

# Build-A-Warm-Up

Flexibility Set #1

John McAllister

The score is for a warm-up exercise in 4/4 time, marked with a box 'A' at the beginning. It consists of 16 measures. The instruments and their parts are as follows:

- Flute:** Measures 1-2: G4, A4, Bb4, C5. Measures 3-4: D5, E5, F5, G5. Measures 5-6: G5, F5, E5, D5. Measures 7-8: C5, Bb4, A4, G4.
- Oboe:** Same as Flute.
- Bassoon:** Same as Flute.
- Clarinet in Bb:** Measures 1-2: G3, A3, Bb3, C4. Measures 3-4: D4, E4, F4, G4. Measures 5-6: G4, F4, E4, D4. Measures 7-8: C4, Bb3, A3, G3.
- Bass Clarinet in Bb:** Same as Clarinet in Bb.
- Alto Saxophone:** Measures 1-2: G3, A3, Bb3, C4. Measures 3-4: D4, E4, F4, G4. Measures 5-6: G4, F4, E4, D4. Measures 7-8: C4, Bb3, A3, G3.
- Tenor Saxophone:** Same as Alto Saxophone.
- Baritone Saxophone:** Same as Alto Saxophone.
- Trumpet in Bb:** Measures 1-2: G3, A3, Bb3, C4. Measures 3-4: D4, E4, F4, G4. Measures 5-6: G4, F4, E4, D4. Measures 7-8: C4, Bb3, A3, G3.
- Horn in F (comfortable range):** Measures 1-2: G3, A3, Bb3, C4. Measures 3-4: D4, E4, F4, G4. Measures 5-6: G4, F4, E4, D4. Measures 7-8: C4, Bb3, A3, G3.
- Horn in F (unison):** Same as Horn in F (comfortable range).
- Trombone:** Measures 1-2: G2, A2, Bb2, C3. Measures 3-4: D3, E3, F3, G3. Measures 5-6: G3, F3, E3, D3. Measures 7-8: C3, Bb2, A2, G2.
- Baritone:** Same as Trombone.
- Tuba:** Measures 1-2: G2, A2, Bb2, C3. Measures 3-4: D3, E3, F3, G3. Measures 5-6: G3, F3, E3, D3. Measures 7-8: C3, Bb2, A2, G2.
- Snare / Bass:** Measures 1-2: Quarter notes G2, A2, Bb2, C3. Measures 3-4: Quarter notes D3, E3, F3, G3. Measures 5-6: Quarter notes G3, F3, E3, D3. Measures 7-8: Quarter notes C3, Bb2, A2, G2.
- Auxiliary:** Measures 1-2: Quarter notes G2, A2, Bb2, C3. Measures 3-4: Quarter notes D3, E3, F3, G3. Measures 5-6: Quarter notes G3, F3, E3, D3. Measures 7-8: Quarter notes C3, Bb2, A2, G2.
- Mallets (high):** Measures 1-2: Quarter notes G3, A3, Bb3, C4. Measures 3-4: Quarter notes D4, E4, F4, G4. Measures 5-6: Quarter notes G4, F4, E4, D4. Measures 7-8: Quarter notes C4, Bb3, A3, G3.
- Mallets (low):** Measures 1-2: Quarter notes G2, A2, Bb2, C3. Measures 3-4: Quarter notes D3, E3, F3, G3. Measures 5-6: Quarter notes G3, F3, E3, D3. Measures 7-8: Quarter notes C3, Bb2, A2, G2.

Annotations:

- Box 'A' at the start of the first staff.
- Numbers 2, 3, 4, 5, 6, 7 above the first staff.
- Text: "Play on various aux. instruments to practice proper technique" under the Auxiliary staff.
- Text: "Note: rolls optional on sustained notes" under the Mallets (high) staff.
- Box 'A' at the start of the Mallets (low) staff.
- Text: "Note: rolls optional on sustained notes" under the Mallets (low) staff.

This musical score page contains measures 8 through 14. The instruments are arranged as follows:

- Flute (Fl.)
- Oboe (Ob.)
- Bassoon (Bsn.)
- Clarinet (Cl.)
- Bass Clarinet (B. Cl.)
- Alto Saxophone (Alto Sax.)
- Tenor Saxophone (Ten. Sax.)
- Bari Saxophone (Bari. Sax.)
- Trumpet (Tpt.)
- Horn (Hn.) - two staves
- Tuba (Tbn.)
- Baritone (Bar.)
- Trombone (Tba.)
- Percussion (Perc.)
- Tam-tam (Tamb.)
- Vibraphone (Vib.) - two staves

The score features a variety of musical notations, including rests, eighth notes, quarter notes, and half notes, often grouped with slurs. Measure numbers 8, 9, 10, 11, 12, 13, and 14 are clearly marked at the top of the page.

16 17 18 19 20 21 22 3

**B**

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Tamb.

Vib.

**B**

Vib.

