

Flexibility Warm-up

McAllister

Exercise #1 - Two Note Slurs

The score is for Exercise #1 - Two Note Slurs, in 4/4 time. It features the following instruments and parts:

- Flute:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Oboe:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Clarinet in Bb:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Bass Clarinet in Bb:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Alto Saxophone:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Tenor Saxophone:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Baritone Saxophone:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Bassoon:** Bass clef, 4/4 time. Part 1: G3, Bb3, D4. Part 2: A3, C4, E4. Part 3: Bb3, D4, F4. Part 4: G3, Bb3, D4.
- Trumpet in Bb:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Horn in F:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Trombone:** Bass clef, 4/4 time. Part 1: G3, Bb3, D4. Part 2: A3, C4, E4. Part 3: Bb3, D4, F4. Part 4: G3, Bb3, D4.
- Tuba:** Bass clef, 4/4 time. Part 1: G2, Bb2, D3. Part 2: A2, C3, E3. Part 3: Bb2, D3, F3. Part 4: G2, Bb2, D3.
- Snare and Bass - Set A:** Drum set notation, 4/4 time. Part 1: Snare, Bass, Snare, Bass. Part 2: Snare, Bass, Snare, Bass. Part 3: Snare, Bass, Snare, Bass. Part 4: Snare, Bass, Snare, Bass.
- Auxiliary 1 (tambourine, triangle):** Drum set notation, 4/4 time. Part 1: Tambourine, Triangle. Part 2: Tambourine, Triangle. Part 3: Tambourine, Triangle. Part 4: Tambourine, Triangle.
- Auxiliary 2 (claves, sus. cym w/ stick):** Drum set notation, 4/4 time. Part 1: Claves, Sus. Cym. Part 2: Claves, Sus. Cym. Part 3: Claves, Sus. Cym. Part 4: Claves, Sus. Cym.
- Bells:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.
- Mallets:** Treble clef, 4/4 time. Part 1: G4, Bb4, D5. Part 2: A4, C5, E5. Part 3: Bb4, D5, F5. Part 4: G4, Bb4, D5.

Exercise #2 - Three Notes/Register

This musical score is for Exercise #2, titled "Three Notes/Register". It is a multi-staff piece for a large ensemble, including woodwinds, brass, percussion, and strings. The score is divided into two systems. The first system includes Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Bassoon (Bsn.), Trumpet (Tpt.), Horn (Hn.), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Glockenspiel (Glock.), and Xylophone (Xyl.). The second system includes Percussion (Perc.) and Xylophone (Xyl.). The music is written in a key signature of one flat (B-flat major or D minor) and a 4/4 time signature. The exercise consists of a sequence of notes across the woodwind and brass sections, with specific performance instructions such as "Finger Bb, overblow to F" for the Flute and "Don't articulate" for the Tenor Saxophone. The percussion parts feature rhythmic patterns, and the string parts provide harmonic support.

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Bsn.

Tpt.

Hn.

Tbn.

Tba.

Perc.

Perc.

Perc.

Glock.

Xyl.

Finger Bb, overblow to F

Don't articulate

No octave key

**no octave key for the rest*

T

T

T

T

T

T

18

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Bsn.

Tpt.

Hn.

Tbn.

Tba.

Perc.

Perc.

Perc.

Glock.

Xyl.

Detailed description: This page of a musical score covers measures 18 through 25. It features a woodwind section with parts for Flute, Oboe, Clarinet, Bass Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone, and Bassoon. A brass section includes Trumpet, Horn, Trombone, and Tuba. The percussion section consists of three parts: a snare drum with a complex rhythmic pattern, a tom-tom with a steady eighth-note accompaniment, and a xylophone with a melodic line. A glockenspiel part provides harmonic support. The woodwinds and brass play sustained notes with various articulations, while the percussion provides a consistent rhythmic foundation.

Exercise #3 - Octaves

26

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Bsn.

Tpt.

Hn.

Tbn.

Tba.

Perc.

Perc.

Perc.

Glock.

Xyl.

33

Musical score for Exercise #4, page 5, measures 33-39. The score includes parts for Flute, Oboe, Clarinet, Bass Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone, Bassoon, Trumpet, Horn, Trombone, Tuba, Percussion (three staves), Glockenspiel, and Xylophone. The music is in 4/4 time with a key signature of one sharp (F#). The score shows a variety of rhythmic patterns and melodic lines across the instruments.

40

Fl.

Ob.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Bsn.

Tpt.

Hn.

Tbn.

Tba.

Perc.

Perc.

Perc.

Glock.

Xyl.

