

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

Flute 1
mp steady, even air vibrato!

Flute 2
mp steady, even air vibrato!

Clarinet 1
mp steady, even air flat chin!

Clarinet 2
mp steady, even air flat chin!

Bass Clarinet 1
mp steady, even air flat chin!

Bass Clarinet 2
mp steady, even air flat chin!

Alto Sax 1
mp steady, even air firm embouchure!

Alto Sax 2
mp steady, even air firm embouchure!

Tenor Sax 1
mp steady, even air firm embouchure!

Tenor Sax 2
mp steady, even air firm embouchure!

Bari Sax 1
mp steady, even air firm embouchure!

Bari Sax 2
mp steady, even air firm embouchure!

Trumpet 1
mp steady, even air

Trumpet 2
mp steady, even air

Horn 1
mp steady, even air

Horn 2
mp steady, even air

Trb/Bar 1
mp steady, even air

Trb/Bar 2
mp steady, even air

Tuba 1
mp steady, even air

Tuba 2
mp steady, even air

Percussion
mp

Mallets 1
mp

This page of a musical score covers measures 10 through 18. The instruments are arranged as follows:

- Flutes:** Fl. 1 and Fl. 2
- Clarinets:** Cl. 1 and Cl. 2
- Bass Clarinets:** B. Cl. 1 and B. Cl. 2
- Alto Saxophones:** Alto Sax. 1 and Alto Sax. 2
- Tenor Saxophones:** Ten. Sax. 1 and Ten. Sax. 2
- Bari Saxophones:** Bari. Sax. 1 and Bari. Sax. 2
- Trumpets:** Tpt. 1 and Tpt. 2
- Horns:** Hn. 1 and Hn. 2
- Low Brass:** LB 1 and LB 2
- Tubas:** Tba. 1 and Tba. 2
- Percussion:** Perc. (drum set) and Xyl. (xylophone)

The score is written in a common time signature (C) with a key signature of one flat (B-flat). Measures 10, 13, and 16 feature a melodic line in the woodwinds, while measures 11, 14, and 17 feature a sustained chordal texture. The percussion part provides a rhythmic accompaniment with eighth and sixteenth notes, and the xylophone part has a melodic line in measures 10, 13, and 16.

19 20 21 **Long Tones 2** 22 23 24 25 26 27 3

Fl. 1 *mp* pure, beautiful sounds

Fl. 2 *mp* pure, beautiful sounds

Cl. 1 *mp* pure, beautiful sounds

Cl. 2 *mp* pure, beautiful sounds

B. Cl. 1 *mp* pure, beautiful sounds

B. Cl. 2 *mp* pure, beautiful sounds

Alto Sax. 1 *mp* pure, beautiful sounds

Alto Sax. 2 *mp* pure, beautiful sounds

Ten. Sax. 1 *mp* pure, beautiful sounds

Ten. Sax. 2 *mp* pure, beautiful sounds

Bari. Sax. 1 *mp* pure, beautiful sounds

Bari. Sax. 2 *mp* pure, beautiful sounds

Tpt. 1 *mp* pure, beautiful sounds

Tpt. 2 *mp* pure, beautiful sounds

Hn. 1 *mp* pure, beautiful sounds

Hn. 2 *mp* pure, beautiful sounds

LB 1 *mp* pure, beautiful sounds

LB 2 *mp* pure, beautiful sounds

Tba. 1 *mp* pure, beautiful sounds

Tba. 2 *mp* pure, beautiful sounds

Perc. *mp*

Xyl. *mp*

28 29 30 31 32 33 34 35 36 37 **Chord Sustain**

Fl. 1 *mf*

Fl. 2 *mf*

Cl. 1 *mf*

Cl. 2 *mf*

B. Cl. 1 *mf*

B. Cl. 2 *mf*

Alto Sax. 1 *mf*

Alto Sax. 2 *mf*

Ten. Sax. 1 *mf*

Ten. Sax. 2 *mf*

Bari. Sax. 1 *mf*

Bari. Sax. 2 *mf*

Tpt. 1 *mf*

Tpt. 2 *mf*

Hn. 1 *mf*

Hn. 2 *mf*

LB 1 *mf*

LB 2 *mf*

Tba. 1 *mf*

Tba. 2 *mf*

Perc. *mf*

Xyl. *mf*

38 39 40 41 42 43 44 45 46

Fl. 1
Fl. 2
Cl. 1
Cl. 2
B. Cl. 1
B. Cl. 2
Alto Sax. 1
Alto Sax. 2
Ten. Sax. 1
Ten. Sax. 2
Bari. Sax. 1
Bari. Sax. 2
Tpt. 1
Tpt. 2
Hn. 1
Hn. 2
LB 1
LB 2
Tba. 1
Tba. 2
Perc.
Xyl.

Flexibility 2

56 57 58 59 60 61 62 63

Fl. 1 go back up!

Fl. 2 go back up!

Cl. 1 go back up!

Cl. 2 go back up!

B. Cl. 1 go back up!

B. Cl. 2 go back up!

Alto Sax. 1 go back up!

Alto Sax. 2 go back up!

Ten. Sax. 1 go back up!

Ten. Sax. 2 go back up!

Bari. Sax. 1 go back up!

Bari. Sax. 2 go back up!

Tpt. 1 go back up!

Tpt. 2 go back up!

Hn. 1 go back up!

Hn. 2 go back up!

LB 1 go back up!

LB 2 go back up!

Tba. 1 go back up!

Tba. 2 go back up!

Perc. go back up!