This page of a musical score covers measures 23 through 31. The instrumentation includes:

- Flute (Fl.)
- Oboe (Ob.)
- Bassoon (Bsn.)
- Clarinet (Cl.)
- Bass Clarinet (B. Cl.)
- Alto Saxophone (Alto Sax.)
- Tenor Saxophone (Ten. Sax.)
- Baritone Saxophone (Bari. Sax.)
- Trumpet (Tpt.)
- Horn (Hn.) - two parts
- Trombone (Tbn.)
- Baritone (Bar.)
- Tuba (Tba.)
- Percussion (Perc.)
- Tam-tam (Tamb.)
- Vibraphone (Vib.) - two parts

The score features various musical notations including rests, notes with stems, beams, slurs, and dynamic markings such as *f* and *mf*. The percussion part includes complex rhythmic patterns with sixteenth notes and rests. The woodwind and brass parts often use slurs to indicate phrasing across multiple measures.

33 34 35 36 37 38 39 40 41 5

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Tamb.

Vib.

Vib.

42 43 44 45 46 47 48 49

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Tamb.

Vib.

Vib.

D

51 52 53 54 55 56 57 58

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Diddle Prep

Tamb.

Vib.

Vib.

D

59 60 61 62 63 64 65 66 67

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Tamb.

Vib.

Vib.

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(five stroke roll)

(nine stroke roll)

E

Fl.

Ob.

Bsn.

Cl.

B. Cl.

Alto Sax.

Ten. Sax.

Bari. Sax.

Tpt.

Hn.

Hn.

Tbn.

Bar.

Tba.

Perc.

Tamb.

Vib.

Vib.

Flam Taps  
IR R rL L IR R rL L IR R rL L IR

5 stroke roll

E

This page of a musical score covers measures 77 through 85. The instruments are arranged in the following order from top to bottom: Flute (Fl.), Oboe (Ob.), Bassoon (Bsn.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn I (Hn.), Horn II (Hn.), Trombone (Tbn.), Baritone (Bar.), Tuba (Tba.), Percussion (Perc.), Tambourine (Tamb.), and Vibraphone (Vib.).

The woodwind and saxophone parts (Fl., Ob., Bsn., Cl., B. Cl., Alto Sax., Ten. Sax., Bari. Sax.) feature melodic lines with long, expressive slurs across measures 77-79, 80-82, and 83-85. The brass parts (Tpt., Hn., Hn., Tbn., Bar., Tba.) provide harmonic support with sustained notes and rhythmic patterns. The percussion section includes a snare drum part with three distinct "stroke roll" patterns: a 5-stroke roll in measure 78, and two 9-stroke rolls in measures 81 and 84. The Tambourine and Vibraphone parts provide a steady rhythmic accompaniment.

This musical score page, numbered 11, covers measures 87 through 93. It features a woodwind section with parts for Flute (Fl.), Oboe (Ob.), Bassoon (Bsn.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), and Baritone Saxophone (Bari. Sax.). The brass section includes Trumpet (Tpt.), Horns (Hn.), Trombone (Tbn.), Baritone (Bar.), and Tuba (Tba.). The percussion section (Perc.) includes Tambourine (Tamb.), Vibraphone (Vib.), and another Vibraphone (Vib.).

The score is written in common time (C) and includes various musical notations such as notes, rests, and slurs. A key signature change to one flat (F) is indicated at the beginning of measure 87 and again at the start of the second Vibraphone part in measure 93. The percussion part features complex rhythmic patterns with accents and triplets, with the instruction "(flam accents)" appearing in measure 90. The woodwind parts consist of sustained notes with slurs, often spanning multiple measures.

This page of a musical score covers measures 95 through 99. It features a variety of instruments including woodwinds (Flute, Oboe, Bassoon, Clarinet, Bass Clarinet, Alto Saxophone, Tenor Saxophone, Baritone Saxophone), brass (Trumpet, Horns, Trombone, Baritone, Tuba), and percussion (Percussion, Tambourine, Vibraphone). The score is written in a key signature of one sharp (F#) and a common time signature (C). A 'G' time signature is present at the beginning of measure 95 and the end of measure 99. The woodwind and brass parts are primarily composed of sustained notes with long slurs, while the percussion parts feature rhythmic patterns of eighth and sixteenth notes. The overall texture is dense and melodic.

100 101 102 103 104 105

Fl.  
Ob.  
Bsn.  
Cl.  
B. Cl.  
Alto Sax.  
Ten. Sax.  
Bari. Sax.  
Tpt.  
Hn.  
Hn.  
Tbn.  
Bar.  
Tba.  
Perc.  
Tamb.  
Vib.  
Vib.

Detailed description: This page of a musical score covers measures 100 through 105. The instrumentation includes Flute (Fl.), Oboe (Ob.), Bassoon (Bsn.), Clarinet (Cl.), Bass Clarinet (B. Cl.), Alto Saxophone (Alto Sax.), Tenor Saxophone (Ten. Sax.), Baritone Saxophone (Bari. Sax.), Trumpet (Tpt.), Horn (Hn.), Trombone (Tbn.), Baritone (Bar.), Tuba (Tba.), Percussion (Perc.), and two Vibraphone (Vib.) parts. The woodwinds and brass sections play sustained notes, often with slurs, while the percussion section features a complex rhythmic pattern with snare and tom-tom sounds. The score is written in a key signature of one sharp (F#) and a common time signature (C).