47

This musical score page, numbered 47 at the top left and 7 at the top right, contains 15 staves of music. The instruments are listed on the left side of each staff: Flute (Fl.), Oboe (Ob.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Bassoon (Bsn.), Trumpet (Tpt.), Horn (Hn.), Trombone (Tbn.), Tuba (Tba.), Percussion (Perc.), Glockenspiel (Glock.), and Xylophone (Xyl.). The score is divided into four measures. The first measure (47) shows the woodwinds and strings (Fl., Ob., Cl., B. Cl., Alto Sax., Ten. Sax., Bari. Sax., Bsn.) playing a melodic line, while the brass (Tpt., Hn., Tbn., Tba.) plays a harmonic accompaniment. The percussion section (Perc.) has three staves with rhythmic patterns. The Glockenspiel (Glock.) and Xylophone (Xyl.) also play melodic lines. The second measure (48) continues the melodic development. The third measure (49) features a change in the woodwind parts. The fourth measure (50) concludes the section with a final melodic phrase. The score includes various musical notations such as notes, rests, slurs, and dynamic markings.

52

Fl.
Ob.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Bsn.
Tpt.
Hn.
Tbn.
Tba.
Perc.
Perc.
Perc.
Glock.
Xyl.

Detailed description: This page of a musical score, numbered 52, features a woodwind section with Flute, Oboe, Clarinet, Bass Clarinet, Alto Saxophone, Tenor Saxophone, and Baritone Saxophone. The brass section includes Trumpet, Horn, Trombone, and Tuba. The percussion section consists of three parts, Glockenspiel, and Xylophone. The woodwinds and flutes play melodic lines with various articulations and slurs. The brass instruments provide harmonic support with sustained notes and chords. The percussion parts feature rhythmic patterns, including eighth-note runs and syncopated rhythms. The score is written in a key signature of two flats and a common time signature.

Flexibility Warm-up

Exercise #1 - Two Note Slurs

8

Exercise #2 - Three Notes/Register

15

*Finger Bb,
overblow to F*

21

Exercise #3 - Octaves

27

Exercise #4

36

43

50

Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1 - Two Note Slurs. The exercise is written in 4/4 time and consists of two staves. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The notes are slurred in pairs, alternating between ascending and descending intervals.

Exercise #2 - Three Notes/Register

Musical notation for Exercise #2 - Three Notes/Register. The exercise is written in 4/4 time and consists of a single staff containing measures 15 through 23. The notes are slurred in groups of three, alternating between ascending and descending intervals.

Exercise #3 - Octaves

Musical notation for Exercise #3 - Octaves. The exercise is written in 4/4 time and consists of two staves. The first staff contains measures 24 through 31, and the second staff contains measures 32 through 38. The notes are slurred in pairs, alternating between ascending and descending intervals.

Exercise #4

Musical notation for Exercise #4. The exercise is written in 4/4 time and consists of three staves. The first staff contains measures 39 through 44, the second staff contains measures 45 through 50, and the third staff contains measures 51 through 56. The notes are slurred in groups of four, alternating between ascending and descending intervals.

Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1 - Two Note Slurs. The exercise is in 4/4 time and consists of two staves. The first staff contains four measures of music, each with a slur over two notes. The second staff contains four measures, also with slurs over two notes. The notes are: G4, A4; B4, C5; D5, E5; F5, G5. The second staff continues with: G5, F5; E5, D5; C5, B4; A4, G4.

Exercise #2 - Three Notes/Register

Musical notation for Exercise #2 - Three Notes/Register. The exercise is in 4/4 time and consists of one staff with six measures. Each measure contains a slur over three notes. The notes are: G4, A4, B4; C5, B4, A4; G4, F4, E4; D4, C4, B3; A3, G3, F3; E3, D3, C3. The notes G4, A4, B4, C5, D5, E5, F5, G5 are marked with a 'T' below them, indicating a trill.

Exercise #3 - Octaves

Musical notation for Exercise #3 - Octaves. The exercise is in 4/4 time and consists of two staves. The first staff contains four measures, each with a slur over two notes. The notes are: G4, G5; A4, A5; B4, B5; C5, C6. The second staff contains four measures, each with a slur over two notes. The notes are: D5, D6; E5, E6; F5, F6; G5, G6.

Exercise #4

Musical notation for Exercise #4. The exercise is in 4/4 time and consists of three staves. The first staff contains four measures of eighth notes with slurs. The notes are: G4, A4, B4, C5; D5, E5, F5, G5; A5, B5, C6, D6; E6, F6, G6, A6. The second staff contains four measures of eighth notes with slurs. The notes are: B5, C6, D6, E6; F6, G6, A6, B6; C7, D7, E7, F7; G7, A7, B7, C8. The third staff contains four measures of eighth notes with slurs. The notes are: D7, E7, F7, G7; A7, B7, C8, D8; E8, F8, G8, A8; B8, C9, D9, E9.

Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1 - Two Note Slurs. The exercise is written in 4/4 time and consists of two staves. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The notes are slurred in pairs, and the key signature changes from one flat to two flats over the course of the exercise.

15 Exercise #2 - Three Notes/Register

Musical notation for Exercise #2 - Three Notes/Register. The exercise is written in 4/4 time and consists of one staff containing measures 15 through 22. The notes are slurred in groups of three, and the key signature changes from one flat to two flats. Trill markings (T) are placed under the first note of each group.

Exercise #3 - Octaves

Musical notation for Exercise #3 - Octaves. The exercise is written in 4/4 time and consists of two staves. The first staff contains measures 23 through 30, and the second staff contains measures 31 through 38. The notes are slurred in pairs, and the key signature changes from two flats to one flat.

Exercise #4

Musical notation for Exercise #4. The exercise is written in 4/4 time and consists of three staves. The first staff contains measures 39 through 44, the second staff contains measures 45 through 50, and the third staff contains measures 51 through 58. The notes are slurred in groups of four, and the key signature changes from one flat to two flats.

Flexibility Warm-up

Exercise #1 - Two Note Slurs

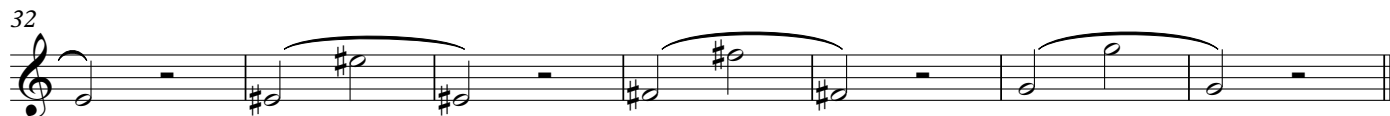


Exercise #2 - Three Notes/Register

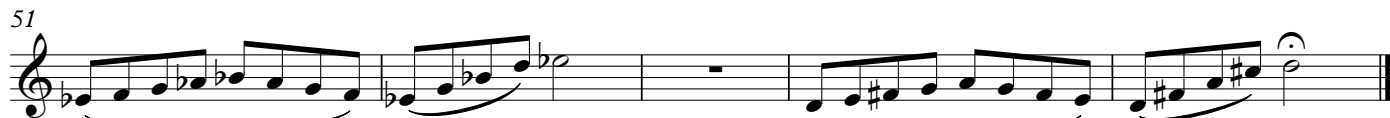


**Don't articulate*
**No octave key*

Exercise #3 - Octaves



Exercise #4



Flexibility Warm-up

Exercise #1 - Two Note Slurs

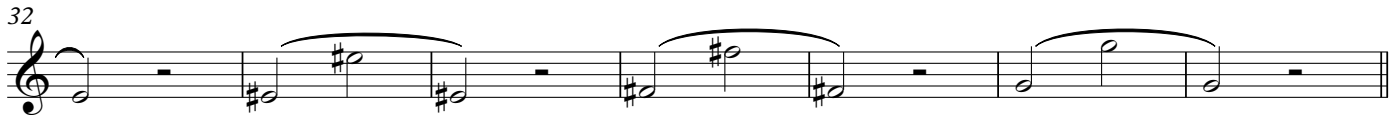


Exercise #2 - Three Notes/Register

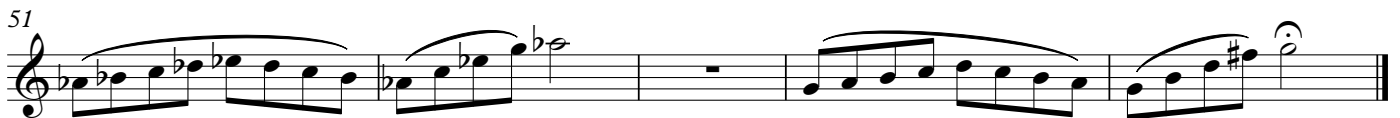


**no octave key for the rest*

Exercise #3 - Octaves



Exercise #4



Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1, measures 1-7. It consists of two-note slurs in 4/4 time, alternating between major and minor triads.

8

Musical notation for Exercise #1, measures 8-14. It continues the two-note slurs from the previous section.

15 Exercise #2 - Three Notes/Register

Musical notation for Exercise #2, measures 15-23. It features three-note slurs across different registers.