Xyl. go back up!

arpeggios

Musical score for Flexibility 3, measures 64-71. The score includes parts for Flute 1 & 2, Clarinet 1 & 2, Bass Clarinet 1 & 2, Alto Saxophone 1 & 2, Tenor Saxophone 1 & 2, Baritone Saxophone 1 & 2, Trumpet 1 & 2, Horn 1 & 2, Librarian 1 & 2, Trombone 1 & 2, Percussion, and Xylophone. The score features various musical notations including notes, rests, and dynamic markings. The instruction "go back up!" is repeated in several parts (Cl. 1, Cl. 2, B. Cl. 1, B. Cl. 2, Alto Sax. 1, Alto Sax. 2, Ten. Sax. 1, Ten. Sax. 2, Bari. Sax. 1, Bari. Sax. 2, Hn. 1, Hn. 2, LB 1, LB 2, Tba. 1, Tba. 2) at the end of measures 69 and 70. Measure numbers 64, 65, 66, 67, 68, 69, 70, and 71 are indicated at the top of the score.

This musical score page contains parts for the following instruments:

- Fl. 1
- Fl. 2
- Cl. 1
- Cl. 2
- B. Cl. 1
- B. Cl. 2
- Alto Sax. 1
- Alto Sax. 2
- Ten. Sax. 1
- Ten. Sax. 2
- Bari. Sax. 1
- Bari. Sax. 2
- Tpt. 1
- Tpt. 2
- Hn. 1
- Hn. 2
- LB 1
- LB 2
- Tba. 1
- Tba. 2
- Perc.
- Xyl.

The score is organized into measures 72 through 78, with a page number 9 at the end. Each instrument part includes the text "major scales" and features a series of melodic lines with various accidentals and articulations. The woodwind and brass parts are written in treble clef, while the low brass (LB and Tba.) and xylophone parts are in bass clef. The percussion part is in common time.

Fl. 1

Fl. 2

Cl. 1

Cl. 2

B. Cl. 1

B. Cl. 2

Alto Sax. 1

Alto Sax. 2

Ten. Sax. 1

Ten. Sax. 2

Bari. Sax. 1

Bari. Sax. 2

Tpt. 1

Tpt. 2

Hn. 1

Hn. 2

LB 1

LB 2

Tba. 1

Tba. 2

Perc.

Xyl.

chromatic scale

chromatic scale

chromatic scale

chromatic scale

chromatic scale

chromatic scale

Individual Time

Fl. 1

Fl. 2

Cl. 1

Cl. 2

B. Cl. 1

B. Cl. 2

Alto Sax. 1

Alto Sax. 2

Ten. Sax. 1

Ten. Sax. 2

Bari. Sax. 1

Bari. Sax. 2

Tpt. 1

Tpt. 2

Hn. 1

Hn. 2

LB 1

LB 2

Tba. 1

Tba. 2

Perc.

Xyl.

Articulation (Eb Major Chord)

This musical score page, numbered 12, is titled "Articulation (Eb Major Chord)". It contains 11 staves of music for various instruments, spanning measures 91 to 99. The instruments listed on the left are: Fl. 1, Fl. 2, Cl. 1, Cl. 2, B. Cl. 1, B. Cl. 2, Alto Sax. 1, Alto Sax. 2, Ten. Sax. 1, Ten. Sax. 2, Bari. Sax. 1, Bari. Sax. 2, Tpt. 1, Tpt. 2, Hn. 1, Hn. 2, LB 1, LB 2, Tba. 1, Tba. 2, Perc., and Xyl. The score is organized into measures 91 through 99. Measures 91 and 92 show the initial articulation of the Eb Major chord across the woodwind and brass sections. Measures 93 through 95 show the continuation of the chord with some woodwinds and brass playing eighth-note patterns. Measures 96 through 99 show a more complex articulation with woodwinds and brass playing sixteenth-note patterns, while the strings (LB 1, LB 2, Tba. 1, Tba. 2) continue with eighth-note patterns. The percussion (Perc.) and xylophone (Xyl.) parts also feature rhythmic patterns throughout the section.

100 101 102 103 104 105

Fl. 1

Fl. 2

Cl. 1

Cl. 2

B. Cl. 1

B. Cl. 2

Alto Sax. 1

Alto Sax. 2

Ten. Sax. 1

Ten. Sax. 2

Bari. Sax. 1

Bari. Sax. 2

Tpt. 1

Tpt. 2

Hn. 1

Hn. 2

LB 1

LB 2

Tba. 1

Tba. 2

Perc.

Xyl.

p

f

Terraced Dynamics #1 (F Major Chord)

Terraced Dynamics #2 (F Major Chord)

Ensemble Tuning

106 107 108 109 110 111 112 113 114 115 116 117 118 119

Fl. 1 *p mp mf f ff ff f mf mp p* group 4

Fl. 2 *p mp mf f ff ff f mf mp p* group 4

Cl. 1 *p mp mf f ff ff f mf mp p* group 4

Cl. 2 *p mp mf f ff ff f mf mp p* group 4

B. Cl. 1 *p mp mf f ff ff f mf mp p* group 1

B. Cl. 2 *p mp mf f ff ff f mf mp p* group 1

Alto Sax. 1 *p mp mf f ff ff f mf mp p* group 3

Alto Sax. 2 *p mp mf f ff ff f mf mp p* group 3

Ten. Sax. 1 *p mp mf f ff ff f mf mp p* group 3

Ten. Sax. 2 *p mp mf f ff ff f mf mp p* group 3

Bari. Sax. 1 *p mp mf f ff ff f mf mp p* group 1

Bari. Sax. 2 *p mp mf f ff ff f mf mp p* group 1

Tpt. 1 *p mp mf f ff ff f mf mp p* group 4

Tpt. 2 *p mp mf f ff ff f mf mp p* group 4

Hn. 1 *p mp mf f ff ff f mf mp p* group 3

Hn. 2 *p mp mf f ff ff f mf mp p* group 3

LB. 1 *p mp mf f ff ff f mf mp p* group 2

LB. 2 *p mp mf f ff ff f mf mp p* group 2

Tba. 1 *p mp mf f ff ff f mf mp p* group 1

Tba. 2 *p mp mf f ff ff f mf mp p* group 1

Perc. *p mp mf f ff ff f mf mp p*

Xyl. *p mp mf f ff ff f mf mp p* group 4

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

Measures 1-10: Long tones exercise. Notes: G4, A4, B4, C5, B4, A4, G4. Dynamics: *mp*. Performance instructions: *steady, even air* and *vibrato!*

Measures 11-20: Long tones exercise. Notes: F4, E4, D4, C4, B3, A3, G3, F3, E3, D3. Dynamics: *mp*.