Flute

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Flute

69 70 71 72 73

69 70 71 72 73

74 75 76 77 78 79

74 75 76 77 78 79

80 81 82 83 84 85

80 81 82 83 84 85

87 88 89

87 88 89

90 91 92 93

90 91 92 93

95 96 97 98 99

95 96 97 98 99

100 101 102 103 104 105

100 101 102 103 104 105

Oboe

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

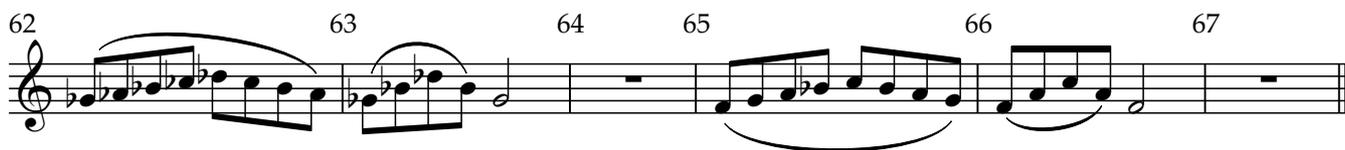
**D**

51 52 53 54 55

56 57 58 59 60 61

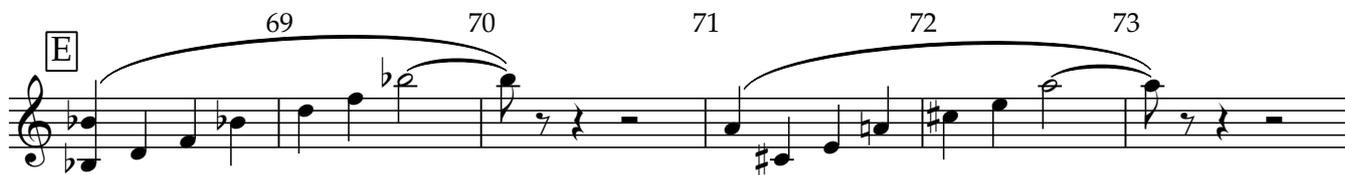
Oboe

62 63 64 65 66 67

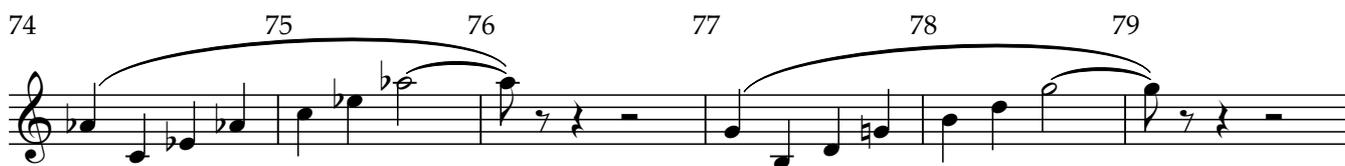


69 70 71 72 73

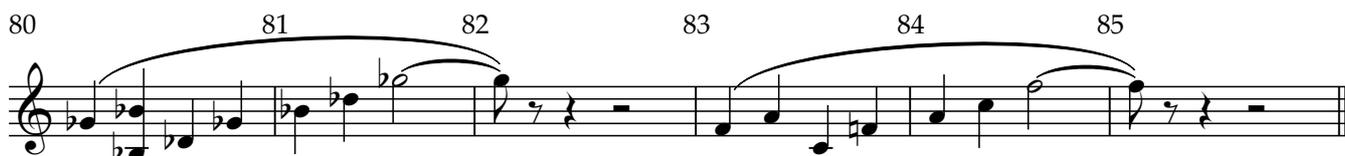
[E]



74 75 76 77 78 79

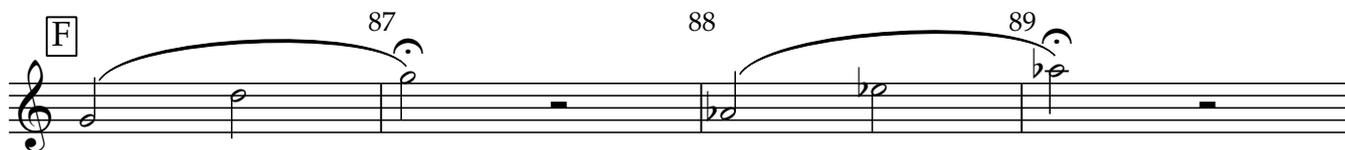


80 81 82 83 84 85

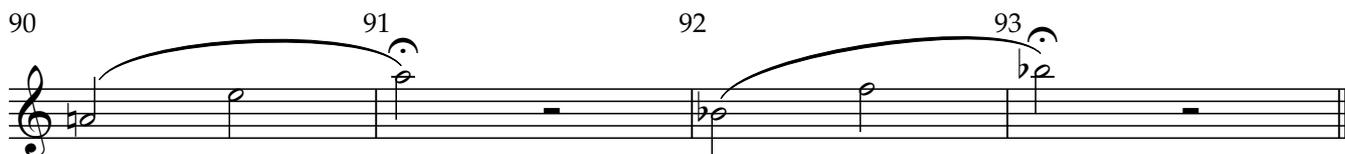


87 88 89

[F]



