Fl: Play Sing Play Sing Play Sing Play Sing
Ob: Play Sing Play Sing Play Sing Play Sing
Bsn: Play Sing Play Sing Play Sing Play Sing
Cl. 1: Play Sing Play Sing Play Sing Play Sing
Cl. 2: Play Sing Play Sing Play Sing Play Sing
B. Cl: Play Sing Play Sing Play Sing Play Sing
Alto Sax: Play Sing Play Sing Play Sing Play Sing
Ten. Sax: Play Sing Play Sing Play Sing Play Sing
Bari. Sax: Play Sing Play Sing Play Sing Play Sing
Tpt. 1: Sing Play Play Sing Sing Play Play Sing
Tpt. 2: Sing Play Play Sing Sing Play Play Sing
Hn: Sing Play Play Sing Sing Play Play Sing
Tbn. 1: Sing Play Play Sing Sing Play Play Sing
Tbn. 2: Sing Play Play Sing Sing Play Play Sing
Euph: Sing Play Play Sing Sing Play Play Sing
Tba: Sing Play Play Sing Sing Play Play Sing
Sn/Bass: Sing Play Sing Play Sing Play Sing
Timp: Sing Play Sing Sing Sing Play Sing
M 1: Play Sing Play Sing Play Sing Play Sing
M 2: Play Sing Play Sing Play Sing Play Sing
This long tones sequence also works with my "Cinematic Long Tones," check out website for details.

Use your own preference and vary Long Tones 1

Percussion Tip -- Have students play the bass rhythms, but on auxiliary instruments (triangle, tambourine, etc)

Director Notes:
- Staggered Ln. Tones
- Use your own preference and vary
- Long Tones 1

check out website for details.
Director Notes:
Percussionists should use a smaller division (aka sextuplets) if the tempo is really slow.
Director Notes:
Apply the long tones concept to musical passages -
Balance, blending, and intonation practice
Director Notes:
Define beginning of notes (try breath attacks)
Define how to release.
Work on playing together

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Flexibility 2
Director Notes:
Once the printed dynamic patterns are mastered, change it up!
Director Notes:
This is also a great time to give students some "play the horn" exercises
that they can all work on individually since this whole exercise will
be cacophonous

Extended Range (individual)

Tenuto Practice
<table>
<thead>
<tr>
<th>Tpt. 1</th>
<th>Tpt. 2</th>
<th>Hn</th>
<th>Tbn. 1</th>
<th>Tbn. 2</th>
<th>Euph</th>
<th>Tba</th>
<th>Sn/Bass</th>
<th>Timp</th>
<th>M 1</th>
<th>M 2</th>
</tr>
</thead>
</table>

**Staccato Practice**
Director Notes: I make sure the student know which notes to adjust the instrument on... may be good to have them map all the tendencies.
Director Notes:
Snare/Bass Parts are there in case you need them. I prefer to give the percussionists and alternative assignment since chorale work is less essential.
Chorale in Ab

Tune Eb, Ab

snares off, or play on tom

Chorale in Ab

Tune Eb, Ab
Director Notes:

Now on to more specific technique..
Flute

Comprehensive Warm-Ups
Revision 2019

John McAllister

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

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Tenuto Practice

Staccato Practice

Accent Practice

Ensemble Tuning

Chorale in Eb

Chorale in F (d minor)

Chorale in Ab
Oboe

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Bassoon

Comprehensive Warm-Ups
Revision 2019

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Breathe and Sustain
(Play, Buzz, Sing, etc)

take in air

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Clarinet in B♭ 1

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

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Clarinet in B♭

**Comprehensive Warm-Ups**

*Revision 2019*

**Breathe and Sustain**
*(Play, Buzz, Sing, etc)*

1. \( \text{take in air} \)

2. \( \text{Singing & Playing (Concert F or other notes)} \)

3. \( \text{Play} \)

4. \( \text{Sing} \)

5. \( \text{Play} \)

6. \( \text{Sing} \)

7. \( \text{Play} \)

8. \( \text{Sing} \)

9. \( \text{Play} \)

10. \( \text{Sing} \)

11. \( \text{Play} \)

12. \( \text{Sing} \)

13. \( \text{Play} \)

14. \( \text{Sing} \)

15. \( \text{Play} \)

16. \( \text{Sing} \)

17. \( \text{Play} \)

18. \( \text{Sing} \)

19. \( \text{Play} \)

20. \( \text{Sing} \)

21. \( \text{Play} \)

22. \( \text{Sing} \)

23. \( \text{Play} \)

24. \( \text{Sing} \)

25. \( \text{Play} \)

26. \( \text{Sing} \)

27. \( \text{Play} \)

28. \( \text{Sing} \)

29. \( \text{Play} \)

30. \( \text{Sing} \)

31. \( \text{Play} \)

32. \( \text{Long Tones 2} \)

33. \( \text{Long Tones 3} \)

34. \( \text{Long Tones Chorale} \)

35. \( \text{Start and Release} \)

36. \( \text{Mini Air-Flow Study} \)

37. \( \text{Mini Air-Flow Study #2} \)

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Tenuto Practice

Staccato Practice

Accent Practice

Ensemble Tuning

Chorale in Eb

Chorale in F (d minor)

Chorale in Ab
Bass Clarinet in B♭

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Comprehensive Warm-Ups
Revision 2019

Alto Saxophone

Take in air
Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

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www.johnmcallistermusic.com
Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Baritone Saxophone

Comprehensive Warm-Ups
Revision 2019
John McAllister

Breathe and Sustain
(Play, Buzz, Sing, etc)

take in air

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Tenuto Practice

Staccato Practice

Accent Practice

Ensemble Tuning

Chorale in Eb

Chorale in F (d minor)

Chorale in Ab
Comprehensive Warm-Ups
Revision 2019

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Trumpet in B♭

Breathe and Sustain
(Play, Buzz, Sing, etc)

take in air

Singing & Playing
(Concert F or other notes)

Sing
Play
Sing
Play
Play
Sing

Singing & Playing
(Chord)

Sing
Play
Sing
Play
Play
Sing

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Comprehensive Warm-Ups
Revision 2019
John McAllister

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

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Comprehensive Warm-Ups
Revision 2019
John McAllister

Breathe and Sustain
(Play, Buzz, Sing, etc)

Sing & Playing
(Concert F or other notes)

Sing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Comprehensive Warm-Ups
Revision 2019

Trombone 2

Breathe and Sustain
(Play, Buzz, Sing, etc)

take in air

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

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Euphonium

Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Singing & Playing
(Chord)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

Singing & Playing

(Concert F or other notes)

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Breathe and Sustain
(Play, Buzz, Sing, etc)

Singing & Playing
(Concert F or other notes)

Long Tones 1

Long Tones 2

Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2
Chorale in Eb
snares off, or play on tom

Chorale in F
(d minor)

Chorale in Ab
snares off, or play on tom
Chorale in F (d minor)

Tune F, Bb

Chorale in Ab

Tune Eb, Ab
Mini Air-Flow Study

Flexibility 1

Flexibility 2

Flexibility 3

Dynamic Control
Comprehensive Warm-Ups
Revision 2019

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Long Tones 3

Long Tones Chorale

Start and Release

Mini Air-Flow Study

Mini Air-Flow Study #2

Flexibility 1

Flexibility 2
Flexibility 2

Dynamic Control

Extended Range (individual)