Long Tones 2

Measures 21-32: Long tones exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Dynamics: *mp*. Performance instruction: *pure, beautiful sounds*

Chord Sustain

Measures 33-44: Chord sustain exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Dynamics: *mf*

Flexibility 1

Measures 45-52: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *long sustain*

Measures 53-59: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *go back up!*

Flexibility 2

Measures 60-64: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *go back up!*

Measures 65-69: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *go back up!*

Flexibility 3

Measures 70-74: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *major scales*

Measures 75-76: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *major scales*

Measures 77-79: Flexibility exercise. Notes: B3, A3, G3, F3, E3, D3, C3, B2, A2, G2. Performance instruction: *major scales*

2

Flexibility 4

Flute 1

Individual Time Articulation (Eb Major Chord)

Terraced Dynamics #1 (F Major Chord)

Terraced Dynamics #2 (F Major Chord)

Ensemble Tuning

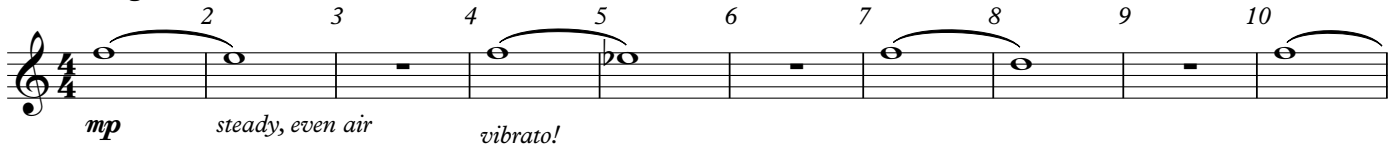
Ensemble Warm-Ups

At Two Levels

John McAllister

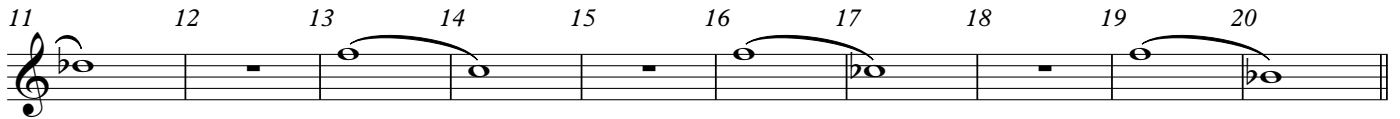
Long Tones 1

2 3 4 5 6 7 8 9 10



mp steady, even air vibrato!

11 12 13 14 15 16 17 18 19 20



Long Tones 2

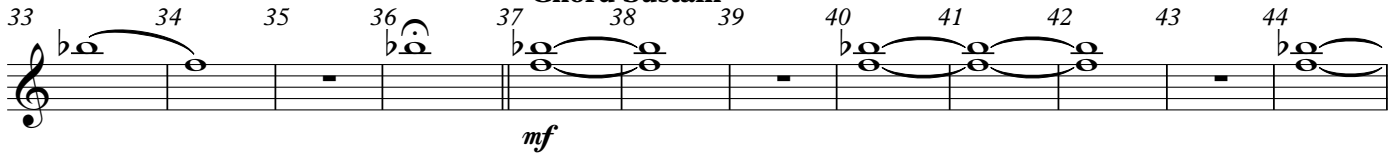
21 22 23 24 25 26 27 28 29 30 31 32



mp pure, beautiful sounds

Chord Sustain

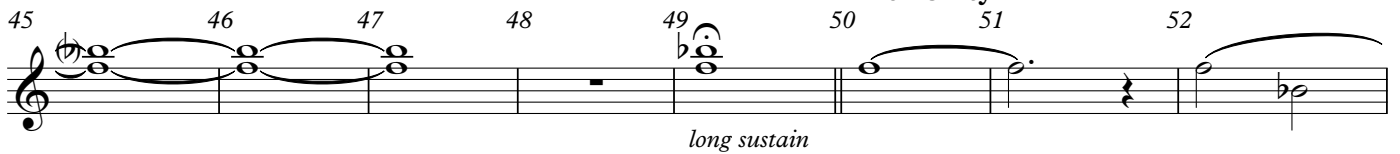
33 34 35 36 37 38 39 40 41 42 43 44



mf

Flexibility 1

45 46 47 48 49 50 51 52



long sustain

53 54 55 56 57 58 59



go back up!

Flexibility 2

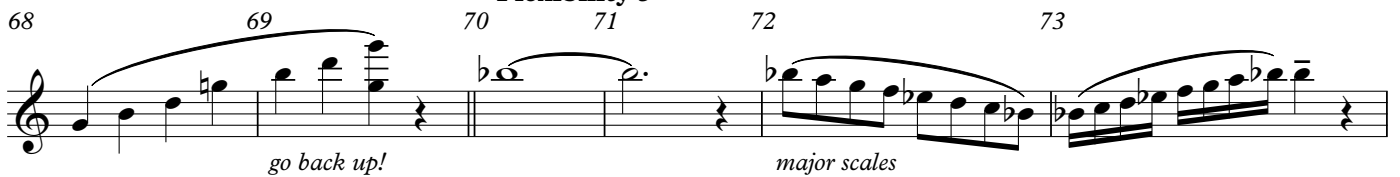
60 61 62 63 64 65 66 67



arpeggios

Flexibility 3

68 69 70 71 72 73



go back up! major scales

74 75 76



77 78 79



2
80 **Flexibility 4** Flute 2
82 83
chromatic scale

84 85 86 87

Individual Time Articulation (Eb Major Chord)
88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)
106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)
111 112 113 114 115