90 91 92 93

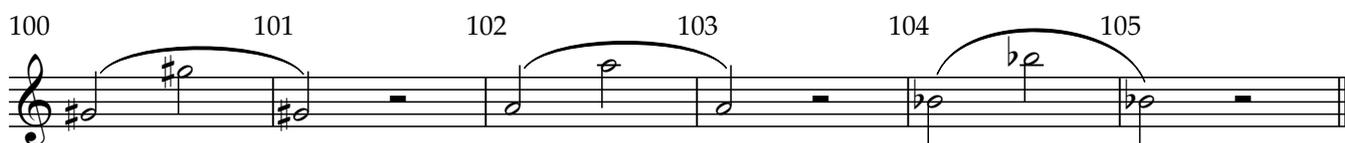


95 96 97 98 99

[G]



100 101 102 103 104 105



# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22 23

24 25 26 27 28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Bassoon

69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84 85

87 88 89 90 91 92 93

95 96 97 98 99

100 101 102 103 104 105

**E**

**F**

**G**

Detailed description: This is a musical score for the Bassoon part, spanning measures 69 to 105. The score is written on a single bass clef staff. It is divided into five systems. The first system (measures 69-74) begins with a key signature change to E-flat major, indicated by a box containing the letter 'E'. The second system (measures 75-80) continues the melodic line. The third system (measures 81-85) features a key signature change to F major, indicated by a box containing the letter 'F'. The fourth system (measures 87-93) continues in F major. The fifth system (measures 95-99) features a key signature change to G major, indicated by a box containing the letter 'G'. The final system (measures 100-105) concludes the passage. The music consists of a single melodic line with various note values, including quarter, eighth, and sixteenth notes, and rests. Phrasing slurs are used to group notes across measures. The key signatures are E-flat major, F major, and G major.

# Build-A-Warm-Up

## Flexibility Set #1

Clarinet in B $\flat$

John McAllister

**A** 2 3 4 5 6 7

8 9 10 11 12 13 14

**B** 16 17 18 19 20 21 22 23

24 25 26 27 28 29 30 31

33 34 35 36 37 38 39

**C** 40 41 42 43 44

45 46 47 48 49

**D** 51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Clarinet in B $\flat$

69 70 71 72 73 74

Staff 1: Treble clef, key signature of one flat (B-flat major). Measure 69 starts with a boxed 'E' above the staff. Measures 69-70 contain a melodic line with a slur and a fermata. Measure 71 has a whole rest. Measures 72-73 contain a melodic line with a slur and a fermata. Measure 74 has a whole rest.

75 76 77 78 79 80

Staff 2: Treble clef, key signature of one flat. Measures 75-76 contain a melodic line with a slur and a fermata. Measure 77 has a whole rest. Measures 78-79 contain a melodic line with a slur and a fermata. Measure 80 has a whole rest.

81 82 83 84 85

Staff 3: Treble clef, key signature of one flat. Measures 81-82 contain a melodic line with a slur and a fermata. Measure 83 has a whole rest. Measures 84-85 contain a melodic line with a slur and a fermata.

87 88 89 90 91 92 93

Staff 4: Treble clef, key signature of one flat. Measure 87 starts with a boxed 'F' above the staff. Measures 87-88 contain a melodic line with a slur and a fermata. Measure 89 has a whole rest. Measures 90-91 contain a melodic line with a slur and a fermata. Measure 92 has a whole rest. Measure 93 contains a melodic line with a slur and a fermata.

95 96 97 98 99

Staff 5: Treble clef, key signature of one flat. Measure 95 starts with a boxed 'G' above the staff. Measures 95-96 contain a melodic line with a slur and a fermata. Measure 97 has a whole rest. Measures 98-99 contain a melodic line with a slur and a fermata.

100 101 102 103 104 105

Staff 6: Treble clef, key signature of one flat. Measures 100-101 contain a melodic line with a slur and a fermata. Measure 102 has a whole rest. Measures 103-104 contain a melodic line with a slur and a fermata. Measure 105 has a whole rest.

Bass Clarinet in B $\flat$

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A** 2 3 4 5 6 7

8 9 10 11 12 13 14

**B** 16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C** 33 34 35 36 37 38 39 40

41 42 43 44 45 46 47 48 49

**D** 51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Bass Clarinet in B $\flat$

69 70 71 72 73 74

Musical staff 1: Treble clef, key signature of one flat (B-flat). Measures 69-74. Measure 69 starts with a boxed 'E' above the staff. Measures 69-70 have a slur. Measures 71-72 have a slur. Measures 73-74 have a slur. There are rests in measures 71, 72, and 74.

