

Trumpet

# Brass Flex

## 2.1

Chapman Brass

John McAllister



♩ = 80

**Breathing**

1 2 3 4

*in 4 out 4 in 4 out 4*

5 6 7 8 9 10 11 12

*in 2 out 6 in 4 out 4 in 1 out 7 in 1 out 7*

13 **Buzzing** 14 15 16 17 18 19

20 21 22 23

*smear in-between notes*

24 25 26

27 **Chromatics from F** 28 29 30 31 32 33

♩ = 100

34 35 36 37 38 39 40

**Chromatics from Bb (high)**

41 42 43 44 45

46 47 48 49 50

Trumpet

Chromatics from Bb (low)

51 52 53 54 55

56 57 58 59 60

Airflow Study #1

61 = 80 62 63

64 65 66 67

Lip Slurs #1

68 69 70

71 72 73

Airflow Study #2

74 75 76 77 78

use 12 for "e"

79 80 81 82

Trumpet

83 Flexibility #2 ♩ = 90 84 85

86 87 88

89 Flexibility #3 90 91 92 93 94

(13) (23)

95 96 97 98 99 100

101 Warm-Down Stretching  
Play low, soft notes

102 Airflow #3 103 104 105

106 107 108 109 110

111 Warm-Down Stretching  
Play low, soft notes



# Horn

(in unison, for offset 5th,  
use trumpet part)

## Brass Flex

2.1  
Chapman Brass



John McAllister

**Breathing**  
♩ = 80

2 3 4

in 4 out 4 in 4 out 4

5 6 7 8 9 10 11 12

in 4 out 4 in 4 out 4 in 1 out 7 in 1 out 7

**Buzzing** 13 14 15 16 17 18 19

20 21 22 23

smear in-between notes

24 25 26

**Chromatics from F**  
♩ = 100

27 28 29 30 31 32 33

34 35 36 37 38 39 40

**Chromatics from Bb (high)**

41 42 43 44 45

46 47 48 49 50

Horn

Chromatics from Bb (low)

51 52 53 54 55

56 57 58 59 60

Airflow Study #1

61 = 80 62 63

64 65 66 67

Lip Slurs #1

68 69 70

71 72 73

Airflow Study #2

74 75 76 77 78

79 80 81 82

83 Flexibility #2 ♩ = 90 84 85

86 87 88

89 Flexibility #3 90 91 92 93 94

95 96 97 98 99 100

101 Warm-Down Stretching  
Play low, soft notes

102 Airflow #3 103 104 105

106 107 108 109 110

111 Warm-Down Stretching  
Play low, soft notes

12 Major Scales

112 ♩ = 96 113 114 115 116

Musical notation for scales 112-116. Scale 112 is in C major. Scale 113 is in D major. Scale 114 is in E major. Scale 115 is in F major. Scale 116 is in G major. Each scale is written on a single staff with a treble clef and a common time signature.

117 118 119 120 121

Musical notation for scales 117-121. Scale 117 is in A major. Scale 118 is in B major. Scale 119 is in C major. Scale 120 is in D major. Scale 121 is in E major. Each scale is written on a single staff with a treble clef and a common time signature.

122 123 124 125 126

Musical notation for scales 122-126. Scale 122 is in F major. Scale 123 is in G major. Scale 124 is in A major. Scale 125 is in B major. Scale 126 is in C major. Each scale is written on a single staff with a treble clef and a common time signature.

127 128 129 130

Musical notation for scales 127-130. Scale 127 is in D major. Scale 128 is in E major. Scale 129 is in F major. Scale 130 is in G major. Each scale is written on a single staff with a treble clef and a common time signature.

131 132 133 134 135

Musical notation for scales 131-135. Scale 131 is in A major. Scale 132 is in B major. Scale 133 is in C major. Scale 134 is in D major. Scale 135 is in E major. Each scale is written on a single staff with a treble clef and a common time signature.

136 137 138 139 140

Musical notation for scales 136-140. Scale 136 is in F major. Scale 137 is in G major. Scale 138 is in A major. Scale 139 is in B major. Scale 140 is in C major. Each scale is written on a single staff with a treble clef and a common time signature.

141 142 143 144 145

Musical notation for scales 141-145. Scale 141 is in D major. Scale 142 is in E major. Scale 143 is in F major. Scale 144 is in G major. Scale 145 is in A major. Each scale is written on a single staff with a treble clef and a common time signature.

146 147 148 149 150

Musical notation for scales 146-150. Scale 146 is in B major. Scale 147 is in C major. Scale 148 is in D major. Scale 149 is in E major. Scale 150 is in F major. Each scale is written on a single staff with a treble clef and a common time signature.



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## 2.1

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$\text{♩} = 80$   
**Breathing**

1 2 3 4  
*in 4 out 4 in 4 out 4*

5 6 7 8 9 10 11 12  
*in 4 out 4 in 4 out 4 in 1 out 7 in 1 out 7*

13 **Buzzing** 14 15 16 17 18 19

20 21 22 23  
*smear in-between notes*

24 25 26

$\text{♩} = 100$   
**Chromatics from F**

27 28 29 30 31 32 33

34 35 36 37 38 39 40

**Chromatics from Bb (high)**

41 42 43 44 45

46 47 48 49 50

Trombone/ Baritone

Chromatics from Bb (low)

51 52 53 54 55

56 57 58 59 60

Airflow Study #1

61 = 80 62 63

64 65 66 67

Lip Slurs #1

68 69 70

71 72 73

Airflow Study #2

74 75 76 77 78

use 12 or 4th for "d"

79 80 81 82

Flexibility #2  
♩ = 90

83 84 85

86 87 88

Flexibility #3

89 90 91 92 93 94

(13-6th) (23-5th)