Ensemble Tuning
116 117 118 119
group 4

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air flat chin!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64

65 66 67 68 69

Flexibility 3

70 71 72 73 74

major scales

75 76 77 78 79

Clarinet 1

80 **Flexibility 4** 81 82

83 84 85

86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

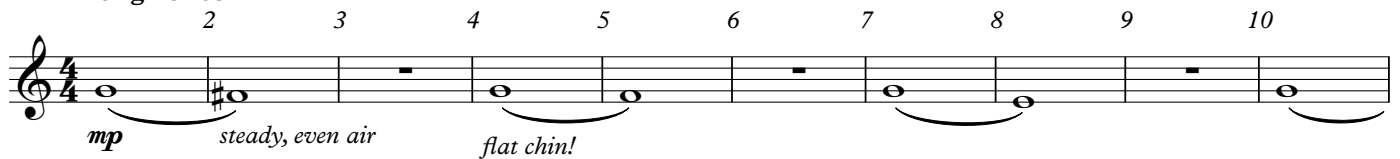
Ensemble Warm-Ups

At Two Levels

John McAllister

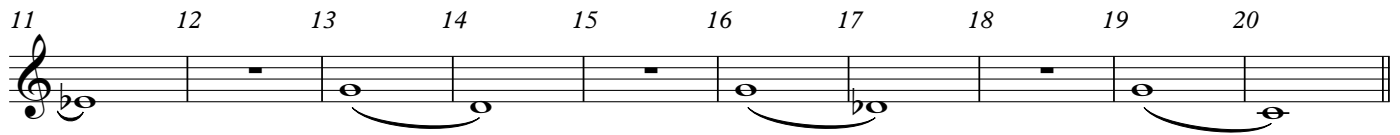
Long Tones 1

2 3 4 5 6 7 8 9 10



mp steady, even air flat chin!

11 12 13 14 15 16 17 18 19 20



Long Tones 2

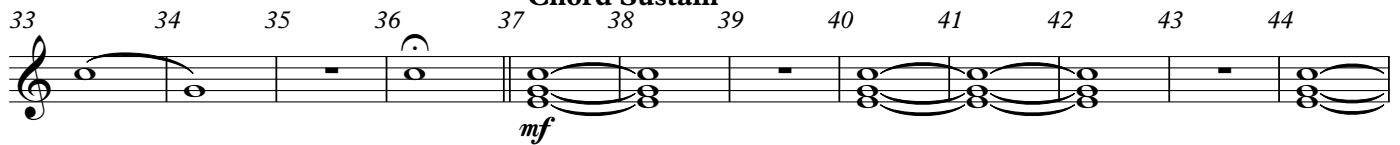
21 22 23 24 25 26 27 28 29 30 31 32



mp pure, beautiful sounds

Chord Sustain

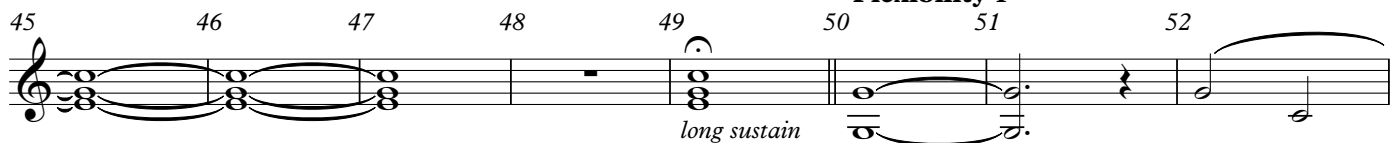
33 34 35 36 37 38 39 40 41 42 43 44



mf

Flexibility 1

45 46 47 48 49 50 51 52



long sustain

53 54 55 56 57 58 59



go back up!

Flexibility 2

60 61 62 63 64 65 66 67



arpeggios

Flexibility 3

68 69 70 71 72 73



go back up! major scales

74 75 76



77 78 79



Clarinet 2

80 **Flexibility 4** 81 82 83

chromatic scale

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

group 4

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air flat chin!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64

65 66 67 68 69

Flexibility 3

70 71 72 73 74

major scales

75 76 77 78

79 80 Flexibility 4 81

82 83 84

85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 *p* 110 *f*

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

group 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air flat chin!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64

arpeggios

65 66 67 68 69

go back up!

Flexibility 3

70 71 72 73 74

major scales

75 76 77 78

Flexibility 4

79 80 81 82

chromatic scale

83 84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

4

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

p *mp* *mf* *f* *ff*

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

ff *f* *mf* *mp* *p*

Ensemble Tuning

116 117 118 119

group 1

Alto Sax 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air firm embouchure!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

33 34 35 36 37 38 39 40 41 42 43 44

Chord Sustain

mf

45 46 47 48 49 50 51 52

Flexibility 1

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64

65 66 67 68 69

Flexibility 3

70 71 72 73 74

major scales

75 76 77

78 79

2 80 **Flexibility 4** 81 Alto Sax 1 82

83 84 85

86 87

Individual Time Articulation (Eb Major Chord)
88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)
106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)
111 112 113 114 115