75 76 77 78 79 80

Musical staff 2: Treble clef, key signature of one flat (B-flat). Measures 75-80. Measures 75-76 have a slur. Measures 77-79 have a slur. There are rests in measures 77, 79, and 80.

81 82 83 84 85

Musical staff 3: Treble clef, key signature of one flat (B-flat). Measures 81-85. Measures 81-82 have a slur. Measures 83-85 have a slur. There are rests in measures 83, 84, and 85.

87 88 89

Musical staff 4: Treble clef, key signature of one flat (B-flat). Measures 87-89. Measure 87 has a boxed 'F' above the staff. Measures 87-89 have a slur. There are rests in measures 88 and 89.

90 91 92 93

Musical staff 5: Treble clef, key signature of one flat (B-flat). Measures 90-93. Measures 90-91 have a slur. Measures 92-93 have a slur. There are rests in measures 92 and 93.

95 96 97 98 99

Musical staff 6: Treble clef, key signature of one flat (B-flat). Measures 95-99. Measure 95 has a boxed 'G' above the staff. Measures 95-96 have a slur. Measures 97-98 have a slur. Measures 98-99 have a slur. There are rests in measures 96, 97, and 98.

100 101 102 103 104 105

Musical staff 7: Treble clef, key signature of one flat (B-flat). Measures 100-105. Measures 100-101 have a slur. Measures 102-103 have a slur. Measures 104-105 have a slur. There are rests in measures 102, 103, and 104.

Alto Saxophone

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Alto Saxophone

This musical score is for the Alto Saxophone part, spanning measures 69 to 105. It is organized into six systems, each containing two staves of music. The key signature changes from E major (measures 69-73) to F major (measures 74-85) and finally to G major (measures 87-105). The notation includes various note values, rests, and phrasing slurs. Measure numbers are placed above the notes. A box containing the letter 'E' is placed above the first staff, 'F' above the fourth staff, and 'G' above the fifth staff. The score concludes with a double bar line at the end of measure 105.

Tenor Saxophone

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Tenor Saxophone

This musical score is for a Tenor Saxophone and covers measures 69 through 105. It is organized into three systems, each with two staves. The first system (measures 69-79) is in the key of E major, indicated by a box labeled 'E' at the beginning. The second system (measures 80-85) is in the key of F major, indicated by a box labeled 'F'. The third system (measures 86-93) is in the key of G major, indicated by a box labeled 'G'. The notation includes various note values, rests, and phrasing slurs. Measure numbers are placed above the notes. The score concludes with a double bar line at the end of measure 105.

Baritone Saxophone

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Baritone Saxophone

69 70 71 72 73

Staff 1: Treble clef, key signature of E major. Measures 69-73. Measure 69: quarter notes G4, A4, B4, C5. Measure 70: quarter notes D5, E5, F5, G5. Measure 71: quarter notes G5, A5, B5, C6. Measure 72: quarter notes D6, E6, F6, G6. Measure 73: quarter notes G6, F6, E6, D6. A box with 'E' is at the start of the staff.

74 75 76 77 78 79

Staff 2: Treble clef, key signature of E major. Measures 74-79. Measure 74: quarter notes D6, C6, B5, A5. Measure 75: quarter notes G5, F5, E5, D5. Measure 76: quarter notes C5, B4, A4, G4. Measure 77: quarter notes F4, E4, D4, C4. Measure 78: quarter notes B3, A3, G3, F3. Measure 79: quarter notes E3, D3, C3, B2. A box with 'E' is at the start of the staff.

80 81 82 83 84 85

Staff 3: Treble clef, key signature of E major. Measures 80-85. Measure 80: quarter notes A4, G4, F4, E4. Measure 81: quarter notes D4, C4, B3, A3. Measure 82: quarter notes G3, F3, E3, D3. Measure 83: quarter notes C3, B2, A2, G2. Measure 84: quarter notes F2, E2, D2, C2. Measure 85: quarter notes B1, A1, G1, F1. A box with 'E' is at the start of the staff.

87 88 89

Staff 4: Treble clef, key signature of F major. Measures 87-89. Measure 87: half note F4. Measure 88: half note G4. Measure 89: half note A4. A box with 'F' is at the start of the staff.

90 91 92 93

Staff 5: Treble clef, key signature of F major. Measures 90-93. Measure 90: half note B3. Measure 91: half note C4. Measure 92: half note D4. Measure 93: half note E4. A box with 'F' is at the start of the staff.

95 96 97 98 99

Staff 6: Treble clef, key signature of G major. Measures 95-99. Measure 95: half note G4. Measure 96: half note A4. Measure 97: half note B4. Measure 98: half note C5. Measure 99: half note D5. A box with 'G' is at the start of the staff.

100 101 102 103 104 105

Staff 7: Treble clef, key signature of G major. Measures 100-105. Measure 100: half note E4. Measure 101: half note F4. Measure 102: half note G4. Measure 103: half note A4. Measure 104: half note B4. Measure 105: half note C5. A box with 'G' is at the start of the staff.