**Don't articulate*
**No octave key*

Exercise #3 - Octaves

24

Musical notation for Exercise #3, measures 24-31. It features octave exercises with slurs.

32

Musical notation for Exercise #3, measures 32-38. It continues the octave exercises.

Exercise #4

39

Musical notation for Exercise #4, measures 39-44. It features sixteenth-note runs with slurs.

45

Musical notation for Exercise #4, measures 45-50. It continues the sixteenth-note runs.

51

Musical notation for Exercise #4, measures 51-58. It concludes the sixteenth-note runs.

Flexibility Warm-up

Exercise #1 - Two Note Slurs



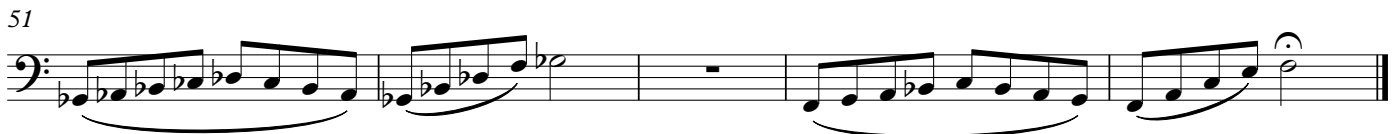
15 Exercise #2 - Three Notes/Register



Exercise #3 - Octaves

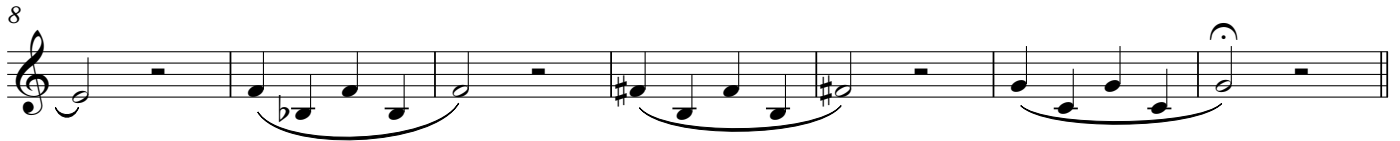


Exercise #4



Flexibility Warm-up

Exercise #1 - Two Note Slurs



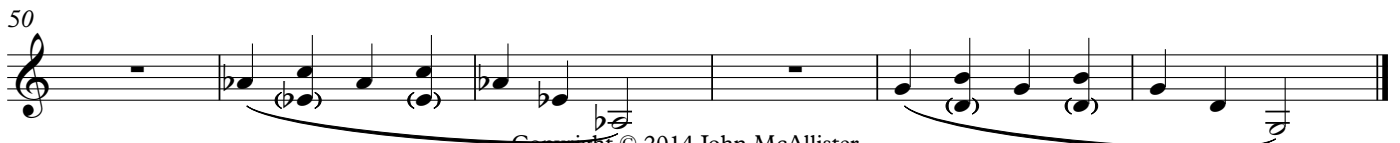
Exercise #2 - Three Notes/Register



Exercise #3 - Octaves



Exercise #4



Flexibility Warm-up

Exercise #1 - Two Note Slurs

8

Exercise #2 - Three Notes/Register

15

21

Exercise #3 - Octaves

27

Exercise #4

35

43

50

Flexibility Warm-up

Exercise #1 - Two Note Slurs

8

15

Exercise #2 - Three Notes/Register

21

27

Exercise #3 - Octaves

36

Exercise #4

45

51

58

Flexibility Warm-up

Exercise #1 - Two Note Slurs

8

15 Exercise #2 - Three Notes/Register

21

Exercise #3 - Octaves

27

Exercise #4

35

43

50

Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1, measures 1-6 and 7-12. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 1-6, and the second staff contains measures 7-12. The notation features eighth notes and slurs, with some measures containing rests.

Exercise #2 - Three Notes/Register

Musical notation for Exercise #2, measures 13-18 and 19-24. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 13-18, and the second staff contains measures 19-24. The notation features eighth notes and slurs, with some measures containing rests.

Exercise #3 - Octaves

Musical notation for Exercise #3, measures 25-34, 35-38, and 39-43. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 25-34, the second staff contains measures 35-38, and the third staff contains measures 39-43. The notation features eighth notes and slurs, with some measures containing rests.

Exercise #4

Musical notation for Exercise #4, measures 44-48, 49-51, and 52-55. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 44-48, the second staff contains measures 49-51, and the third staff contains measures 52-55. The notation features eighth notes and slurs, with some measures containing rests.