Ensemble Tuning
116 117 118 119

Alto Sax 2

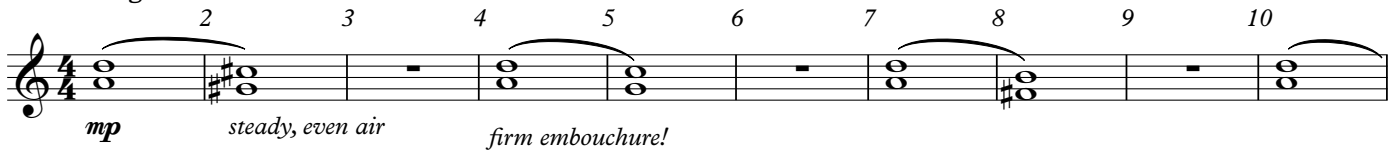
Ensemble Warm-Ups

At Two Levels

John McAllister

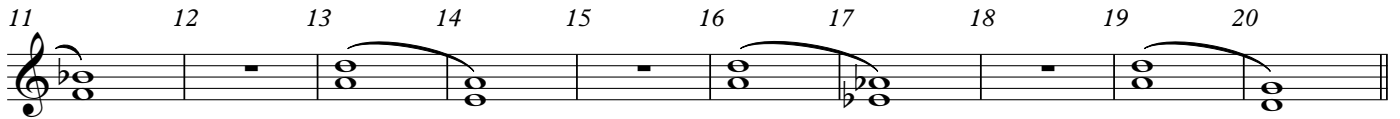
Long Tones 1

2 3 4 5 6 7 8 9 10



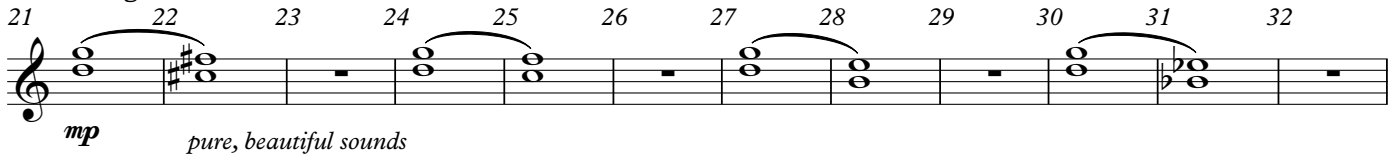
mp steady, even air firm embouchure!

11 12 13 14 15 16 17 18 19 20



Long Tones 2

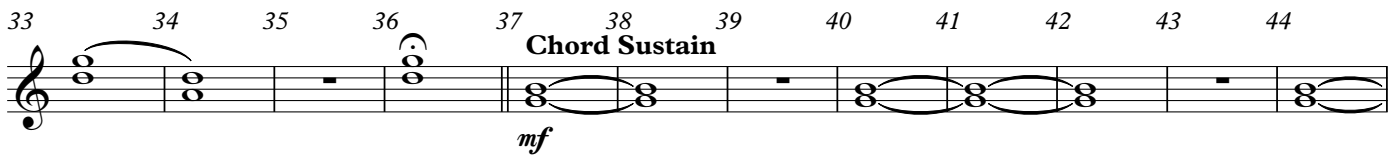
21 22 23 24 25 26 27 28 29 30 31 32



mp pure, beautiful sounds

33 34 35 36 37 38 39 40 41 42 43 44

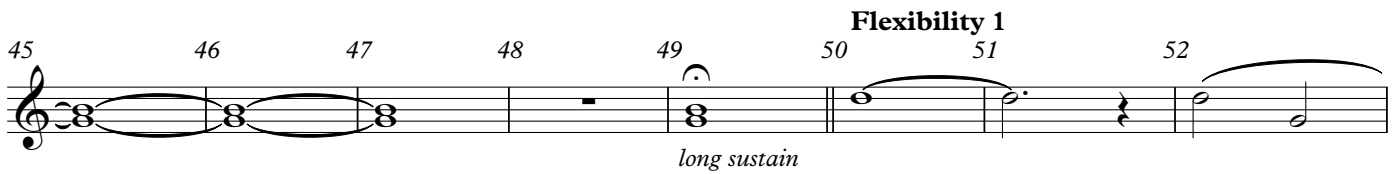
Chord Sustain



mf

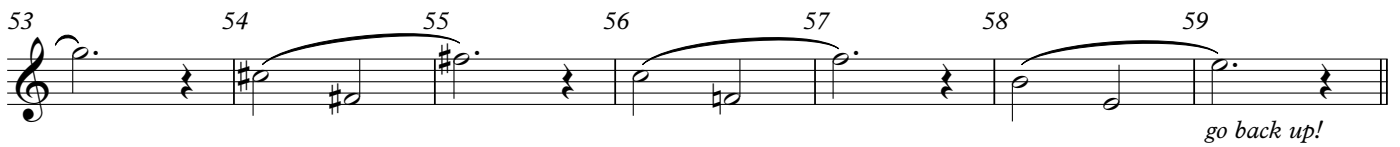
45 46 47 48 49 50 51 52

Flexibility 1



long sustain

53 54 55 56 57 58 59



go back up!

60 61 62 63 64 65 66 67

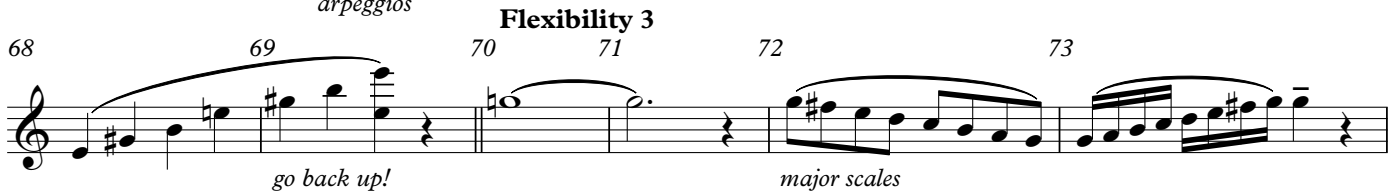
Flexibility 2



arpeggios

68 69 70 71 72 73

Flexibility 3



go back up! major scales

74 75 76



77 78 79



Alto Sax 2

80 **Flexibility 4** 81 82 83

chromatic scale

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

p *f*

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

ff *f* *mf* *mp* *p*

Ensemble Tuning

116 117 118 119

group 3

Tenor Sax 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air firm embouchure!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

33 34 35 36 37 38 39 40 41 42 43 44

mf Chord Sustain

45 46 47 48 49 50 51 52

Flexibility 1
long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64

65 66 67 68 69

Flexibility 3

70 71 72 73 74

major scales

75 76

77 78 79

2

Flexibility 4

Tenor Sax 1

Musical staff for measures 80-82. Measure 80 starts with a treble clef and a key signature of one flat. It contains a series of eighth notes with various accidentals. Measures 81 and 82 continue this melodic line with similar rhythmic patterns and accidentals.