Trumpet in B $\flat$

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

**A** 2 3 4 5 6 7

8 9 10 11 12 13 14

**B** 16 17 18 19 20 21

22 23 24 25 26

27 28 29 30 31

**C** 33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D** 51 52 53 54 55 56

57 58 59 60 61 62

63 64 65 66 67

Trumpet in B $\flat$

**E**

69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84 85

**F**

87 88 89

90 91 92 93

**G**

95 96 97 98 99

100 101 102 103 104 105

Horn in F (comfortable range) **Build-A-Warm-Up**  
Flexibility Set #1

John McAllister

**A** 2 3 4 5 6 7  
8 9 10 11 12 13 14

**B** 16 17 18 19 20 21  
22 23 24 25 26  
27 28 29 30 31

**C** 33 34 35 36 37 38  
39 40 41 42 43 44  
45 46 47 48 49

**D** 51 52 53 54 55 56  
57 58 59 60 61 62  
63 64 65 66 67

Horn in F (comfortable range)

The musical score is written for Horn in F and consists of 105 measures. It is divided into three sections: E major (measures 69-85), F major (measures 87-93), and G major (measures 95-105). The notation is in treble clef with a key signature of one flat (Bb). Measures 69-85 feature eighth-note patterns with slurs and ties. Measures 87-93 are characterized by long, sustained notes with slurs. Measures 95-105 continue with eighth-note patterns and slurs. The score concludes with a double bar line at the end of measure 105.

Horn in F (unison)

# Build-A-Warm-Up

Flexibility Set #1

John McAllister

**A**

2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

16 17 18 19 20 21

22 23 24 25 26

27 28 29 30 31

**C**

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D**

51 52 53 54 55 56

57 58 59 60 61 62

63 64 65 66 67

Horn in F (unison)

**E** 69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84 85

**F** 87 88 89

90 91 92 93

**G** 95 96 97 98 99

100 101 102 103 104 105

Trombone

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## Flexibility Set #1

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**A**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

**B**

15 16 17 18 19 20 21

22 23 24 25 26

27 28 29 30 31

**C**

32 33 34 35 36 37

38 39 40 41 42 43

44 45 46 47 48 49

**D**

50 51 52 53 54 55 56

57 58 59 60 61 62

63 64 65 66 67

Trombone

69 70 71 72 73

74 75 76 77 78 79

80 81 82 83 84 85

87 88 89

90 91 92 93

95 96 97 98 99

100 101 102 103 104 105

Baritone

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## Flexibility Set #1

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**A** 1 2 3 4 5 6 7  
8 9 10 11 12 13 14

**B** 15 16 17 18 19 20 21  
22 23 24 25 26  
27 28 29 30 31

**C** 32 33 34 35 36 37  
38 39 40 41 42 43  
44 45 46 47 48 49

**D** 50 51 52 53 54 55 56  
57 58 59 60 61 62  
63 64 65 66 67

Baritone

69 70 71 72 73

Staff 1: Bass clef, key signature of one flat (B-flat). Measure 69 starts with a boxed 'E' chord symbol. Measures 69-70: quarter notes G2, A2, Bb2, C3. Measure 71: quarter note D3, quarter rest. Measure 72: quarter notes E3, F3, G3, A3. Measure 73: quarter note Bb3, quarter rest.

74 75 76 77 78 79

Staff 2: Bass clef, key signature of one flat (B-flat). Measure 74: quarter notes G2, A2, Bb2, C3. Measure 75: quarter notes D3, E3, F3, G3. Measure 76: quarter note A3, quarter rest. Measure 77: quarter notes Bb3, C4, D4, E4. Measure 78: quarter notes F4, G4, A4, Bb4. Measure 79: quarter note C5, quarter rest.

80 81 82 83 84 85

Staff 3: Bass clef, key signature of one flat (B-flat). Measure 80: quarter notes G2, A2, Bb2, C3. Measure 81: quarter notes D3, E3, F3, G3. Measure 82: quarter note A3, quarter rest. Measure 83: quarter notes Bb3, C4, D4, E4. Measure 84: quarter notes F4, G4, A4, Bb4. Measure 85: quarter note C5, quarter rest.

87 88 89

Staff 4: Bass clef, key signature of one flat (B-flat). Measure 87 starts with a boxed 'F' chord symbol. Measure 87: half note G2. Measure 88: half note A2. Measure 89: half note Bb2.

90 91 92 93

Staff 5: Bass clef, key signature of one flat (B-flat). Measure 90: half note G2. Measure 91: half note A2. Measure 92: half note Bb2. Measure 93: half note C3.

95 96 97 98 99

Staff 6: Bass clef, key signature of one flat (B-flat). Measure 95: half note G2. Measure 96: half note A2. Measure 97: half note Bb2. Measure 98: half note C3. Measure 99: half note D3.

100 101 102 103 104 105

Staff 7: Bass clef, key signature of one flat (B-flat). Measure 100: half note E3. Measure 101: half note F3. Measure 102: half note G3. Measure 103: half note A3. Measure 104: half note Bb3. Measure 105: half note C4.