Flexibility Warm-up

Auxiliary 1 (tambourine, triange)

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Exercise #1 - Two Note Slurs

Musical notation for Exercise #1 - Two Note Slurs. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 1 through 6, featuring eighth-note runs and pairs of notes slurred together. The second staff contains measures 7 through 12, continuing the patterns with various rhythmic values and slurs.

Exercise #2 - Three Notes/Register

Musical notation for Exercise #2 - Three Notes/Register. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 13 through 18, featuring eighth-note runs with accents. The second staff contains measures 19 through 26, continuing the patterns with various rhythmic values and accents.

Exercise #3 - Octaves

Musical notation for Exercise #3 - Octaves. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 27 through 32, featuring eighth-note runs with slurs. The second staff contains measures 33 through 38, continuing the patterns with various rhythmic values and slurs.

Exercise #4

Musical notation for Exercise #4. The exercise is in 4/4 time and consists of two staves. The first staff contains measures 39 through 44, featuring eighth-note runs with slurs. The second staff contains measures 45 through 52, continuing the patterns with various rhythmic values and slurs.

Flexibility Warm-up

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Exercise #1 - Two Note Slurs

4/4
|| 1 2 3 4 | 5 6 7 8 | 9 10 11 12 | 13 14 15 16 | 17 18 19 20 | 21 22 23 24 |

7
|| 25 26 27 28 | 29 30 31 32 | 33 34 35 36 | 37 38 39 40 | 41 42 43 44 | 45 46 47 48 |

Exercise #2 - Three Notes/Register

13
|| 49 50 51 52 | 53 54 55 56 | 57 58 59 60 | 61 62 63 64 | 65 66 67 68 | 69 70 71 72 |

19
|| 73 74 75 76 | 77 78 79 80 | 81 82 83 84 | 85 86 87 88 | 89 90 91 92 | 93 94 95 96 |

Exercise #3 - Octaves

25
|| 97 98 99 100 | 101 102 103 104 | 105 106 107 108 | 109 110 111 112 | 113 114 115 116 | 117 118 119 120 |

31
|| 121 122 123 124 | 125 126 127 128 | 129 130 131 132 | 133 134 135 136 | 137 138 139 140 | 141 142 143 144 |

Exercise #4

37
|| 145 146 147 148 | 149 150 151 152 | 153 154 155 156 | 157 158 159 160 | 161 162 163 164 | 165 166 167 168 |

43
|| 169 170 171 172 | 173 174 175 176 | 177 178 179 180 | 181 182 183 184 | 185 186 187 188 | 189 190 191 192 |

49
|| 193 194 195 196 | 197 198 199 200 | 201 202 203 204 | 205 206 207 208 | 209 210 211 212 | 213 214 215 216 |

52
|| 217 218 219 220 | 221 222 223 224 | 225 226 227 228 | 229 230 231 232 | 233 234 235 236 | 237 238 239 240 ||

Flexibility Warm-up

Exercise #1 - Two Note Slurs

Musical notation for Exercise #1, measures 1-7. The exercise is in 4/4 time and features two-note slurs. The notes are: G4, F4; G4, E4; G4, D4; G4, C4; B3, A3; B3, G3; B3, F3.

8

Musical notation for Exercise #1, measures 8-14. The notes are: G3, F3; G3, E3; G3, D3; G3, C3; B2, A2; B2, G2; B2, F2.

15 Exercise #2 - Three Notes/Register

Musical notation for Exercise #2, measures 15-20. The exercise is in 4/4 time and features three notes per measure. The notes are: G4, F4, E4; G4, E4, D4; G4, D4, C4; G4, C4, B3; B3, A3, G3; B3, G3, F3.

21

Musical notation for Exercise #2, measures 21-26. The notes are: G4, F4, E4; G4, E4, D4; B3, A3, G3; B3, G3, F3; G4, F4, E4; G4, E4, D4.

Exercise #3 - Octaves

27

Musical notation for Exercise #3, measures 27-34. The exercise is in 4/4 time and features octaves. The notes are: G4, G4; G4, G4; A4, A4; A4, A4; B4, B4; B4, B4; C5, C5; C5, C5.

Exercise #4

35

Musical notation for Exercise #4, measures 35-41. The exercise is in 4/4 time and features eighth notes. The notes are: G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4.

42

Musical notation for Exercise #4, measures 42-47. The notes are: G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4.

48

Musical notation for Exercise #4, measures 48-51. The notes are: G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4.

52

Musical notation for Exercise #4, measures 52-57. The notes are: G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4; G4, F4, E4, D4.

Flexibility Warm-up

Exercise #1 - Two Note Slurs



Exercise #2 - Three Notes/Register



Exercise #3 - Octaves



Exercise #4