Musical staff for measures 83-84. Measure 83 continues the melodic line from the previous staff. Measure 84 features a similar melodic pattern with a flat accidental on the first note.

Musical staff for measures 85-87. Measure 85 continues the melodic line. Measures 86 and 87 show further development of the melodic theme with various accidentals and rhythmic values.

Individual Time Articulation (Eb Major Chord)

Musical staff for measures 88-98. Measure 88 is a whole rest. Measure 89 has a 4-measure rest. Measures 90-98 show individual notes with various articulation marks like accents and slurs, all within an Eb major chord.

Musical staff for measures 99-105. Measures 99-100 are whole rests. Measures 101-105 show notes with articulation marks, including accents and slurs, with dynamics *p* and *f* indicated.

Terraced Dynamics #1 (F Major Chord)

Musical staff for measures 106-110. Each measure contains a single note with a dynamic marking: *p* (106), *mp* (107), *mf* (108), *f* (109), and *ff* (110).

Terraced Dynamics #2 (F Major Chord)

Musical staff for measures 111-115. Each measure contains a single note with a dynamic marking: *ff* (111), *f* (112), *mf* (113), *mp* (114), and *p* (115).

Ensemble Tuning

Musical staff for measures 116-119. Measure 116 is a whole rest. Measures 117-119 show notes with slurs and dynamic markings, including *group 3* in measure 116.

Tenor Sax 2

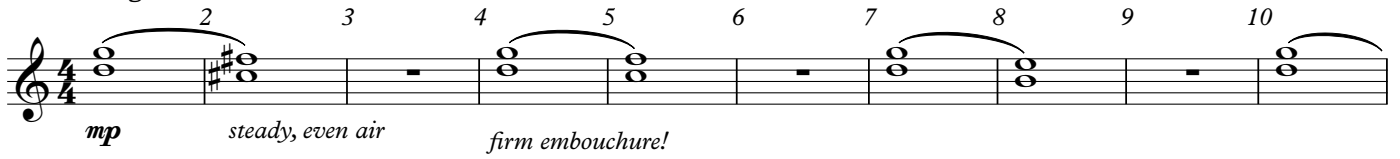
Ensemble Warm-Ups

At Two Levels

John McAllister

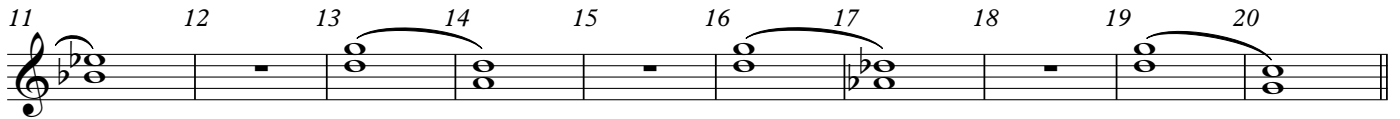
Long Tones 1

2 3 4 5 6 7 8 9 10



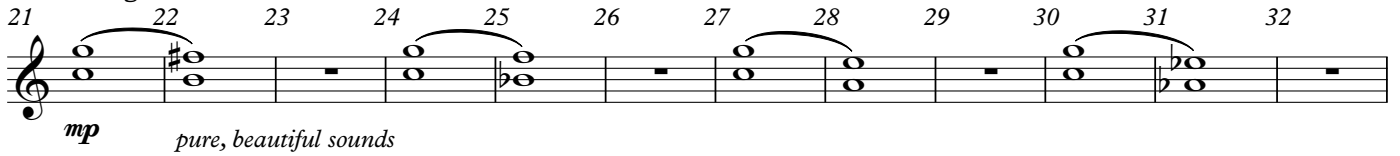
mp steady, even air firm embouchure!

11 12 13 14 15 16 17 18 19 20



Long Tones 2

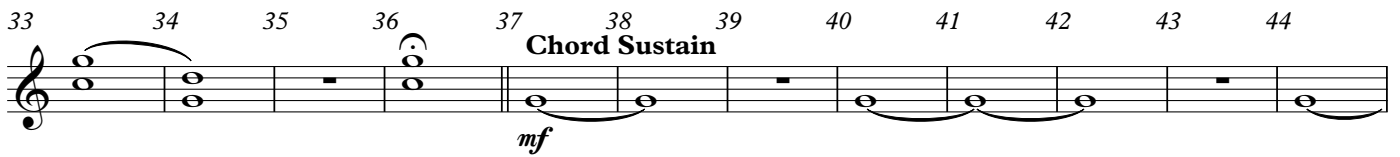
21 22 23 24 25 26 27 28 29 30 31 32



mp pure, beautiful sounds

33 34 35 36 37 38 39 40 41 42 43 44

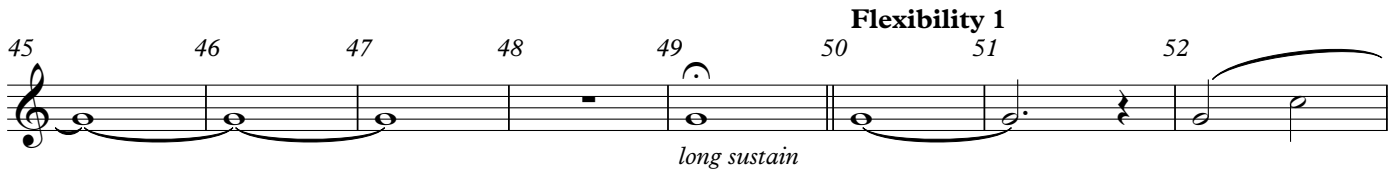
Chord Sustain



mf

45 46 47 48 49 50 51 52

Flexibility 1



mf long sustain

53 54 55 56 57 58 59



mf go back up!