Tuba

# Build-A-Warm-Up

## Flexibility Set #1

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**A** 2 3 4 5 6 7

8 9 10 11 12 13 14

**B** 16 17 18 19 20 21 22

23 24 25 26 27

28 29 30 31

**C** 33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49

**D** 51 52 53 54 55 56 57

58 59 60 61 62

63 64 65 66 67

Detailed description: This page contains musical notation for a tuba warm-up exercise. It is divided into four sections: A, B, C, and D. Section A (measures 2-14) features a sequence of eighth-note chords in a descending line. Section B (measures 16-31) continues with eighth-note chords, including some with ties. Section C (measures 33-49) introduces quarter notes and eighth notes with rests. Section D (measures 51-67) features a mix of eighth and quarter notes, some with ties. The key signature has one flat (B-flat), and the time signature is 4/4. The notation is presented on a single staff in bass clef.

Tuba

69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84 85

87 88 89 90 91 92 93

95 96 97 98 99

100 101 102 103 104 105

Snare / Bass

# Build-A-Warm-Up

Flexibility Set #1

John McAllister

**A**

2 3 4

5 6 7 8 9

10 11 12 13 14

**B**

15 16 17 18

19 20 21 22

23 24 25 26

27 28

29 30 31

Snare / Bass

C

R L R R 33 L R L L 34 R 35 R L R R 36 L R L L

37 R 38 R L R R L R L L 39 R L R R L R L L 40 41 R L R R L R L L

42 R L R R L R L L 43 R L R R L R L L 44 R L R R L R L L 45 R L R R L R L L R L R R L R L L

46 47 R L R R L R L L 48 R L R R L R L L L R R L R L L 49

D

R 51 L 52 53 R

Diddle Prep

54 L 55 56 R R L R R L R R L R 57 R R L R R L R R L R

58 R 59 R L R R L R R L R R 60 R L R R L R R L R R 61

(five stroke roll)

62 R L R L R R L R L R 63 R L R L R R L R L R 64

(nine stroke roll)

65 R L R L R R L R L R 66 R L R L R R L R L R 67

Snare / Bass

Flam Taps

**E**

69

70

71

IR R rL L 72 IR R rL L IR R rL L

73 IR 74 75 76 77

78 5 stroke roll 79 80 81 9 stroke roll

82 83 84 85

**F**

IR L<sub>3</sub> R rL rL R<sub>3</sub> L IR 87 88 rL R<sub>3</sub> L IR IR L<sub>3</sub> R rL 89

90 IR L<sub>3</sub> R rL R<sub>3</sub> L IR L<sub>3</sub> R rL R<sub>3</sub> L 91 IR L<sub>3</sub> R rL R<sub>3</sub> L

(flam accents)

92 IR L<sub>3</sub> R rL R<sub>3</sub> L IR L<sub>3</sub> R rL R<sub>3</sub> L 93 IR L<sub>3</sub> R rL R<sub>3</sub> L

**G**

95 96

97 98 99

100 101 102

103 104 105

# Build-A-Warm-Up

## Flexibility Set #1

John McAllister

The musical score is written on a single staff in 4/4 time. It consists of two sections, A and B, with 31 numbered measures in total. Section A (measures 1-14) starts with a boxed 'A' and contains a sequence of eighth and quarter notes with various rests. Section B (measures 15-31) starts with a boxed 'B' and includes a 7-measure rest at measure 17, followed by eighth and quarter notes, some with sharp accidentals. The piece concludes with a double bar line at the end of measure 31.

Auxiliary

C

Musical staff 1: Measures 33-36. Measure 33: quarter note, eighth note, quarter note, quarter note. Measure 34: quarter note, quarter note, quarter note, quarter note. Measure 35: quarter note, quarter note, quarter note, quarter note. Measure 36: quarter note, quarter note, quarter note, quarter note.

Musical staff 2: Measures 37-41. Measure 37: quarter note, quarter note, quarter note, quarter note. Measure 38: quarter note, quarter note, quarter note, quarter note. Measure 39: quarter note, quarter note, quarter note, quarter note. Measure 40: quarter note, quarter note, quarter note, quarter note. Measure 41: quarter note, quarter note, quarter note, quarter note.

Musical staff 3: Measures 42-45. Measure 42: quarter note, quarter note, quarter note, quarter note. Measure 43: quarter note, quarter note, quarter note, quarter note. Measure 44: quarter note, quarter note, quarter note, quarter note. Measure 45: quarter note, quarter note, quarter note, quarter note.

Musical staff 4: Measures 46-49. Measure 46: quarter note, quarter note, quarter note, quarter note. Measure 47: quarter note, quarter note, quarter note, quarter note. Measure 48: quarter note, quarter note, quarter note, quarter note. Measure 49: quarter note, quarter note, quarter note, quarter note.

D

Musical staff 5: Measures 51-53. Measure 51: eighth notes, eighth notes, eighth notes, eighth notes. Measure 52: eighth notes, eighth notes, eighth notes, eighth notes. Measure 53: eighth notes, eighth notes, eighth notes, eighth notes.