95 96 97 98 99 100

Warm-Down Stretching  
Play low, soft notes

101

Airflow #3

102 103 104 105

106 107 108 109 110

Warm-Down Stretching  
Play low, soft notes

111

Trombone/ Baritone

12 Major Scales

112 ♩ = 96

113 114 115 116

Staff 112-116: Bass clef, key signature of one flat (B-flat). Scale 112: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 113: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 114: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 115: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 116: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

117 118 119 120 121

Staff 117-121: Bass clef, key signature of one flat (B-flat). Scale 117: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 118: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 119: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 120: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 121: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

122 123 124 125 126

Staff 122-126: Bass clef, key signature of two flats (B-flat, E-flat). Scale 122: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 123: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 124: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 125: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 126: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

127 128 129 130

Staff 127-130: Bass clef, key signature of two sharps (F-sharp, C-sharp). Scale 127: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 128: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 129: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 130: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

131 132 133 134 135

Staff 131-135: Bass clef, key signature of two sharps (F-sharp, C-sharp). Scale 131: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 132: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 133: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 134: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 135: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

136 137 138 139 140

Staff 136-140: Bass clef, key signature of two sharps (F-sharp, C-sharp). Scale 136: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 137: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 138: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 139: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 140: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

141 142 143 144 145

Staff 141-145: Bass clef, key signature of one flat (B-flat). Scale 141: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 142: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 143: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 144: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 145: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

146 147 148 149 150

Staff 146-150: Bass clef, key signature of one flat (B-flat). Scale 146: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 147: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 148: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 149: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2). Scale 150: C2-B1 (C2, B1, A1, G1, F1, E1, D1, C2).

Tuba

# Brass Flex

## 2.1

Chapman Brass

John McAllister



• = 80

**Breathing**

2 3 4

in 4 out 4 in 4 out 4

5 6 7 8 9 10 11 12

in 4 out 4 in 4 out 4 in 1 out 7 in 1 out 7

13 **Buzzing** 14 15 16 17 18 19

20 21 22 23

smear in-between notes

24 25 26

**Chromatics from F**

27 • = 100 28 29 30 31 32 33

34 35 36 37 38 39 40

**Chromatics from Bb (high)**

41 42 43 44 45

46 47 48 49 50

Tuba

Chromatics from Bb (low)

51 52 53 54 55

Musical staff 51-55: Chromatics from Bb (low). Measures 51-55 show chromatic descending lines in bass clef with slurs and accents.

56 57 58 59 60

Musical staff 56-60: Continuation of chromatics. Measures 56-60 show chromatic descending lines in bass clef with slurs and accents.

$\text{♩} = 80$   
Airflow Study #1

61 62 63

Musical staff 61-63: Airflow Study #1. Measures 61-63 show eighth-note patterns in bass clef with slurs.

64 65 66 67

Musical staff 64-67: Continuation of Airflow Study #1. Measures 64-67 show eighth-note patterns in bass clef with slurs.

Lip Slurs #1

68 69 70

Musical staff 68-70: Lip Slurs #1. Measures 68-70 show eighth-note patterns in bass clef with slurs and accents.

71 72 73

Musical staff 71-73: Continuation of Lip Slurs #1. Measures 71-73 show eighth-note patterns in bass clef with slurs and accents.

Airflow Study #2

74 75 76 77 78

Musical staff 74-78: Airflow Study #2. Measures 74-78 show eighth-note patterns in bass clef with slurs. Measure 78 includes a note with "use 12 for 'd'".

79 80 81 82

Musical staff 79-82: Continuation of Airflow Study #2. Measures 79-82 show eighth-note patterns in bass clef with slurs.

83 Flexibility #2 ♩ = 90 84 85

86 87 88

89 Flexibility #3 90 91 92 93 94

(13) (23)

95 96 97 98 99 100

101 Warm-Down Stretching  
Play low, soft notes

102 Airflow #3 103 104 105

106 107 108 109 110

111 Warm-Down Stretching  
Play low, soft notes

12 Major Scales

112 ♩ = 96 113 114 115 116

This block contains five musical staves for scales 112 through 116. Scale 112 is in C major, 113 in D major, 114 in E major, 115 in F major, and 116 in G major. Each staff begins with a bass clef and a tempo marking of ♩ = 96. The scales are written in a single line on a five-line staff.

117 118 119 120 121

This block contains five musical staves for scales 117 through 121. Scale 117 is in A major, 118 in B major, 119 in C major, 120 in D major, and 121 in E major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

122 123 124 125 126

This block contains five musical staves for scales 122 through 126. Scale 122 is in F major, 123 in G major, 124 in A major, 125 in B major, and 126 in C major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

127 128 129 130

This block contains four musical staves for scales 127 through 130. Scale 127 is in D major, 128 in E major, 129 in F major, and 130 in G major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

131 132 133 134 135

This block contains five musical staves for scales 131 through 135. Scale 131 is in A major, 132 in B major, 133 in C major, 134 in D major, and 135 in E major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

136 137 138 139 140

This block contains five musical staves for scales 136 through 140. Scale 136 is in F major, 137 in G major, 138 in A major, 139 in B major, and 140 in C major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

141 142 143 144 145

This block contains five musical staves for scales 141 through 145. Scale 141 is in D major, 142 in E major, 143 in F major, 144 in G major, and 145 in A major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.

146 147 148 149 150

This block contains five musical staves for scales 146 through 150. Scale 146 is in B major, 147 in C major, 148 in D major, 149 in E major, and 150 in F major. Each staff begins with a bass clef. The scales are written in a single line on a five-line staff.