60 61 62 63 64 65 66 67

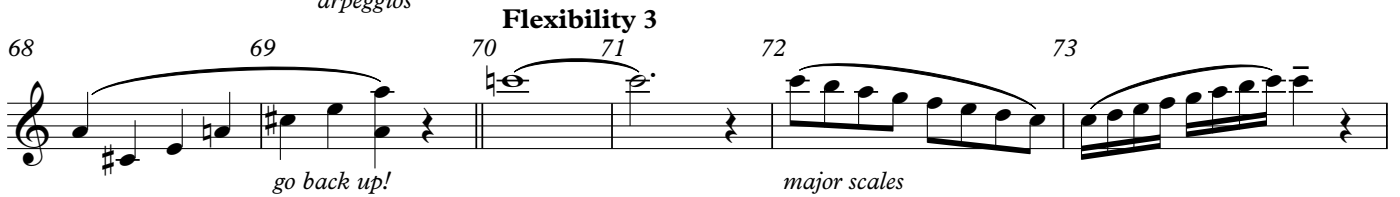
Flexibility 2



mf arpeggios

68 69 70 71 72 73

Flexibility 3



mf go back up! major scales

74 75 76



77 78 79



2
80 **Flexibility 4** Tenor Sax 2
81 82 83
chromatic scale

84 85 86 87

Individual Time Articulation (Eb Major Chord)
88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)
106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)
111 112 113 114 115

116 **Ensemble Tuning** 117 118 119
group 3

Bari Sax 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

11 *mp* 12 *steady, even air* 13 14 *firm embouchure!* 15 16 17 18 19 20

Detailed description: This section contains ten measures of music. Measures 2, 4, 6, 8, and 10 feature a half-note G4 with a slur underneath. Measures 3, 5, 7, 9, and 11 are whole rests. The dynamic is *mp*. Performance instructions include *steady, even air* and *firm embouchure!*.

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

33 *mp* 34 35 36 *pure, beautiful sounds*

Detailed description: This section contains twelve measures of music. Measures 21, 23, 25, 27, 29, 31, and 32 feature a half-note G4 with a slur underneath. Measures 22, 24, 26, 28, 30, and 33 are whole rests. The dynamic is *mp*. Performance instruction is *pure, beautiful sounds*.

Chord Sustain

37 38 39 40 41 42 43 44

45 *mf*

Detailed description: This section contains eight measures of music. Measures 37, 39, 41, 43, and 44 feature a half-note G4 with a slur underneath. Measures 38, 40, 42, and 45 are whole rests. The dynamic is *mf*.

Flexibility 1

46 47 48 49 50 51 52

53 *long sustain*

Detailed description: This section contains seven measures of music. Measures 46, 48, 50, and 52 feature a half-note G4 with a slur underneath. Measures 47, 49, 51, and 53 are whole rests. The instruction *long sustain* is written below the staff.

54 55 56 57 58 59 *go back up!*

Flexibility 2

60 61 62 63 64

Detailed description: This section contains five measures of music. Measures 60, 62, 63, and 64 feature a half-note G4 with a slur underneath. Measure 61 is a whole rest.

65 66 67 68 69

Detailed description: This section contains five measures of music. Measures 65, 67, 68, and 69 feature a half-note G4 with a slur underneath. Measure 66 is a whole rest.

Flexibility 3

70 71 72 73 74

75 *major scales*

Detailed description: This section contains five measures of music. Measures 70, 72, 73, and 74 feature a half-note G4 with a slur underneath. Measure 71 is a whole rest. The instruction *major scales* is written below the staff.

76 77

Detailed description: This section contains two measures of music. Measures 76 and 77 feature a half-note G4 with a slur underneath.

78 79

Detailed description: This section contains two measures of music. Measures 78 and 79 feature a half-note G4 with a slur underneath.

2 80 **Flexibility 4** 81 Bari Sax 1 82

83 84 85

86 87

Individual Time Articulation (Eb Major Chord)
88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)
106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)
111 112 113 114 115

116 **Ensemble Tuning** 117 118 119

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air firm embouchure!

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64 65 66 67

arpeggios

Flexibility 3

68 69 70 71 72 73

go back up! major scales

74 75 76

77 78 79

Bari Sax 2

80 **Flexibility 4** 81 82 83

chromatic scale

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

p mp mf f ff

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

ff f mf mp p

Ensemble Tuning

116 117 118 119

group 1

Trumpet 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

mf long sustain

53 54 55 56 57 58 59

mf go back up!

Flexibility 2

60 61 62 63 64 65

66 67 68 69

Flexibility 3

70 71 72 73 74

75 76 77 78 79

Trumpet 1

80 **Flexibility 4** 81 82 83

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

Trumpet 2

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64 65 66 67

Flexibility 3

68 69 70 71 72 73

go back up!

74 75 76 77 78 79

2

Flexibility 4

Trumpet 2

80 81 82 83 84 85 86

Individual Time Articulation (Eb Major Chord)

87 88 92 93 94 95 96 97

98 99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

group 4

Horn 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

mf long sustain

53 54 55 56 57 58 59

mf go back up!

Flexibility 2

60 61 62 63 64 65

66 67 68 69

Flexibility 3

70 71 72 73 74

75 76 77 78 79

Horn 1

80 **Flexibility 4** 81 82 83

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64 65 66 67

Flexibility 3

68 69 70 71 72 73

go back up!

74 75 76 77 78 79

2

Flexibility 4

Horn 2

80 81 82 83 84 85 86

Individual Time Articulation (Eb Major Chord)

87 88 92 93 94 95 96 97

4

98 99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

group 3

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64 65

66 67 68 69

Flexibility 3

70 71 72 73 74

75 76 77 78 79

2 80 **Flexibility 4** 81 Trb/Bağ 1 83

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

group 2

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

mf long sustain

53 54 55 56 57 58 59

mf go back up!

