn 1 (Hn. 1), Horn 2 (Hn. 2), Trombone (Tbn.), and Tuba (Tba.).
- Other:** Percussion (Perc.), Mellophone (M) in high and low registers.

The score features a variety of musical notations:

- Measures 63 and 67 contain rests for all instruments.
- Measures 64, 65, 66, 68, and 69 feature sustained notes with long horizontal slurs, indicating a continuous sound across these measures.
- The Percussion part consists of a rhythmic pattern of eighth notes in measures 63, 65, 66, 68, and 69.
- The Mellophone parts play a steady eighth-note accompaniment in measures 63, 65, 66, 68, and 69.

Foundation Warm-Ups

Set #1

Flute

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

Foundation Warm-Ups

Set #1

Oboe

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

Foundation Warm-Ups

Set #1

Clarinet

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

Alto Saxophone

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

Foundation Warm-Ups

Set #1

Tenor Saxophone

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R

air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

Foundation Warm-Ups

Set #1

Baritone Saxophone

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

Trumpet

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → air → R

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

Horn - Unison

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T →

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

Trombone/Baritone/ Bassoon

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14

T T T T T

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

bassoon
stuff! →



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trombone
stuff! →



baritone
stuff! →



Foundation Warm-Ups

Set #1

Tuba

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

Musical staff for 'Start & Release' in 4/4 time. It features a single bass note on the second line (B1) with a fermata. Above the staff, 'T' is written above measure 2, 'air' with an arrow above measures 2-3, and 'R' above measure 3.

Tonguing Practice

Musical staff for 'Tonguing Practice' measures 10-14. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 10 to 14.

Musical staff for 'Tonguing Practice' measures 15-19. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 15 to 19.

Connect the Notes

Musical staff for 'Connect the Notes' measures 20-24. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 20 to 24.

Musical staff for 'Connect the Notes' measures 25-29. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 25 to 29.

Essential Patterns

Musical staff for 'Essential Patterns' measures 30-34. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 30 to 34.

Musical staff for 'Essential Patterns' measures 35-39. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 35 to 39.

Essential Patterns Inverted

Musical staff for 'Essential Patterns Inverted' measures 40-44. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 40 to 44.

Musical staff for 'Essential Patterns Inverted' measures 45-49. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 45 to 49.

Interval Practice #1

Musical staff for 'Interval Practice #1' measures 48-55. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 48 to 55.

Long Air!

Musical staff for 'Long Air!' measures 56-62. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 56 to 62.

Musical staff for 'Long Air!' measures 63-69. It contains quarter notes on the second line (B1) with 'T' written below each note. An arrow above the staff points from measure 63 to 69.



Foundation Warm-Ups

Set #1

First Five Notes

John McAllister

Start & Release 2 3 4 5 6 7 8 9

10 Tonguing Practice 11 12 13 14

15 16 17 18 19

20 Connect the Notes 21 22 23 24

25 26 27 28 29

30 Essential Patterns 31 32 33 34

35 36 37 38

39 Essential Patterns Inverted 40 41 42 43

44 45 46 47

48 Interval Practice #1 49 50 51 52 53 54 55

56 Long Air! 57 58 59 60 61 62

63 64 65 66 67 68 69



Foundation Warm-Ups

Set #1

First Five Notes

John McAllister

Start & Release

Tonguing Practice

Connect the Notes

Essential Patterns

Essential Patterns Inverted

Interval Practice #1

Long Air!



Foundation Warm-Ups

Set #1

First Five Notes

John McAllister

Start & Release

2 3 4 5 6 7 8 9

Tonguing Practice

10 11 12 13 14

15 16 17 18 19

Connect the Notes

20 21 22 23 24

25 26 27 28 29

Essential Patterns

30 31 32 33

34 35 36 37 38

Essential Patterns Inverted

39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69