Musical staff 6: Measures 54-57. Measure 54: eighth notes, eighth notes, eighth notes, eighth notes. Measure 55: eighth notes, eighth notes, eighth notes, eighth notes. Measure 56: eighth notes, eighth notes, eighth notes, eighth notes. Measure 57: eighth notes, eighth notes, eighth notes, eighth notes.

Musical staff 7: Measures 59-61. Measure 59: eighth notes, eighth notes, eighth notes, eighth notes. Measure 60: eighth notes, eighth notes, eighth notes, eighth notes. Measure 61: eighth notes, eighth notes, eighth notes, eighth notes.

Musical staff 8: Measures 62-64. Measure 62: eighth notes, eighth notes, eighth notes, eighth notes. Measure 63: eighth notes, eighth notes, eighth notes, eighth notes. Measure 64: eighth notes, eighth notes, eighth notes, eighth notes.

Musical staff 9: Measures 65-67. Measure 65: eighth notes, eighth notes, eighth notes, eighth notes. Measure 66: eighth notes, eighth notes, eighth notes, eighth notes. Measure 67: eighth notes, eighth notes, eighth notes, eighth notes.

Auxiliary

**E** 69 70 71 72

73 74 75 76 77

78 79 80 81

82 83 84 85

**F** 87 88 89

90 91 92 93

**G** 95 96 97 98

99 100 101

102 103 104 105

Mallets (high)

# Build-A-Warm-Up

Flexibility Set #1

John McAllister

**A** 2 3 4 5 6 7

Note: rolls optional on sustained notes

8 9 10 11 12 13 14

**B** 16 17 18 19 20 21

22 23 24 25 26

27 28 29 30 31

**C** 33 34 35 36 37

38 39 40 41 42 43

44 45 46 47 48 49

**D** 51 52 53 54 55

56 57 58 59 60 61

62 63 64 65 66 67

Mallets (high)

The musical score is written on a single treble clef staff. It begins with a key signature of one flat (B-flat) and a common time signature. The score is divided into six systems, each containing two measures. Measure numbers 69 through 105 are indicated above the notes. A box containing the letter 'E' is placed above the first measure (69), and a box containing the letter 'F' is placed above the first measure of the fourth system (87). A box containing the letter 'G' is placed above the first measure of the sixth system (95). The notation includes eighth notes, quarter notes, and half notes, with some notes beamed together. Slurs are used to group notes across measures. Measure 70 and 73 feature a slur over a quarter note followed by a quarter rest. Measures 81, 82, 85, 88, 89, 91, 92, 93, 96, 97, 98, 99, 101, 102, 103, 104, and 105 contain rests. Measures 87, 88, 89, 90, 91, 92, 93, 96, 97, 98, 99, 101, 102, 103, 104, and 105 contain triplets of eighth notes. The score concludes with a double bar line at the end of measure 105.

Mallets (low)

# Build-A-Warm-Up

Flexibility Set #1

John McAllister

**A** 2 3 4 5 6 7



8

*Note: rolls optional on sustained notes*

10 11 12 13 14



**B** 16 17 18 19 20 21



22 23 24 25 26



27 28 29 30 31



**C** 33 34 35 36 37



38 39 40 41 42 43



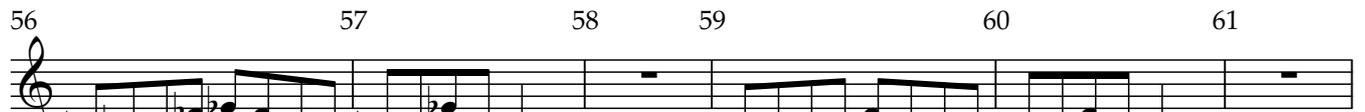
44 45 46 47 48 49



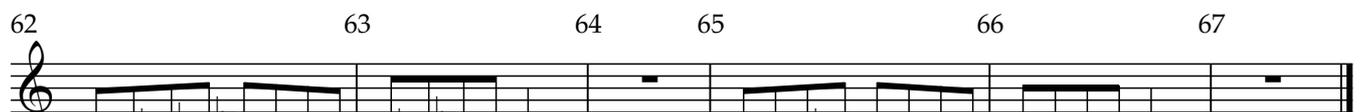
**D** 51 52 53 54 55



56 57 58 59 60 61



62 63 64 65 66 67



Mallets (low)

69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84 85

87 88 89

90 91 92 93

95 96 97 98 99

100 101 102 103 104 105

Detailed description: This page contains musical notation for a mallet part in a low register. It is divided into three key signatures: E major (measures 69-85), F major (measures 87-93), and G major (measures 95-105). The notation is on a single treble clef staff. Measures 69-85 feature eighth and sixteenth notes with various rests and slurs. Measures 87-93 contain triplet eighth notes. Measures 95-105 consist of single notes, some with accidentals. Measure numbers are placed above the staff. Chord symbols E, F, and G are enclosed in boxes at the beginning of their respective sections.