Flexibility 2

60 61 62 63 64 65 66 67

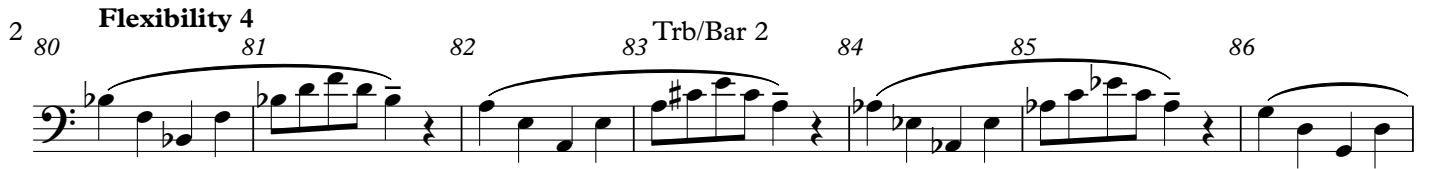
Flexibility 3

68 69 70 71 72 73

mf go back up!

74 75 76 77 78 79

2 **Flexibility 4**
80 81 82 83 Trb/Bar 2 84 85 86




Individual Time Articulation (Eb Major Chord)
87 88 92 93 94 95 96 97



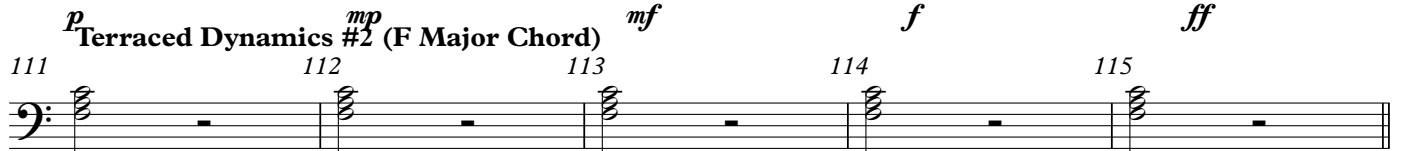
98 99 100 101 102 103 104 105



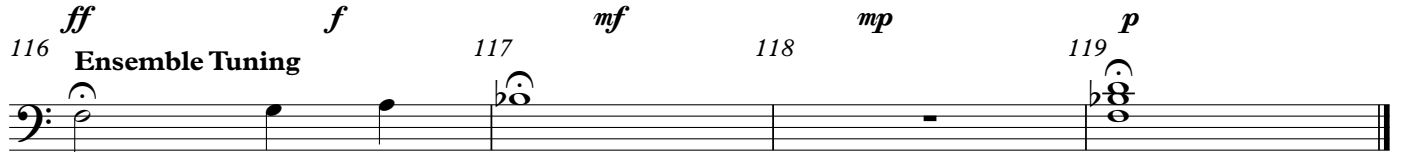
Terraced Dynamics #1 (F Major Chord)
106 107 108 109 110



Terraced Dynamics #2 (F Major Chord)
111 112 113 114 115



Ensemble Tuning
116 117 118 119



group 2

Tuba 1

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

Flexibility 1

45 46 47 48 49 50 51 52

mf long sustain

53 54 55 56 57 58 59

Flexibility 2

60 61 62 63 64 65

mf go back up!

66 67 68 69

Flexibility 3

70 71 72 73 74

75 76 77 78 79

Tuba 1

80 **Flexibility 4** 81 82 83

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98

99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

Tuba 2

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

mp steady, even air

11 12 13 14 15 16 17 18 19 20

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp pure, beautiful sounds

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52

long sustain

53 54 55 56 57 58 59

go back up!

Flexibility 2

60 61 62 63 64 65 66 67

Flexibility 3

68 69 70 71 72 73

go back up!

74 75 76 77 78 79

2

Flexibility 4

Tuba 2

80 81 82 83 84 85 86

Individual Time Articulation (Eb Major Chord)

87 88 92 93 94 95 96 97

98 99 100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

Ensemble Tuning

116 117 118 119

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

1 2 3 4 5 6

7 8 9 10 11 12

13 14 15 16 17 18

19 20 **Long Tones 2** 21 22 23 24

25 26 27 28 29 30

31 32 33 34 35 36

37 **Chord Sustain** 38 39 40 41 42

43 44 45 46 47 48

49 **Flexibility 1** 50 51 52 53 54

55 56 57

58 59 60 **Flexibility 2**

Percussion

62 63 64 65

66 67 68 69

70 Flexibility 3 72 73 74 75

2

76 77 78 79

80 Flexibility 4 81 82 83

84 85 86 87

Individual Time Articulation (Eb Major Chord)

88 92 93 94 95 96 97 98 99

4

100 101 102 103 104 105

Terraced Dynamics #1 (F Major Chord)

106 107 108 109 110

p *mp* *mf* *f* *ff*

Terraced Dynamics #2 (F Major Chord)

111 112 113 114 115

ff *f* *mf* *mp* *p*

116 Ensemble Tuning

4

Ensemble Warm-Ups

At Two Levels

John McAllister

Long Tones 1

2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18 19 20

mp

Long Tones 2

21 22 23 24 25 26 27 28 29 30 31 32

mp

Chord Sustain

33 34 35 36 37 38 39 40 41 42 43 44

mf

Flexibility 1

45 46 47 48 49 50 51 52 53

long sustain

54 55 56 57 58

Flexibility 2

59 60 61 62 63 64

go back up!

65 66 67 68 69

Flexibility 3

70 71 72 73 74

major scales

75 76

77 78 79

80 Flexibility 4

81

82

83

84

85

86

87

Individual Time Articulation (Eb Major Chord)

88

92

93

94

95

96

97

98

99

100

101

102

103

104

105

Terraced Dynamics #1 (F Major Chord)

106

107

108

109

110

Terraced Dynamics #2 (F Major Chord)

111

112

113

114

115

116 Ensemble Tuning

117

118

119

group 4